Monday	**Tuesday**	Wednesday	**Thursday**	Friday
2	3 **SCRAMBLED EGGS** **PANCAKES** **SAUSAGE** DESSERT BY MARIETTA HEIGHTS	4	5 **LUNCH w/ A DOC** **LUNCH PROVIDED BY ELISON** (SIGN UP REQUIRED)	*If you are planning on lunch and will be arriving after 10:00 – PLEASE call before 10:00 to reserve your lunch on the list… (740) 423-6022 !*
9	10 **POTATO SOUP** **HAM & CHEESE SANDWICH** **MACARONI SALAD** DESSERT	11	12 **CHICKEN BREAST** **MASHED POTATOES** **GREEN BEANS** DESSERT	
If you plan to attend an event with lunch provided, PLEASE Be sure to sign up !	17 **BAKED STEAK** **MASHED POTATOES** **CORN** BIRTHDAY CAKE	18	19 **CREAMED CHICKEN** **MASHED POTATOES** **PEAS** DESSERT	**Find us on FaceBook – Belpre Senior Center**
23	24 **THANKSGIVING MEAL** (SIGN UP REQUIRED)	25	26 & 27 CLOSED FOR THANKSGIVING 	Wishing you a Thanksgiving full of love and laughter
30 **Meals** **Seniors$6** **Others $7**				

November 2026

lunch

Belpre Senior Center, 1614 Washington Blvd., Belpre OH 45714 ; Abbie Holdren, Manager ; belpre@oneillcenter.com ; (740) 423-6022