

# February 2026

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Hamburger Gravy Whipped Potatoes French Green Beans Fruit Cocktail Biscuit	3	Honey Mustard Chicken Harvest Vegetables Peas & Carrots Banana Rice & Bread	4	Johnny Marzetti Tossed Salad w/ Tomato Succotash Cherry Crisp Breadstick	5	Taco Salad Lettuce & Tomato Refried Beans Mandarin Oranges Chips	6	Spinach Salad w/ Boiled Egg, Onion & Cheese Broccoli Soup Pears Fruit Muffin & Crackers
9	Chicken Tenders Sweet Potato Fries Capri Vegetables Pineapple Roll	10	Cabbage Roll Roasted Potatoes Carrots Juice Breadstick	11	Beef Chili w/ Beans Baked Potato Broccoli w/Cheese Apricots Crackers Cornbread	12	Baked Chicken Leg Creamed Corn Green Beans Mandarin Orange Bread	13	Macaroni & Cheese Stewed Tomatoes Cauliflower Applesauce Bread <i>Choice Day</i> <i>Or</i> Chef Salad
16	<i>Closed Holiday</i>	17	Ham & Noodle Casserole Carrots Lima Beans Juice Bread	18	Turkey w/Gravy Whipped Potatoes Asparagus Blend Orange Fluff Salad Bread Cookie	19	Meatloaf Hashbrown Casserole Winter Vegetables Pears Roll	20	Chicken Salad Sandwich Vegetable Soup Broccoli Salad Fruit Cocktail Crackers
23	Chicken Alfredo Peas Beets Mandarin Orange Breadstick	24	Sloppy Joe Scalloped Potatoes California Vegetables Grapes Bun & Crackers	25	Ham & Cheese Sandwich Roasted Potatoes (w/ Peppers & onions) Brussel Sprouts Fruit Parfait	26	Swedish Meatballs Autumn Vegetables Carrots Tropical Fruit Bread	27	Smoked Sausage Whipped Potatoes Sauerkraut Banana Bread <i>Choice Day</i> <i>Or</i> Chef Salad

**\*\*Menu subject to change due to availability\*\***

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with choice of milk and bread.

### REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.