




# July 2025

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Grilled Chicken Au Gratin Potatoes California Vegetables Pears Bread	2 Chef Salad Tomatoes, Onion, Cucumber Strawberries Angel Food Cake Crackers	3 Smoked Sausage Mashed Potatoes Sauerkraut Fruit Parfait Dinner Roll	4 <u><i>Closed Holiday</i></u>
7 Taco Salad Lettuce & Tomato Refried Beans Mandarin Oranges Tortilla Chips	8 Chicken Patty w/ Mozzarella Italian Blend Banana Breadstick	9 Turkey Reuben Broccoli Soup Pickled Beets Grape Juice Bread	10 Salisbury Steak Carrots Mashed Potatoes Apple Crisp Bread	11 Meatloaf Scalloped Potatoes Succotash Apricots Bread
14 Hamburger Red Potatoes Malibu Blend Banana Bun	15 Meatball Sub Potato Wedge Green Beans Nectarine Bun	16 Turkey w/ Gravy Sweet Potatoes Capri Vegetables Grape Juice Bread	17 Pork BBQ Asparagus Blend Broccoli w/ Cheese Jello Fruit Cocktail Bun	18 Spinach Salad <u>Or</u> Chef Salad Boiled Egg Potato Soup Mandarin Oranges Crackers Fruit Muffin 
21 Hot Dogs w/ Cheese Potato Chips Carrots Sliced Apples Bun	22 Baked Chicken Leg Potato Salad Green Bean Blend Blueberry Crisp Dinner Roll	23 Cheeseburger Baked Beans Broccoli Salad Peaches Bun	24 Sweet & Sour Chicken Summer Blend Snow Peas Mandarin Oranges Rice Brownie	25 Sausage Gravy Scrambled Eggs Hashbrowns Fresh Oranges Grape Juice Biscuit
28 Baked Steak Mashed Potatoes Broccoli w/ Cheese Peach Bread	29 Ham & Cheese Sandwich Three Bean Salad Carrots Fruit Juice Crackers	30 Hamburger Gravy Mashed Potatoes Pacific Vegetables Diced Pears Bread	31 Meatballs Capri Vegetables Harvest Blend Fruit Juice Bread	

**\*\*Menu subject to change due to availability\*\***

Call by 8:00am for daily reservation or call our 24 hour  
Reservation line: Marietta 740-373-3455  
Beverly 740-984-4475 New Matamoras 740-865-2448  
All meals served with choice of milk and bread.

### REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.  
**SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS**