

May 2026

WASHINGTON-MORGAN COMMUNITY ACTION
 SENIOR NUTRITION PROGRAM MENU *Washington County*
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
4	Swedish Meatballs Spring Vegetables Tossed Salad w/ Tomatoes Apple Crisp Bread	5	Chicken Strips Sweet Potato Fries Baked Beans Fruit Juice Bread	6	Ham & Cheese Sandwich Vegetable Soup Pea Salad Mandarin Oranges Croissant & Crackers	7	Chicken & Noodles Mashed Potatoes Corn Fruit Parfait Bread	8	Meatloaf Hashbrown Casserole California Vegetables Applesauce Bread	1	Choice Day Chicken Salad Sandwich Broccoli Soup Celery & Carrots Apricots Bun & Crackers <i>Or</i> Chef Salad
11	Baked Steak w/ Gravy Mashed Potatoes Malibu Vegetables Fruit Juice Roll	12	Chicken Parmesan Tossed Salad w/ Tomatoes Baked Peaches Breadstick Cookie	13	Ham & Bean Soup Broccoli Salad Pears Crackers Cornbread	14	Smoked Sausage Mashed Potatoes Sauerkraut Fruit Cocktail Bread	15	Macaroni & Cheese Stewed Tomatoes Cauliflower Banana Bread <i>Or</i> Chef Salad		
18	BBQ Chicken Potato Wedges Broccoli w/ Cheese Pears Bread Cookie	19	Salisbury Steak Whipped Potatoes French Green Beans Apricots Biscuit	20	Pimento Cheese Sandwich Tomato Soup Cucumber Salad Mandarin Oranges Bun & Crackers	21	Sausage Gravy Scrambled Eggs Hashbrown Tomato Juice Orange Biscuit	22	Sloppy Joe Baby Bakers Summer Vegetables Pineapple w/ Jello Bun		
25	<i>Closed Holiday</i>	26	Chili Hot Dog Baked Beans Capri Vegetables Applesauce Bun	27	Baked Chicken Leg Au Gratin Potatoes Spinach Salad w/ Onion Warm Apples Bread & Pudding	28	Rigatoni w/ Meat Sauce Italian Vegetables Cauliflower Pineapple Breadstick	29	Baked Steak Mashed Potatoes Succotash Cherry Crisp Bread		

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour
 Reservation line: Marietta 740-373-3455
 Beverly 740-984-4475 New Matamoras 740-865-2448
 All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. **SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS**