



April 2025

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
	1	Meatloaf w/ Gravy Diced Potatoes Malibu Vegetables Sliced Oranges Dinner Roll	2	Chicken Parmesan w/ Mozzarella Tossed Salad w/ Tomato Peaches Breadstick	3	Pork Chop w/ Gravy Scalloped Potatoes Carrot Coins Banana Dinner Roll	4	Choice Day  Cheeseburger <i>Or</i> Turkey Sandwich Baked Beans Cucumber Salad Strawberries Bun		
7		Cabbage Rolls w/ Tomato Sauce Hashbrowns Pacific Blend Grapes Bread	8	Chicken Cobb Salad Potato Soup Mandarin Oranges Muffin Cracker	9	Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread	10		Smoked Sausage Mashed Potatoes Sauerkraut Pineapple Bread	11
14		Honey Mustard Chicken Carrots Beets Fruit Fluff Salad Brown Rice	15	Spaghetti w/ Meatballs Italian Vegetables Cauliflower Pineapple Breadstick	16	Sausage Gravy Scrambled Egg Hashbrown Sliced Oranges Tomato Juice Biscuit	17	Shepards Pie Tossed Salad w/ Tomatoes Tropical Fruit Biscuit	18	Teriyaki Pork Chop Calico Slaw Brussel Sprouts Pears Brown Rice
21		Chicken & Noodle Mashed Potatoes California Vegetables Fruit Parfait Bread	22	Sliced Ham Vegetable Soup Potato Salad Mandarin Oranges Bun & Crackers	23	Chicken Tenders Sweet Potato Fries Creamed Corn Fruit Juice Bread	24	Baked Steak Mashed Potatoes Spring Vegetables Applesauce Bread	25	Choice Day  Hot Dog w/ Cheese <i>Or</i> Chef Salad Potato Chips Green Bean Blend Cherry Crisp Bun
28		Meatball Sub Succotash Carrots Grapes Bun	29	Sloppy Joe Red Potatoes w/ Pepper & Onion Summer Vegetables Pineapple Jello Bun	30	Baked Fried Chicken Baked Potato Broccoli w/ Cheese Pears Bread Cookie				

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoros 740-865-2448

All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS