

# December 2025

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Honey Mustard Chicken Harvest Vegetables Buttered Beets Banana Bread & Rice	2	Cheeseburger Cucumber Salad Asparagus Blend Peach Crisp Bun	3	Sausage Gravy Scrambled Egg Hashbrowns Tomato Juice Sliced Orange Biscuit	4	Meatloaf Au Gratin Potatoes Brussel Sprouts Pears w/ Jello Dinner Roll	5	Ravioli Autumn Blend Tossed Salad w/ Tomato Apple Crisp Breadstick
8	Turkey Pot Pie Green Beans Mandarin Oranges Biscuit	9	BBQ Chicken French Fries Creamed Spinach Fruit Salad Bun	10	Ham & Bean Soup Capri Vegetables Apple Crisp Cornbread	11	Swiss Steak Roasted Potatoes Mixed Vegetables Grapes Bread	12	<div>Choice Day</div> <div></div> <div>Swedish Meatballs Carrots &amp; Peas Tossed Salad w/ Tomato Cinnamon Peaches Bread <i>Or</i> Choice of Chef Salad</div>
15	Salisbury Steak Whipped Potatoes Broccoli Banana Dinner Roll	16	Smoked Sausage Mashed Potatoes Sauerkraut Fruit Juice Dinner Roll	17	Pimento Cheese Sandwich Tomato Soup Cole Slaw Apricots Bun & Crackers	18	Hamburger Stroganoff Lima Beans Tossed Salad w/ Tomato Applesauce Breadstick	19	Grilled Chicken Potatoes (Peppers & On- ion) Peas Fruit Cocktail w/ Jello Bread
22	Breakfast Sandwich (Scrambled Egg, Cheese & Sausage) Home Fries Tomato Juice Orange English Muffin	23	Glazed Ham w/ Pineapple Sweet Potato Casserole Green Bean Casserole Juice Apple Pie	24	Baked Steak Whipped Potatoes Malibu Vegetables Sliced Peaches Bread	25	<div></div> <div>Closed Holiday</div>	26	<div>Closed Holiday</div>
29	Baked Chicken Leg Whipped Potatoes Pacific Vegetables Pineapple Chunks Bread & Cookie	30	Sloppy Joe Hashbrown Casserole California Vegetables Fruit Parfait Bun	31	Chicken Tenders Baked Beans Cole Slaw Cherry Crisp Bread				

**\*\*Menu subject to change due to availability\*\***

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with choice of milk and bread.

### REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.