



September October 2026

HELPING AREA SENIORS LIVE HIP: HEALTHY, INDEPENDENT AND PRODUCTIVE

Visit
BRANSON
June 2027

Happier
Birthdays
**HAPPEN
HERE!**



Don't Miss Our
Annual Auction

ONEILLCENTER.COM



O'Neill Center
333 Fourth Street
Marietta, Ohio 45750
740-373-3914
ONEILLCENTER.COM

Find us on



A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

National Senior Center Month Birthday Hangout 📅

September 2 • 1:30pm

Each September, we celebrate National Senior Center Month, recognizing the important role senior centers play in helping older adults stay active, connected, and engaged.

This year's theme is "Happier Birthdays Happen Here." At the O'Neill Center, we are proud to offer opportunities for wellness, creativity, lifelong learning, and friendship.

Join us for our Birthday Hangout on September 2 at 1:30pm as we celebrate together! We'd love for you to join us for an afternoon of snacks, board games, cards and puzzles.



O'Neill Annual Auction 📅

October 23 • 5pm

Don't forget to sign up and purchase your auction paddle for just \$5! Stop by the front desk to reserve your spot and get your name on the list.

Our annual Auction is back, and we can't wait to see you there! Join us for an evening of delicious concessions, an exciting paddle auction called by Ed Williams, and a country store featuring an incredible selection of themed baskets and unique items.

This special event is made possible through our partnership with the Senior Club of Marietta, Marietta Heights, Right at Home, Cawley Hospice, and the many generous sponsors and donors throughout our community.



Call Ahead!

You will see this graphic throughout this newsletter which indicates that advance registration or expressed interest is requested for the event. If you see this symbol, please contact us by phone at 740-373-3914 to reserve your spot or let us know if you're interested in attending. Calling ahead helps us plan accordingly and ensure the best experience for everyone.

Cancellations

At the O'Neill Center, we make safety our top priority. We strive at all times to keep our walkways and drives as clear as possible. We reserve the right to cancel any or all activities if we feel travel is not safe or we need additional time for clearing our areas. Please monitor WTAP and WMOA for cancellations this winter season.

TRIPS

May 2-6, 2027 Outer Banks of North Carolina

Prices start at \$1,299 per person double occupancy.

During this exciting trip, you'll visit the iconic lighthouses, tour the historic Whalehead in Corolla, enjoy a scenic dolphin cruise, and explore the rich history of Currituck Heritage Park. You'll also climb aboard the Elizabeth II, stroll through the stunning Elizabethan Gardens, and experience the fascinating exhibits at Roanoke Island Festival Park. Of course, no beach trip would be complete without plenty of time to relax by the ocean! You'll stay at an oceanfront hotel and have free time built into the itinerary to soak up the sun, walk the beach, or simply enjoy the sound of the waves. This popular trip is sure to fill quickly, so don't wait!

June 6-11, 2027 Branson, Missouri

Prices start at \$1,920 per person double occupancy.

Join us for a magical getaway to the live entertainment capital of Midwest- Branson, Missouri! This unforgettable trip is packed with incredible experiences, including a spectacular dinner cruise aboard the famous Showboat Branson Belle, a scenic excursion on the Branson Scenic Railway, and the opportunity to view the iconic Gateway Arch in St. Louis. We'll also spend time exploring the shops, restaurants, and attractions at Branson Landing. Of course, no trip to Branson would be complete without enjoying several of the outstanding musical and variety shows that have made the city famous.

September 12-17, 2027 New Hampshire (waitlisted)

Prices start at \$1580 per person double occupancy

Join us as we journey through the stunning landscapes of New Hampshire during peak autumn color. Highlights include a scenic tour through the White Mountains and the famous Notches, a picturesque boat cruise on beautiful Lake Winnepesaukee, and a ride aboard the Aerial Tramway to the summit of Cannon Mountain for spectacular panoramic views. You'll also enjoy a memorable railroad dinner along the shores of Lake Winnepesaukee, tour the magnificent Castle in the Clouds Mansion, and have time to explore the charming towns of Wolfeboro and Weirs Beach.

October 22-29, 2027 Canyon Country

Prices start at \$4,329 double occupancy

Discover the breathtaking beauty of the American West on this unforgettable 8-day journey featuring 10 included meals (six breakfasts, two lunches, and two dinners). We will explore some of the most iconic destinations in the country, including the Grand Canyon, Lake Powell, Horseshoe Bend, Bryce Canyon National Park, Zion National Park, Scottsdale, Arizona, and Las Vegas.

Our adventure begins in Scottsdale, where we will enjoy the inviting atmosphere, colorful scenery, and local arts and crafts. From there, we will make our way to the magnificent Grand Canyon, taking in incredible views from the South Rim before continuing to the stunning landscapes of Lake Powell and Horseshoe Bend. Experience the unique beauty of Bryce Canyon National Park and Zion National Park, where we will climb aboard the Zion Open Air Tram and wind our way alongside the Virgin River through the towering 2,400-foot-deep Zion Canyon. We will finish our journey with time to explore the excitement and entertainment of Las Vegas. Space will fill quickly—call or stop in to reserve your spot!

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free

Thursdays, 1pm, Free

Zumba

Mondays, 11:15am

Tuesdays, Wednesdays, and

Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Tai Chi Wednesdays,

1:30pm (currently full) & 3:15pm, Free

Walk With Ease Thursdays, 2pm, Free

Chair Volleyball

1st, 4th & 5th Wednesdays, 10am, Free

Fridays, 12:30pm, Free

TABLE GAMES

Billiards: Daily from 8am-4pm

Shanghai: second Monday · 1pm

Bridge: Tuesdays · 12pm

Euchre: Wednesdays · 12pm

Bingo: Thursdays · 9:30am

Hand & Foot Cards: Thursdays · 1pm

OTHER WEEKLY ACTIVITIES

Beginner Knitting

Tuesdays, 12:30pm

"Knot Just Knitting"

Tuesdays, 1pm

Quilting Group 2nd and 3rd

Wednesdays 8am-12pm

Stampin' Up 1st Mondays, 6pm

BROUGHTON COMPUTER LAB

Open to seniors Monday-Friday 8am-4pm closed on holidays.

Call the O'Neill Center for our schedule of upcoming computer classes.

We would like to say a special thank you to Peoples Bank for their donation bringing us new computers.

ACTIVITIES

Blood Pressure Checks

First Thursday 8:30am –
Marietta Health Department
Third Thursday 8:30am – Right at Home
Fourth Thursday 8am –
Adoration Home Health

Book Club meeting

3rd Tuesday · 10am
A wonderful group meets each month to discuss the book they have been reading. They have a new book monthly.
September: *Desi Arnaz: The Man Who Invented Television* by Todd S. Purdum (Biography)
October: *The Sisterhood of Ravensbrück* by Lynne Olson

The Senior Club Meeting/Luncheon

October 14 · 11am
Join the club on the second Wednesday of each month at 11am for a good time of fellowship and great food! There will be no meeting at the O'Neill Center in September.

Hearing Services

Sept. 10 Hearing Aid Cleaning
Oct. 8 Hearing Testing
Appointments available 11am – 1pm
This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Together In Healing

Last Monday of the Month · 10am
Together in healing is a safe, welcoming space for individuals navigating grief, trauma, or emotional challenges. Though shared stories, mutual support, and compassionate connection, we come together to heal—one step at a time. Whether you're just beginning your journey or have been walking the path for some time, you are not alone. Here, healing happens together. This group is hosted by Cawley Hospice.

Manicure & Pedicures

Tuesdays – Appointments start at 10am
Sharon Graham has 30 plus years of experience with nail care. You may schedule one or both, all done in the privacy our health room. Cost is \$18 for a manicure and \$35 for a pedicure. Call to schedule your appointment.

Men's Breakfast

1st Tuesday of every month 9am
A special time for the gentlemen to get together and enjoy each other's company and enjoy a nice warm homemade breakfast. Kyla with Waterview Pointe will be sponsoring September's Men's Breakfast.

Dementia Support Group

September 4 & October 2 · 10am
Hosted by Right at Home who help families dealing with Alzheimer's or related dementia develop a support system, exchange information on challenges and possible solutions. Talk through issues you're having and teach you ways of coping. You will also learn about community resources in the area that can help you.

Mystery Book Club

September 14 & October 5 · 10am
Held the First Monday of the Month
If you can't resist a page-turning mystery, our club is for you! Each month we read a new mystery novel and come together to discuss it. Share your theories, debate the clues, and see if you can predict the culprit before the final chapter. Can you solve the mystery before anyone else? Call or stop in to find out the book.

Card making with Tammie

September 21 & October 19 · 1pm
Join Tammie, a local volunteer, and learn to make some fun fall themed cards. Tammie provides everything needed to create several cards. Come create, connect, and enjoy. Donations are appreciated for this event.

Alzheimer's Association

September 14 & October 12 · 11am
Two informative presentations designed to increase awareness and provide the latest information on Alzheimer's disease.
September – Ten Warning Signs
Learn to recognize the ten warning signs, understand the difference between normal aging and memory loss, and discover the importance of early detection and available resources.

October – New Advances in Alzheimer's Treatment

Explore the latest developments in Alzheimer's research and treatment, including new medications, therapies, and advancements that are helping improve the quality of life for those living with the disease and their caregivers.

Creative Writing

September 21 & October 19 · 1pm
Join Nicole for a fun and engaging creative writing group where you'll receive prompts, key words, and time to let your imagination run wild. Each session gives you the opportunity to create your own stories, share ideas, and enjoy plenty of laughs along the way. Whether you are an experienced writer or just looking to try something new, this group is a wonderful way to spark creativity, improve your writing skills, and have fun with friends!

Art Made Easy- Drawing Basics

September 4 · 2pm
Join Rachel for a fun and creative art class where we will explore the basics of drawing. You will be provided with drawing materials and guided through simple techniques, including basic shapes, drawing skills, and shading methods. Whether you are a beginner or looking to refresh your skills, this class is a great opportunity to try something new, build your confidence, and enjoy your creativity. This is going to be part one in our four part, "Art Made Easy" series.

Beaded Pen and Key Chain Craft

September 9 · 1pm
Join Doris, a local volunteer for a fun and creative afternoon as you design your own beaded pen and matching key chain! Choose from a variety of colorful beads and create a unique set that's both beautiful and practical. This easy craft is perfect for all skill levels and is a wonderful way to relax, socialize, and take home something handmade.

Aging Well Through Nutrition

September 25 · 1:30pm
Join local registered dietitian Melanie for an informative presentation on healthy eating as we age. Learn practical tips to help support your overall health, improve nutrition, and make informed food choices that fit your lifestyle. Whether you're looking for simple meal ideas or ways to maintain your well-being, this session is full of valuable information. Please note: This presentation is intended for educational purposes only. Always consult your physician or healthcare provider before making changes to your diet or nutrition plan.

Painting with Joyce

September 14 & October 5 · 12:30pm
In September, we will welcome the fall season with a beautiful autumn pumpkin painting. In October, get into the Halloween spirit by creating an adorable ghost on a swing painting.

All skill levels are welcome, and Joyce will guide you step-by-step as you create a piece you'll be proud to take home. Call or stop in to sign up!



September



October

Faux Pumpkin Painting

September 28 · 1:30pm
Celebrate the beauty of fall by painting your own decorative pumpkin! Choose your favorite colors and designs to create a festive decoration you'll enjoy for years to come. Sara from Marietta Heights is bringing us this fun and relaxing craft that is perfect for all skill levels.

Yarn Bookmarks

September 30 · 1:30pm
Get creative with Jackie, a local volunteer, as you make your own colorful yarn bookmarks! This simple and enjoyable craft is a wonderful way to create a handmade keepsake that's both beautiful and practical. Whether you love to read or are looking for a thoughtful handmade gift, you'll have fun creating something uniquely yours.

Art Made Easy- Painting Basics

October 2 · 10am
During this class, you will be provided with painting materials and guided through simple techniques to help you create your own unique artwork. Whether you are a beginner or looking to grow your artistic skills, this class is a wonderful opportunity to try something new, relax, and enjoy the creative process of painting. This class is part two of our four-part series, "Art Made Easy."

Ohio Department of Taxation

October 5 · 1:30pm
Representatives from the Ohio Department of Taxation will be here to provide helpful information, answer your questions, and discuss programs and resources available to Ohio residents. Learn more and get your questions answered by the experts.

Wheel of Fortune Learning

October 7 · 1:30pm
Learning has never been so much fun! Join Encompass for an interactive game of Wheel of Fortune, where you'll test your knowledge, learn valuable health and wellness information, and enjoy some friendly competition. Spin the wheel, win prizes, and have a great time!

Scarecrow Craft

October 9 · 1:30 PM
Celebrate the fall season by creating your very own adorable scarecrow! Picolla, a local volunteer, will guide you through this festive craft, making it easy and enjoyable for everyone. Gather with friends, get creative, and take home a charming autumn decoration to brighten your home.

National Dessert Day Hangout

October 14 · 2pm
Celebrate National Dessert Day with a sweet afternoon of treats, laughter, and great company! Join Amber with Buckeye Hospice and Tricia with Continuing health fair who are bringing delicious desserts while spending time with friends in a relaxed and welcoming atmosphere. It's the perfect excuse to indulge your sweet tooth and make some wonderful memories together!

Becky's Fall Snack Surprise

October 16 · 1pm
You never know what delicious treat Becky will bring next! Join us for another one of Becky's famous Snack Surprises, where you'll enjoy a tasty homemade creation and great conversation with friends. Come hungry and be ready for a fun afternoon filled with sweet surprises!

Diamond Art

October 16 · 9am
New to Diamond Painting? This is the perfect time to give it a try! Start with a beginner-friendly \$5 bookmark or greeting card, and Jen will guide you through the basics step by step. Already experienced? Join us too! Beginner and advanced projects will be available for purchase, so there's something for everyone.

Beaded Suncatcher

October 26 · 2pm
Add a little sparkle to your day by creating your own beautiful suncatcher! Join Doris, a local volunteer, for this fun and relaxing craft as you design a colorful decoration that will brighten any window with the sunlight. This easy project is perfect for all skill levels and is a wonderful way to spend an afternoon getting creative with friends.

Managing your Utility Bills

October 28 · 1pm
Energy prices are rising faster than the rate of inflation and many households feel squeezed. In this talk, Kathryn Metz from the Ohio Consumers' Counsel will discuss rising prices, how to understand your utility bills, and how you might be able to save money through Energy Choice, energy efficiency measures, and utility assistance programs.

Trick or Treat Hangout

October 30 · 2pm
Enjoy Halloween decorations, trick-or-treat candy, board games, cards, puzzles, and more while spending time with friends. A special thank you to Brittany from WVU Home Health for providing all the Halloween goodies! Call or stop by the front desk to sign up! Wear a costume, if you dare...

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Men's Breakfast 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	2 10:00 Chair Volleyball 12:00 Euchre 1:30 Tai Chi 1:30 Birthday Hangout 3:15 Tai Chi 5:30 Zumba	3 8:30 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	4 10:00 Dementia Support Group 12:30 Chair Volleyball 2:00 Art Made Easy - Drawing
7 CLOSED for Labor Day 	8 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	9 8:00 Quilting Group 12:00 Euchre 1:00 Beaded Pen and Key Chain 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	10 9:30 Bingo 11:00 Hearing Aid Cleaning 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	11 12:30 Chair Volleyball
14 10:00 Chair Exercise 10:00 Mystery Book Club 11:00 Alzheimer's Association 11:15 Zumba 12:30 Painting with Joyce 1:00 Shanghai 6:00 Stampin' Up	15 10:00 Mani/Pedis 10:00 Gentle Yoga 10:00 Book Club 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	16 8:00 Quilting Group 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	17 8:30 Blood Pressure Checks 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	18 12:30 Chair Volleyball
21 10:00 Chair Exercise 11:15 Zumba 1:00 Card Making with Tammie 1:00 Creative Writing	22 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	23 10:00 Chair Volleyball 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	24 8:00 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	25 12:30 Chair Volleyball 1:30 Aging Well Through Nutrition
28 10:00 Together in Healing 10:00 Chair Exercise 11:15 Zumba 1:30 Faux Pumpkin Painting	29 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	30 10:00 Chair Volleyball 12:00 Euchre 1:30 Yarn Bookmarks 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	 Faux Pumpkin Painting  Sept. 28 · 1:30pm Celebrate the beauty of fall by painting your own decorative pumpkin!	

Monday	Tuesday	Wednesday	Thursday	Friday
Trick or Treat Hangout 🎃 October 30 · 2pm Enjoy Halloween decorations, trick-or-treat candy, board games, cards, puzzles, and more while spending time with friends. A special thank you to Brittany from WVU Home Health for providing all the Halloween goodies! Call or stop by the front desk to sign up! Wear a costume, if you dare... 			1 8:30 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	2 10:00 Dementia Support 10:00 Art Made Easy 12:30 Chair Volleyball
5 10:00 Chair Exercise 10:00 Mystery Book Club 11:15 Zumba 12:30 Painting with Joyce 1:30 Ohio Department Of Taxation 6:00 Stampin' Up	6 9:00 Men's Breakfast 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	7 10:00 Chair Volleyball 12:00 Euchre 12:00 Monthly B-day Party 1:30 Encompass Wheel of Fortune 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	8 9:30 Bingo 11:00 Hearing Testing 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	9 12:30 Chair Volleyball 1:30 Scarecrow Craft
12 10:00 Chair Exercise 11:00 CarFit 11:00 Alzheimer's Association 11:15 Zumba 1:00 Shanghai	13 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	14 8:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 12:00 Euchre 1:30 Tai Chi 2:00 National Dessert Day Hangout 3:15 Tai Chi 5:30 Zumba	15 8:30 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	16 9:00 Diamond Art 12:30 Chair Volleyball 1:00 Becky Fall Snack Surprise
19 10:00 Chair Exercise 11:15 Zumba 1:00 Card Making with Tammie 1:00 Creative Writing	20 10:00 Book Club 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	21 8:00 Quilting Group 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	22 8:00 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	23 12:30 Chair Volleyball 5:00 Annual Auction
26 10:00 Chair Exercise 10:00 Together in Healing 11:15 Zumba 2:00 Suncatchers	27 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	28 10:00 Chair Volleyball 12:00 Euchre 1:00 Managing Utility Bills 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	29 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	30 12:30 Chair Volleyball 2:00 Trick or Treat Hangout

CarFit: Helping Mature Drivers Find Their Safest Fit

October 12 • 11am

Where: O'Neill Center Parking Lot

CarFit is a free educational program designed to help mature drivers improve the fit of their vehicle for greater comfort and safety.

Join us for a FREE 20-minute one-on-one CarFit checkup with a trained CarFit technician. During your personalized session, you'll learn about:

- Proper safety belt use and fit
- Maintaining a safe distance between you and your airbag
- Ensuring a clear line of sight above the steering wheel
- Correct mirror positioning to help minimize blind spots
- State and local resources available to help keep you driving safely

CarFit is not a driving test or an evaluation of your driving ability. It is simply an educational program designed to help you adjust your vehicle for the safest and most comfortable fit.

For more information or to reserve your time spot, please contact Spenser at the O'Neill Center.

This event is sponsored by Buckeye Hills Regional Council.



Call or stop in to get your appointment scheduled