

ONEILL CENTER

May June 2026

HELPING AREA SENIORS LIVE HIP: HEALTHY, INDEPENDENT AND PRODUCTIVE



Hello
Summer

BOOK NOW!
October 6-8
Gatlinburg, TN



Audio Book
Walking Club





O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   



Health Fair

May 4 · 9am-11:30am

Join us for our Annual Health Fair! This exciting event will bring together a wide range of valuable resources from organizations across our community, all in one convenient location. It's a great opportunity to learn more about your health, ask questions, and connect with local experts who are here to help. Best of all, this event is completely free to attend—we look forward to seeing you there! There is no sign up needed, stop in and gain valuable insight!

A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.



Call Ahead!

You will see this graphic throughout this newsletter which indicates that advance registration or expressed interest is requested for the event. If you see this symbol, please contact us by phone at 740-373-3914 to reserve your spot or let us know if you're interested in attending. Calling ahead helps us plan accordingly and ensure the best experience for everyone.

Cancellations

At the O'Neill Center, we make safety our top priority. We strive at all times to keep our walkways and drives as clear as possible. We reserve the right to cancel any or all activities if we feel travel is not safe or we need additional time for clearing our areas. Please monitor WTAP and WMOA for cancellations this winter season.

 **TRIPS****September 12-20, 2026 Alaska Cruise (waitlisted)**

Price per person (double occupancy) starts at \$3,659 and includes airfare. Our upcoming trip to Alaska begins with a flight to the vibrant city of Vancouver, British Columbia, where we'll embark on an unforgettable cruise adventure. On Monday, we'll set sail through the breathtaking Inside Passage, a serene stretch of coastal waterways framed by towering forests, misty fjords, and snow-capped peaks. Tuesday brings us to Sitka, Alaska, a charming town rich with Russian heritage and surrounded by dramatic mountain scenery and coastal beauty. On Wednesday, we'll explore Juneau, the capital of Alaska, where glaciers cascade from the mountains and eagles soar overhead. Thursday takes us to Ketchikan, known for its colorful waterfront, Native totem poles, and lush rainforest landscape. On Friday, we'll dock in Prince Rupert, British Columbia, a coastal town where rugged wilderness meets historic charm. Our final day will be spent cruising at sea, offering time to relax and soak in panoramic views of the vast Pacific Ocean, with possible sightings of whales, seals, and endless sky. This journey promises majestic landscapes, rich cultures, and unforgettable memories.

October 6-8, 2026 Gatlinburg TN

Prices start at \$720 per person double occupancy. Join us for a fun-filled getaway to the beautiful Smoky Mountains! We'll enjoy the lively Smith Morning Variety Show, experience the magic of Dollywood, and take in the stunning fall scenery on a guided tour of the Great Smoky Mountains National Park. Our trip also includes a visit to the charming Apple Barn Village, where we'll enjoy delicious treats and local shopping. With great entertainment, breathtaking views, and southern hospitality at every stop, this is a trip you won't want to miss!

October 21 Fall Foliage Train Ride

\$75
Join us for a Fall Foliage Train Ride this autumn! The trip includes an approximately 90-minute ride to East Logan and back to the Nelsonville Depot, with additional stops planned along the route. More details will be announced soon. We hope you'll join us for this special fall experience!

December 8-10, 2026 Biltmore Estate, Asheville, NC (waitlisted)

Prices start at \$799 double occupancy
Looking for a festive holiday trip for 2026? Look no further. The Biltmore is a beautiful estate and village located in Asheville, NC. Christmas spirit everywhere with beautiful views, candlelight tours, wine tasting and more. Join us for this beautiful trip. This will fill up fast call or stop in to reserve your spot.

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.

**FITNESS
& DANCE****Chair Exercise**

Mondays, 10am, Free
Thursdays, 1pm, Free

Zumba

Mondays, 11:15am
Tuesdays, Wednesdays, and
Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Tai Chi Wednesdays,
1:30pm & 3:15pm, Free

Walk With Ease Thursdays, 2pm, Free

Chair Volleyball

1st, 4th & 5th Wednesdays, 10am, Free
Fridays, 12:30pm, Free

TABLE GAMES

Billiards: Daily from 8am-4pm
Shanghai: second Monday · 1pm
Bridge: Tuesdays · 12pm
Euchre: Wednesdays · 12pm
Bingo: Thursdays · 9:30am
Hand & Foot Cards: Thursdays · 1pm

OTHER WEEKLY ACTIVITIES**Beginner Knitting**

Tuesdays, 12:30pm

“Knot Just Knitting”

Tuesdays, 1pm

Quilting Group 2nd and 3rd

Wednesdays 8am-12pm

Stampin' Up 1st Mondays, 6pm

BROUGHTON COMPUTER LAB

Open to seniors Monday-Friday 8am-4pm closed on holidays.

Call the O'Neill Center for our schedule of upcoming computer classes.

We would like to say a special thank you to Peoples Bank for their donation bringing us new computers.

ACTIVITIES

Blood Pressure Checks

First Thursday 8:30am -
Marietta Health Department
Third Thursday 8:30am - Right at Home
Fourth Thursday 8am -
House Calls Home Health

Book Club meeting

3rd Tuesday · 10am
A wonderful group meets each month to discuss the book they have been reading. They have a new book monthly.
May *When the Jessamine Grows* by Donna Everhart
June *Winter Garden* by Kristin Hannah

The Senior Club Meeting/Luncheon

May 13 & June 10 · 11:00am
Join the club on the second Wednesday of each month at 11am for a good time of fellowship and great food!

Hearing Services

May 14 Hearing Aid Cleaning
June 11 Hearing Testing
Appointments available 11am - 1pm
This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Together In Healing

Last Monday of the Month · 10am
Together in healing is a safe, welcoming space for individuals navigating grief, trauma, or emotional challenges. Though shared stories, mutual support, and compassionate connection, we come together to heal—one step at a time. Whether you're just beginning your journey or have been walking the path for some time, you are not alone. Here, healing happens together. This group is hosted by Cawley Hospice.

Manicure & Pedicures

Tuesdays - Appointments start at 10am
Sharon Graham has 30 plus years of experience with nail care. You may schedule one or both, all done in the privacy our health room. Cost is \$18 for a manicure and \$35 for a pedicure. Call to schedule your appointment.

Men's Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Men's Breakfast

1st Tuesday of every month 9am
A special time for the gentlemen to get together and enjoy each other's company, and enjoy a nice warm homemade breakfast.

Music & Mingle

Are You Musically Inclined?
Do you love music and want to connect with others who share your passion? We're looking to see if individuals would be interested in forming a group for those who are musically inclined to come together, play instruments, share songs, and talk about all thing's music. Whether you're a seasoned musician or just enjoy jamming with others, this group could be for you. If this is something you are interested in give us a call.

Dementia Support Group

May 1 & June 5 · 10am
Hosted by Right at Home in partnership with Cawley Hospice who help families dealing with Alzheimer's or related dementia develop a support system, exchange information on challenges and possible solutions. Talk through issues you're having and teach you ways of coping. You will also learn about community resources that can help you.

Mystery Book Club

May 4 & June 1 · 10am
This will be held the First Monday of the Month
Love a good mystery? Join our Mystery Book Club! If you can't resist a page-turning mystery, our club is for you! Each month we read a new mystery novel and come together to discuss it. Share your theories, debate the clues, and see if you can predict the culprit before the final chapter. Can you solve the mystery before anyone else? Call or stop in to find out the book for the month.

Card making with Tammie

May 18 & June 15 · 1pm
Join Tammie, a local volunteer, and learn to make some fun spring time cards. Tammie provides everything needed to create several cards. Come create, connect, and enjoy—donations appreciated for this event. Call or stop by to get signed up. Donations are appreciated for this event.

Creative Writing Workshop

May 1 · 1pm
Nicole is back for another round of fun and inspiring creative writing workshops! She'll provide a prompt along with key words to include in your story, plus helpful tips and tricks to spark your imagination. Then you'll have time to write whatever creative story you can come up with using the prompt. This is a fun exercise designed to get your brain thinking and your creativity flowing! Call or stop in to get signed up.

Audio Book Walking Club

May 15 & June 12 · 9-10am
Love to walk and listen to audiobooks? Join our Audiobook Walking Club! This unique club is perfect for those who enjoy quiet walks while listening to a good book. There's no need for conversation—just bring your headphones, press play, and enjoy a peaceful walk while staying active with a safe group. Not into audiobooks? No problem! You're still welcome to join us for a quiet, peaceful walk.

Alzheimer's Association

May 18 & June 29 · 11am
Rene with the Alzheimer's Association is back with two informative sessions! The first session focuses on building healthy habits for your brain to help prevent and treat Alzheimer's. The second session explores art in memory care and the powerful impact it can have. Come learn, connect, and gain helpful insights on brain health and memory care! Don't forget to sign up.



Lunch to Learn Stroke Awareness

May 6 · 12:30
Join us for an informative workshop focused on stroke awareness and how to respond in an emergency. This valuable session, hosted by Encompass Health, will provide important knowledge that could help save a life. Enjoy a delicious lunch while you learn in a welcoming, relaxed setting. Call or stop in to sign up—we'd love to have you attend!

Painting with Joyce

May 11 & June 1 · 12:30pm

Join us for two upcoming painting classes with Joyce! In May, we will be creating a beautiful fence and flower painting that is sure to get you in the spring spirit. In June, we will paint a lovely ballerina girl that will turn into a beautiful piece of art. The cost for each class is \$28, and Joyce provides everything you will need to create your painting. Payment is required to reserve your spot.



May



June

Painting Wine Glasses

May 15 · 2pm

Terri from Harmar Place will be providing wine glasses for participants to paint during this creative and engaging session. You'll learn a few basic painting techniques and then put your new skills to work designing your own personalized wine glass. Be sure to call or stop in to get signed up—spaces are limited.

Jeopardy

May 20 · 1pm

Averee from Shriver's Hospice is back with some Jeopardy fun! Come enjoy snacks, friendly competition, and a great time together! Don't worry—you'll be on a team, so you'll have some help with the questions. Call or stop in to get signed up.

Necklace Making

May 22 · 1pm

We're excited to welcome Doris, one of our wonderful local volunteers, back to share her jewelry-making talents! This time, she'll be guiding us through creating beautiful necklaces. It's sure to be a fun and creative experience you won't want to miss! Call or stop by to get signed up—spaces are limited, so be sure to reserve your spot soon.

Spring Hangout

May 27 · 1pm

We're excited to invite everyone to a fun and relaxing spring hangout! Kyla from Water View Pointe will be bringing in a variety of delicious goodies for us all to enjoy. It's the perfect opportunity to snack, socialize, and spend some quality time together. Come join us for great treats, great company, and a welcoming atmosphere—we'd love to see you there! Don't forget to sign up!

Ice Cream Hangout

June 3 · 1pm

Tricia from Continuing Health Care and Amber from Buckeye Hospice are bringing ice cream and all the goodies so you can create your own delicious bowl with plenty of toppings! While you enjoy your sweet treat, hang out and have some fun with friends. We'll have board games, cards, coloring activities, and more available. Come relax, enjoy some ice cream, and spend time together. Don't forget to sign up!

Welcome to Medicare

June 15 · 5:30pm

Whether you will be eligible for Medicare soon, on Medicare but have questions, or help a family member with Medicare issues then we have information for you! Please join us for the Welcome to Medicare event. The Ohio Senior Health Insurance Information Program (OSHIIIP) provides, free objective information on Medicare as a service of the Ohio Department of Insurance. Learn about Part A, Part B, the prescription drug benefit, Medicare Advantage plans, and Medicare supplement insurance.

Root Beer Float Hangout

June 17 · 1pm

Kyla with Waterview Pointe is bringing us delicious root beer floats! There's nothing better to get you in the spirit for summer. Enjoy your float while hanging out and connecting with others. Don't miss out on the fun! Call or stop in to get signed up.

70's Glow Volleyball

June 22 · 1:30pm

Join us for another fun glow volleyball this time it is 70's themed. We will have some fun 70's music, the lights down with glow sticks and some snacks. This glow volleyball is sponsored by Sara from Marietta Heights.

Summer Snack Surprise with Becky

June 26 · 1pm

Join local volunteer Becky for another fun and tasty food surprise! She's back again, and this time she's bringing a delicious summer-themed treat for everyone to try. Every food surprise with Becky is full of fun and flavor, and this one is sure to be no different. Come enjoy the treat, spend time with the community, and discover what Becky has prepared this time. Donations are appreciated for this event.







Lady Bug Flower Pot

June 8 · 1pm


Sara from Marietta Heights is bringing us a fun craft activity! Join us to paint your own flower pot and create something cute and colorful to take home. You're welcome to bring your grandkid along and let them help make this special craft together—it's a great way to spend time and get creative! Call or stop in to get signed up. We hope to see you there!

MAY

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10:00 Dementia Support Group 12:30 Chair Volleyball 1:00 Creative Writing
4 9:00 Health Fair 10:00 Mystery Book Club 6:00 Stampin' Up	5 9:00 Men's Breakfast 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	6 10:00 Chair Volleyball 12:00 Monthly B-day Party 12:00 Euchre 12:30 Lunch to Learn-Stroke Awareness 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	7 8:30 Blood Pressure Check 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	8 9:00 Men's Billiard Tournament 12:30 Chair Volleyball
11 10:00 Chair Exercise 11:15 Zumba 12:30 Painting with Joyce 1:00 Shanghai	12 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	13 8:00 Quilting Group 11:00 Senior Club Potluck/Meeting 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	14 9:30 Bingo 11:00 Hearing Aid Cleaning 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	15 9:00 Audio Book Walking Club 12:30 Chair Volleyball 2:00 Painting Wine Glasses
18 10:00 Chair Exercise 11:00 Alzheimer's Association 11:15 Zumba 1:00 Card Making with Tammie	19 10:00 Book Club 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	20 8:00 Quilting Group 12:00 Euchre 1:00 Jeopardy 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	21 8:30 Blood Pressure Checks 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	22 12:30 Chair Volleyball 1:00 Necklace Making
25 10:00 Chair Exercise 10:00 Together in Healing 11:15 Zumba	26 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	27 10:00 Chair Volleyball 12:00 Euchre 1:00 Spring Hangout 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	28 8:00 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	29 11:00 Senior Day

Spring Hangout May 27 · 1pm

We're excited to invite everyone to a fun and relaxing spring hangout! Kyla from Water View Pointe will be bringing in a variety of delicious goodies for us all to enjoy. It's the perfect opportunity to snack, socialize, and spend some quality time together. Come join us for great treats, great company, and a welcoming atmosphere—we'd love to see you there! Don't forget to sign up!

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Chair Exercise 10:00 Mystery Book Club 11:15 Zumba 12:30 Painting with Joyce 6:00 Stampin' Up	2 9:00 Men's Breakfast 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	3 10:00 Chair Volleyball 12:00 Monthly B-day Party 12:00 Euchre 1:00 Ice Cream Hangout 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	4 8:30 Blood Pressure Check 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	5 10:00 Dementia Support 12:30 Chair Volleyball
8 10:00 Chair Exercise 11:15 Zumba 1:00 Shanghai 1:00 Lady Bug Flower Pot	9 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	10 8:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	11 9:30 Bingo 11:00 Hearing Testing 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	12 9:00 Men's Billiard Tournament 9:00 Audio Book Walking Club 12:30 Chair Volleyball
15 10:00 Chair Exercise 11:15 Zumba 1:00 Card Making Tammie 5:30 Welcome to Medicare	16 10:00 Gentle Yoga 10:00 Book Club 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	17 8:00 Quilting Group 12:00 Euchre 1:00 Root Beer Float Hangout 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	18 8:30 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	19 12:30 Chair Volleyball
22 10:00 Chair Exercise 11:15 Zumba 1:30 70's Glow Volleyball	23 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	24 10:00 Chair Volleyball 12:00 Euchre 1:30 Tai Chi 3:15 Tai Chi 5:30 Zumba	25 8:00 Blood Pressure Check 9:30 Bingo 1:00 Hand & Foot 1:00 Chair Exercise 2:00 Walk with Ease 5:30 Zumba	26 12:30 Chair Volleyball 1:00 Summer Snack Surprise
29 10:00 Chair Exercise 10:00 Together in Healing 11:00 Alzheimer's Association 11:15 Zumba	30 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba			



333 Fourth Street
Marietta, OH 45750

US POSTAGE
PAID
Non-profit
Marietta, Ohio
Permit #37

Change Service Requested



Senior Day

May 29 • 11:00am

Senior Day is back, and we're ready to have some fun! Join us for a special day featuring an Elvis performance, a delicious Baked Steak lunch, and of course, cake for dessert. It's going to be a great time filled with music, food, and wonderful company.

We hope you'll come out and join us for the fun! The cost for this event is \$4 and includes your Baked Steak lunch. **Call 740-373-3914 or stop in to get signed up.**

We have several sponsors joining us for this event:

