

December 2024

WASHINGTON-MORGAN COMMUNITY ACTION
 SENIOR NUTRITION PROGRAM MENU *Washington County*
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Taco Salad Refried Beans Tropical Fruit Tortilla Chips	3	Pork Chop w/Gravy Au Gratin Potatoes Carrots Fruit Fluff Salad Bread Cookie	4	Sausage Gravy Scrambled Egg Hashbrowns Tomato Juice Oranges	5	Baked Steak Mashed Potatoes Broccoli w/ Cheese Peaches Bread	6	Turkey Tetrzzini <i>Or</i> Ham & Swiss Sandwich Green Beans Cauliflower Fruit Cup Bread
9	Beef Ravioli Autumn Blend Tossed Salad w/Tomato Blueberry Crisp Breadstick	10	Macaroni & Cheese Peas Stewed Tomato Fruit Jello Bread	11	Meatloaf Diced Potatoes w/ Pepper & Onion Brussel Sprouts Diced Pears Dinner Roll	12	Salisbury Steak Whipped Potatoes Carrot Coins Fruit Cup Dinner Roll	13	Honey Mustard Chicken Asparagus & Potatoes Buttered Beets Banana Rice Bread
16	Chicken Tenders Baked Beans Cole Slaw Cherry Crisp Bread	17	Shepards Pie Spinach Salad Cinnamon Apples Biscuit	18	Turkey & Cheese Sandwich Potato Soup Carrots Mandarin Oranges Bun & Crackers	19	Baked Chicken Hashbrown Casserole California Blend Fruit Parfait Bread	20	Pineapple Pork Chop <i>Or</i> Chef Salad Scalloped Potatoes Italian Blend Pineapple Bread
23	BBQ Pulled Pork French Fries Creamed Corn Apples Bun	24	Glazed Ham Sweet Potato Casserole Green Bean Casserole Grape Juice Apple Pie 	25	<u>Closed Holiday</u>	26	<u>Closed Holiday</u>	27	Ham & Bean Soup Capri Vegetables Apple Crisp Cornbread
30	Beef Stew Tossed Salad w/Tomato Applesauce Breadstick	31	Smoked Sausage Mashed Potatoes Sauerkraut Apricots Dinner Roll						

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455
 Beverly 740-984-4475 New Matamoros 740-865-2448
 All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS