


April 2026

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Ham & Cheese Vegetable Soup w/ Cabbage Pea Salad Mandarin Oranges Croissant & Crackers	2	Chicken & Noodles Mashed Potatoes Corn Fruit Parfait Bread	3	Chicken Tenders Sweet Potato Fries Baked Beans Fruit Juice Bread
6	Baked Steak w/ Gravy Mashed Potatoes Malibu Blend Fruit Juice Dinner Roll	7	Chicken Parmesan Tossed Salad w/ tomato Peaches Noodles & Breadstick Cookie	8	Ham & Bean Soup Broccoli Salad Pears Cornbread Crackers	9	Smoked Sausage Mashed Potatoes Rinsed Sauerkraut Fruit Cocktail Bread	10	Mac & Cheese Stewed Tomatoes Cauliflower Banana Bread Or Choice of Chef Salad
13	BBQ Chicken Potato Wedges Broccoli w/ Cheese Pears Bread Cookies	14	Salisbury Steak Whipped Potatoes Green Beans Apricots Biscuit	15	Pimento Cheese Sandwich Tomato Soup Cucumber Salad Mandarin Oranges Bread & Crackers	16	Sausage Gravy Scrambled Eggs Hashbrown Tomato Juice Fresh Orange Biscuit	17	Sloppy Joe Baby Bakers Summer Blend Pineapple w/ SF Jello Bun
20	Baked Steak Mashed Potatoes Succotash Cherry Crisp Bread	21	Shepherds Pie Spring Mix Salad w/ Tomatoes Blueberry Crisp Biscuit	22	Baked Chicken Leg Au gratin Potatoes Spinach Salad Apple Slices Bread & Pudding	23	Rigatoni w/ meat sauce Italian Blend Cauliflower Pineapple Breadstick	24	Teriyaki Pork Chop Asparagus Blend Autumn Blend Fluff Salad Brown Rice Or Choice of Chef Salad
27	Pulled Pork Baked Potato Harvest Blend Banana Bun	28	Cobb Salad Potato Soup Lettuce w/ Onion Fresh Orange Muffin /Crackers	29	Sliced Turkey w/ Gravy Sweet Potatoes Parmesan Brussel Sprouts Fruit Juice	30	Stuffed Pepper w/ tomato sauce Scalloped Potatoes Pacific Blend Grapes Breadstick		

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour
Reservation line: Marietta 740-373-3455
Beverly 740-984-4475 New Matamoras 740-865-2448

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home.
Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS