

## Kentucky Ark Encounter

HAPPY  
*Valentines*  
DAY

Test your  
knowledge on  
**Jeopardy**



O'Neill Center  
333 Fourth Street  
Marietta, Ohio 45750  
740-373-3914  
ONEILLCENTER.COM

Find us on



A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



**Committed to Equal Service Access**  
The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.



The O'Neill Center has been a leader in group travel for many years. Whether you are looking for a day trip, an overnight excursion or a long getaway, leave the planning to us! Find trip information on the following page or stop by to pick up a trip flyer. We are happy to sit down with you and talk about your travel needs. Where are we going together next?!



#### Benefits of Traveling Together

**No driving stress** – Sit back and relax while someone else handles transportation.

**No planning hassle** – The O'Neill Center takes care of all the details.  
**Travel with friends** – Enjoy great company and make new memories.

**Safe and supported** – Staff and fellow travelers are there to help every step of the way.

**Comfortable and convenient** – Trips are designed with seniors' needs in mind.

**Fun and social** – Share laughter, experiences, and new adventures together!



*"Friendship and travel  
– two things that  
only get better with time."*



#### Cancellations

At the O'Neill Center, we make safety our top priority. We strive at all times to keep our walkways and drives as clear as possible. We reserve the right to cancel any or all activities if we feel travel is not safe or we need additional time for clearing our areas. Please monitor WTAP and WMOA for cancellations this winter season.



*A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.*



#### **April 1, 2026 Wheeling Island**

\$58 per person. Join us on a day trip to the wonderful Wheeling Island. Discover the non-stop excitement at Wheeling Island Hotel-Casino-Racetrack! Try your luck on our slot machines, pulse-pounding table games or poker tournaments, while savoring delectable lunch options at the casino. Once you experience it, you'll keep coming back for more!

#### **April 13-17, 2026 New Orleans, LA**

Prices start at \$2,349 and include airfare. Pack your bags for an unforgettable escape to one of America's most vibrant and soulful cities. From the moment you arrive, you'll be immersed in the rich culture, music, and history that makes New Orleans truly one of a kind. Stay just steps away from the legendary French Quarter, where the streets come alive with music, flavor, and charm. Enjoy a scenic cruise down the Mississippi River aboard a jazz riverboat. Discover the heart of the city on a guided tour, stroll through the lively French Quarter, and explore the powerful exhibits at the renowned World War II Museum.

#### **May 14, 2026 Shopping Trip: Ross Park Mall**

Price is \$55 per person. Looking for a great day out? Come along with us on a trip to Ross Park Mall in Pittsburgh, PA, one of the area's premier shopping destinations! With a wide variety of stores, delicious dining options, and a relaxed, welcoming atmosphere, it's the perfect place to shop, eat, and enjoy some time with friends!

#### **May 31-June 4, 2026 Mackinac Island, MI**

Prices start at \$1,499 per person double occupancy. Experience the charm of Mackinac Island at its most beautiful, surrounded by blooming lilacs and the scent of early summer in the air. Travel by hydro jet ferry to the island, where you'll enjoy a peaceful carriage tour. The adventure continues with a scenic boat ride through the famous Soo Locks, an entertaining lumberjack show, and a visit to Frankenmuth—Michigan's own Bavarian village, rich with European charm. It's a delightful getaway full of unforgettable sights and experiences.

#### **June 24, 2026 Mystery Trip**

Price is \$\*\* per person. Get ready for a day full of surprises! Our Mystery Trip is all about excitement, laughter, and the thrill of the unknown. We can't reveal the destination—but we promise great company, delicious food, and unforgettable moments. Sit back, relax, and enjoy the ride as we take you somewhere special. Bring your sense of adventure and a smile, and let's make some memories!

#### **July 14-16, 2026 Gatlinburg TN**

Prices start at \$720 per person double occupancy.

Join us for a fun-filled getaway to the beautiful Smoky Mountains! We'll enjoy the lively Smith Morning Variety Show, experience the magic of Dollywood, and take in the stunning scenery on a guided tour of the Great Smoky Mountains National Park. Our trip also includes a visit to the charming Apple Barn Village, where we'll enjoy delicious treats and local shopping. With great entertainment, breathtaking views, and southern hospitality at every stop, this is a trip you won't want to miss!

#### **September 12-20, 2026 Alaska Cruise**

Price per person (double occupancy) starts at \$3,659 and includes airfare. Our Alaska adventure begins with a flight to vibrant Vancouver, British Columbia, where we'll board our unforgettable cruise. We'll sail through the breathtaking Inside Passage before visiting Sitka, rich with Russian heritage and stunning mountain scenery. Next, explore Juneau—Alaska's capital filled with glaciers and soaring wildlife—followed by colorful Ketchikan with its totem poles and rainforest charm. We'll stop in Prince Rupert, a coastal town blending rugged wilderness and history, then enjoy a final relaxing day at sea, taking in panoramic ocean views and possible whale and seal sightings.

#### **November 9-11, 2026 Kentucky Ark Encounter and Louisville**

Prices starting at \$695 double occupancy  
Join us for an unforgettable getaway to the beautiful Bluegrass State! We'll visit some of Kentucky's most iconic attractions—including The Ark Encounter, the Kentucky Derby Museum, and legendary Churchill Downs. You'll also explore the Kentucky Horse Park and the International Museum of the Horse, discovering the state's rich equine heritage. Enjoy two delicious dinners and make lasting memories with friends on this history-filled, fun-packed trip!

#### **December 8-10, 2026 Biltmore Estate, Asheville, NC**

Prices start at \$799 double occupancy

Looking for a festive holiday trip for 2026? Look no further. The Biltmore is a beautiful estate and village located in Asheville, NC. Christmas spirit everywhere with beautiful views, candlelight tours, wine tasting and more. Join us for this beautiful trip. This will fill up fast call or stop in to reserve your spot.



## **FITNESS & DANCE**

### **Chair Exercise**

Mondays, 10am, Free

Fridays, 1:30pm, Free

### **Zumba**

Mondays, 11:15am

Tuesdays, Wednesdays, and

Thursdays, 5:30pm, \$5 or 6 for \$25

### **Gentle Yoga**

Tuesdays, 10am, Free

### **Tai Chi** Wednesdays,

1:30pm, Free

### **Walk With Ease** Thursdays, 2pm, Free

### **Chair Volleyball**

1st, 4th & 5th Wednesdays, 10am, Free

Fridays, 12:30pm, Free

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## **TABLE GAMES**

**Billiards:** Daily from 8am–4pm

**Shanghai:** second Monday · 1pm

**Bridge:** Tuesdays · 12pm

**Euchre:** Wednesdays · 12pm

**Bingo:** Thursdays · 9:30am

**Hand & Foot Cards:** Thursdays · 1pm

**Spades:** Fridays · 12pm

## **OTHER WEEKLY ACTIVITIES**

### **Beginner Knitting**

Tuesdays, 12:30pm

### **“Knot Just Knitting”**

Tuesdays, 1pm

### **Quilting Group** 2nd and 3rd

Wednesdays 10am

**Stampin' Up** 1st Mondays, 6pm

## **BROUGHTON COMPUTER LAB**

Open to seniors Monday–Friday 8am–4pm closed on holidays.

Call the O'Neill Center for our schedule of upcoming computer classes.

We would like to say a special thank you to Peoples Bank for their donation bringing us new computers.



# ACTIVITIES

## Blood Pressure Checks

First Thursday 8:30am –  
Marietta Health Department  
Third Thursday 8:30am – Right at Home  
Fourth Thursday 8am –  
House Calls Home Health

## Book Club meeting

3rd Tuesday · 10am  
A wonderful group meets each month to discuss the book they have been reading. They have a new book monthly.

**January** *The Frozen River*

by Ariel Lawhon

**February** *Lessons in Chemistry* by

Bonnie Garmus

## The Senior Club Meeting/Luncheon

January 14th and February 11th at 11:00am  
Join the club on the second Wednesday of each month at 11am for a good time of fellowship and great food!

## Hearing Services

**January 8** Hearing Aid Cleaning

**February 12** Hearing Testing

Appointments available 11am – 1pm

This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

## Together In Healing

Last Monday of the Month · 10am  
Together in healing is a safe, welcoming space for individuals navigating grief, trauma, or emotional challenges. Though shared stories, mutual support, and compassionate connection, we come together to heal— one step at a time. Whether you're just beginning your journey or have been walking the path for some time, you are not alone. Here, healing happens together. This group is hosted by Cawley Hospice.

## Manicure & Pedicures

Tuesdays – Appointments start at 10am  
Sharon Graham has 30 plus years of experience with nail care. You may schedule one or both, all done in the privacy of our health room. Cost is \$18 for a manicure and \$35 for a pedicure. Call to schedule your appointment.

## Men's Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

## Painting with Joyce

January 5 & February 2 · 12:30pm

Join us this winter for some creative fun! In January, we'll capture a serene snowy village scene, and in February, a bright snowy cardinal will grace your canvas. Each class is \$28, and all supplies are provided.



January



February

## Mystery Book Club

*(Looking for individuals interested)*

Do you love reading mystery books but have no one to talk to about them? We're looking for individuals who share a passion for mystery novels and would enjoy getting together to discuss them. If this sounds like something you'd be interested in, please give us a call or stop by to let us know! If enough people express interest, we'll be starting a Mystery Book Club and we'd love for you to be a part of it! Call to show interest.

## Tai Chi

Tai Chi is offered at the O'Neill Center through AmeriCorps Seniors and is supported by the Arthritis Foundation. This program is designed to help seniors improve balance, flexibility, and manage pain through gentle exercise. Each week includes one class held at the O'Neill Center and one session to be completed at home. To learn more or find out when the next class begins, please call AmeriCorps Seniors at 740-373-3107.

## Men's Breakfast

1st Tuesday of every month · 9am  
A special time for the gentlemen to get together and enjoy each other's company, and enjoy a nice warm homemade breakfast. (January Men's Breakfast will be sponsored by Waterview Pointe).

## Dementia Support Group

January 9 & February 6 · 10am  
Hosted by Right at Home in partnership with Cawley Hospice who help families dealing with Alzheimer's or related dementia develop a support system, exchange information on challenges and possible solutions. Talk through issues you're having and teach you

ways of coping. You will also learn about community resources in the area that can help you.

## Digital Literacy Workshop

January 12 · February 9 · 1:30pm  
The National Council on Aging and AT&T invite senior centers and community-based organizations serving older adults to a new opportunity aimed at improving skills and confidence in using technology. Join us for two workshops aimed at helping you understand technology better. These will be presentation-based workshops followed up with office hours to get one on one personal help with technology.

## Card Making with Tammie

January 12 & February 16 · 1pm  
Turn a cozy day into a creative one! Join Tammie and learn to make your own cards to share with friends and family. Come create, connect, and enjoy— donations appreciated for this event. Call or stop by to get signed up.

## Bracelet and Keychain Making

January 7 · 1:30pm  
Doris, a local volunteer, is bringing her talent for making beautiful bracelets and keychains to share with us! Stop in and learn a new skill — it's going to be a blast! Sign up to reserve your spot.

## Supper from the Slow Cooker

January 9 · 12pm  
Calling all slow cooker fans! Dorothy is hosting a potluck—bring your favorite recipe to share, try something new, and collect recipes to keep your winter dinners cozy and tasty.

### **Tie Blankets**

January 16 · 2pm

Looking for a way to warm up this winter? Join us for a cozy crafting session! Sara from Marietta Heights will bring everything you need to make your own tie fleece blanket. Spots are limited, so be sure to reserve yours soon!

### **Cozy Winter Hangout**

January 21 · 12:30pm

Join us on this chilly day for warm drinks, tasty snacks, and great company! Escape the cold, relax, and enjoy cards, games and lively conversations with friends. Chrisy from Right at Home is bringing all of the goodies, call or stop in to sign up.

### **Living Connections**

January 26 · 1pm

Real People. Real Stories. Real Understanding.

Are you interested in meaningful conversations that break down barriers and build empathy? Living Connections is a space where people share their lived experiences – like checking out a human “book” – and invite honest, respectful dialogue. It’s a chance to connect, listen, and see the world through someone else’s eyes. If you are interested in a group like this, please give us a call!



### **Pizza Party Hangout**

January 28 · 12pm

Join Tricia from Continuing Health Care and Amber from Buckeye Hospice for a casual hangout filled with great company and plenty of pizza! This is a chance to relax, chat, and enjoy some tasty slices with friends. Whether you’re here to meet new people or just unwind after a busy week, everyone’s welcome. Come hungry and ready to have a good time!

### **Creative Writing Activity**

February 2 · 1pm

Join us for a creative writing workshop with Nicole, an experienced writer who’s excited to share her passion! Whether you’ve always wanted to write but don’t know where to start, or you’re simply looking to try something new, this is the perfect activity for you. Nicole will provide everything you need – including fun writing prompts – so just bring yourself and your imagination! Call or stop in to sign up.

### **Winter Snack Surprise**

February 13 · 1pm

Join us for a Winter Cooking Surprise with Becky! She’s back with more tasty treats, but she’s keeping her creations under wraps for now. Come find out what delicious dish she has in store this time! Don’t forget to sign up. Donations appreciated for this event.



### **Jeopardy**

February 18 · 1pm

Get ready to test your knowledge and have some fun with Jeopardy with Avere from Shriver’s Hospice! Join us for an exciting game filled with friendly competition, laughter, and plenty of “aha!” moments. Call or stop in to get signed up.



### **Utility Scams and Fraud**

February 23 · 1pm

How to Make Wise Energy Choices: Kathryn Metz from the Ohio Consumers’ Counsel will be discussing how you can save money on your monthly utility bills. She will explain why energy prices are rising, how to reduce our consumption through simple, at-home energy efficiency, and how to stay safe from scammers.

### **Chocolate Covered Strawberries**

February 25 · 1pm

Join us for a cozy afternoon of chocolate dipping fun! We’ll be covering strawberries in rich chocolate – and if strawberries aren’t your thing, don’t worry. There’ll be plenty of other treats to dip, like pretzels and more! Kyla from Waterview Point will bring the goodies, so just bring your sweet tooth. Don’t forget to sign up.

### **Alzheimer’s Association**

February 27 · 11am

Join us for a private, table-style session with Rene from the Alzheimer’s Association. This intimate gathering will focus on practical tips and strategies for communicating effectively with someone living with Alzheimer’s. Gain helpful insights, ask questions, and learn ways to create meaningful connections in a supportive environment.

### **Valentine’s Day Party**

February 4 · 12:30pm

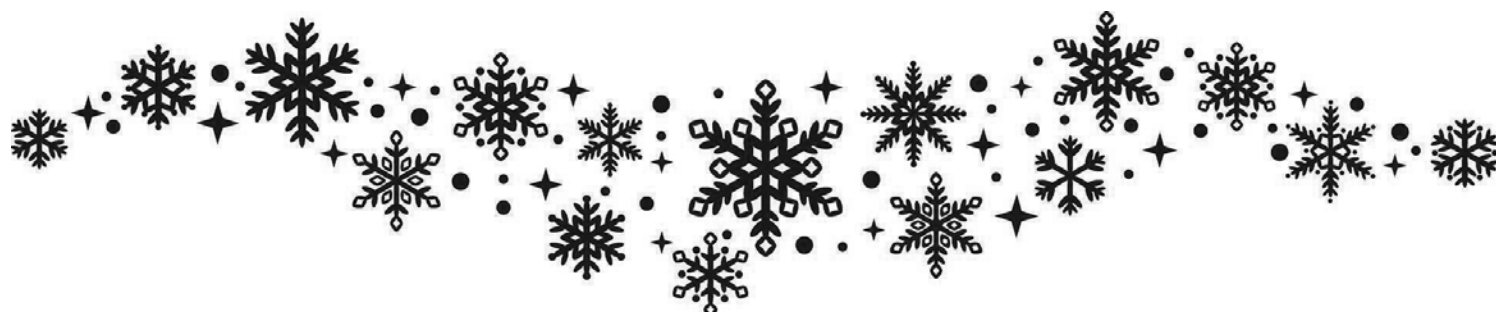
Celebrate Valentine’s Day with us! Enjoy an afternoon filled with fun activities and great company at our Valentine’s Day Party. Sara from Marietta Heights and Meredith from Cawley Hospice will be joining us and they always make the day extra special. Don’t forget to RSVP.

# JANUARY

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>  <b>CLOSED</b> <b>Happy New Year!</b>	<b>2</b>  <b>CLOSED</b> <b>Happy New Year!</b>
<b>5</b>  10:00 Chair Exercise  11:15 Zumba  12:30 Painting with Joyce  6:00 Stampin' Up	<b>6</b>  9:00 Men's Breakfast  10:00 Mani/Pedis  10:00 Gentle Yoga  12:00 Bridge  12:30 Beginner Knitting  1:00 Knot Just Knitting  5:30 Zumba	<b>7</b>  10:00 Chair Volleyball  12:00 Monthly B-day Party  12:00 Euchre  1:30 Tai Chi  1:30 Bracelet & Keychain Making  5:30 Zumba	<b>8</b>  9:30 Bingo  11:00 Hearing Services  1:00 Hand & Foot  2:00 Walk with Ease  5:30 Zumba	<b>9</b>  9:00 Men's Billiard Tournament  10:00 Dementia Support  12:00 Spades  12:00 Supper from the Slow Cooker  12:30 Chair Volleyball  1:30 Chair Exercise
<b>12</b>  10:00 Chair Exercise  11:15 Zumba  1:00 Card Making with Tammie  1:00 Shanghai  1:30 Digital Literacy Workshop	<b>13</b>  10:00 Gentle Yoga  10:00 Mani/Pedis  12:00 Bridge  12:30 Beginner Knitting  1:00 Knot Just Knitting  5:30 Zumba	<b>14</b>  10:00 Quilting Group  11:00 Senior Club Potluck/ Meeting  12:30 Euchre  1:30 Tai Chi  5:30 Zumba	<b>15</b>  8:30 Blood Pressure Checks  9:30 Bingo  1:00 Hand & Foot  2:00 Walk with Ease  5:30 Zumba	<b>16</b>  12:00 Spades  12:30 Chair Volleyball  1:30 Chair Exercise  2:00 Tie Blankets
<b>19</b>  <b>CLOSED</b>  <b>Martin Luther Jr. Day</b>	<b>20</b>  10:00 Book Club  10:00 Gentle Yoga  10:00 Mani/Pedis  12:00 Bridge  12:30 Beginner Knitting  1:00 Knot Just Knitting  5:30 Zumba	<b>21</b>  10:00 Quilting Group  12:00 Euchre  12:30 Cozy Winter Hangout  1:30 Tai Chi  5:30 Zumba	<b>22</b>  8:00 Blood Pressure Checks  9:30 Bingo  1:00 Hand & Foot  2:00 Walk with Ease  5:30 Zumba	<b>23</b>  12:00 Spades  12:30 Chair Volleyball  1:30 Chair Exercise
<b>26</b>  10:00 Chair Exercise  10:00 Together in Healing  11:15 Zumba  1:00 Living Connections	<b>27</b>  10:00 Gentle Yoga  10:00 Mani/Pedis  12:00 Bridge  12:30 Beginner Knitting  1:00 Knot Just Knitting  5:30 Zumba	<b>28</b>  10:00 Chair Volleyball  12:00 Euchre  12:00 Pizza Party Hangout  1:30 Tai Chi  5:30 Zumba	<b>29</b>  9:30 Bingo  1:00 Hand & Foot  2:00 Walk with Ease  5:30 Zumba	<b>30</b>  12:00 Spades  12:30 Chair Volleyball  1:30 Chair Exercise

# FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:00 Chair Exercise 11:15 Zumba 12:30 Painting with Joyce 1:00 Creative Writing Workshop 6:00 Stampin' Up	<b>3</b> 9:00 Men's Breakfast 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	<b>4</b> 10:00 Chair Volleyball 12:00 Monthly 8-day Party 12:00 Euchre 12:30 Valentine's Day Party 1:30 Tai Chi 5:30 Zumba	<b>5</b> 8:30 Blood Pressure, Blood Sugar Checks 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 2:00 Walk with Ease 5:30 Zumba	<b>6</b> 10:00 Dementia Support Group 12:00 Spades 12:30 Chair Volleyball 1:30 Chair Exercise
<b>9</b> 10:00 Chair Exercise 11:15 Zumba 1:00 Shanghai 1:30 Digital Literacy	<b>10</b> 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	<b>11</b> 10:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 12:30 Euchre 1:30 Tai Chi 5:30 Zumba	<b>12</b> 9:30 Bingo 11:00 Hearing Services 1:00 Hand & Foot 2:00 Walk with Ease 5:30 Zumba	<b>13</b> 9:00 Men's Billiard Tournament 12:00 Spades 1:00 Winter Snack Surprise with Becky 12:30 Chair Volleyball 1:30 Chair Exercise
<b>16</b> 10:00 Chair Exercise 11:15 Zumba 1:00 Card Making with Tammie	<b>17</b> 10:00 Book Club 10:00 Gentle Yoga 10:00 Mani/Pedis 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	<b>18</b> 10:00 Quilting Group 12:00 Euchre 1:00 Jeopardy 1:30 Tai Chi 5:30 Zumba	<b>19</b> 8:30 Blood Pressure Checks 9:30 Bingo 12:30 Chair Volleyball 1:00 Hand & Foot 2:00 Walk with Ease 5:30 Zumba	<b>20</b> 12:00 Spades 12:30 Chair Volleyball 1:30 Chair Exercise
<b>23</b> 10:00 Chair Exercise 10:00 Together in Healing 11:15 Zumba 1:00 Protecting Against Utility Scams	<b>24</b> 10:00 Mani/Pedis 10:00 Gentle Yoga 12:00 Bridge 12:30 Beginner Knitting 1:00 Knot Just Knitting 5:30 Zumba	<b>25</b> 10:00 Chair Volleyball 12:00 Euchre 1:00 Chocolate Covered Strawberries 1:30 Tai Chi 5:30 Zumba	<b>26</b> 8:00 Blood Pressure Checks 9:30 Bingo 1:00 Hand & Foot 2:00 Walk with Ease 5:30 Zumba	<b>27</b> 11:00 Alzheimer's Association 12:00 Spades 12:30 Chair Volleyball 1:30 Chair Exercise







Together with NCOA, AT&T offers virtual, self-paced courses to help adult learners build skills and confidence using technology. Courses and workshops are available in English and Spanish. The O'Neill Center is excited to offer these courses:

**Internet Basics** learn about search engines, the internet and how to navigate websites.

**Email Basics** learn how to set up an email account and how to use email (including how to compose, reply, forward and organize email).

**Cyber Security Basics** learn about account and password security, how to spot online scams and fraud, and tips to keep yourself and your information safe online.

**Computer Basics** learn the basics of using a PC (Windows 10) or a MAC (OS X) including navigating the desktop, creating and deleting files, and other common computing tasks.

**Tablet Basics** learn the features and functions of tablets and mobile devices (iOS and Android) and how to use and navigate apps.

**Video Conferencing** learn how to set up and participate with web conferencing tools for virtual connections.

**Call 740-373-3914 for more information or to register  
for one of more of the available workshops.**