

March 2026

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Spaghetti w/ Meatballs Tossed Salad w/ Tomato Italian Green Beans Warm Apples Breadstick	3	Chicken Patty Potato Soup Malibu Vegetables Peach Crisp Crackers Bun	4	Ham & Bean Soup Beets Cole Slaw Pears Cornbread	5	Baked Steak Mashed Potatoes California Vegeta- bles Fruit Salad Brownie Bread	6	Scrambled Egg Home Fries Tomato Juice Fruit Cup French Toast Sticks <i>Or</i> Chef Salad
9	Hamburger Gravy Whipped Potatoes French Green Beans Fruit Cocktail Biscuit	10	Honey Mustard Chicken Harvest Vegetables Peas & Carrots Banana Rice & Bread	11	Johnny Marzetti Tossed Salad w/ Tomato Succotash Cherry Crisp Breadstick	12	Taco Salad Lettuce & Tomato Refried Beans Mandarin Oranges Chips	13	Spinach Salad w/ Boiled Egg, Onion & Cheese Broccoli Soup Pears Fruit Muffin & Crackers
16	Chicken Tenders Sweet Potato Fries Capri Vegetables Pineapple Roll	17	Cabbage Roll Roasted Potatoes Carrots Juice Breadstick	18	Beef Chili w/ Beans Baked Potato Broccoli w/Cheese Apricots Crackers Cornbread	19	Baked Chicken Leg Creamed Corn Green Beans Mandarin Orange Bread	20	Macaroni & Cheese Stewed Tomatoes Cauliflower Applesauce & Bread <i>Or</i> Chef Salad
23	Turkey Pot Pie Tossed Salad w/ Tomato Peaches Biscuit	24	Ham & Noodle Casserole Carrots Lima Beans Juice Bread	25	Turkey w/Gravy Whipped Potatoes Asparagus Blend Orange Fluff Salad Bread Cookie	26	Meatloaf Hashbrown Casserole Winter Vegetables Pears Roll	27	Chicken Salad Sandwich Vegetable Soup Broccoli Salad Fruit Cocktail Crackers
30	Chicken Alfredo Peas Beets Mandarin Orange Breadstick	31	Sloppy Joe Scalloped Potatoes California Vegetables Grapes Bun & Crackers						

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.