



O'NEILL CENTER

September October 2024

HELPING AREA SENIORS LIVE HIP: HEALTHY, INDEPENDENT AND PRODUCTIVE



CARNIVAL

»» Chili Cook-Off
Extravaganza

NATIONAL
Senior Center
MONTH

ONEILLCENTER.COM



O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   

National Senior Center Month



Every September, communities across the country come together to celebrate National Senior Center Month. This month-long observance recognizes the invaluable role that senior centers play in enhancing the lives of older adults and their communities. Beyond the activities they offer, senior centers foster a sense of community and belonging. They provide opportunities for older adults to stay active, engaged, and connected with others, reducing isolation and loneliness. Many centers also provide access to resources such as health screenings, counseling services, and information on senior benefits.

The O'Neill Center is very fortunate to have a strong and dedicated Board of Trustees. Each member of the board serves on several committees and volunteers their time, talent and treasure to assure that O'Neill Center can meet the needs of the older adult population of Washington County.

- Mrs. Peggy Byers, Retired (President)
- Mrs. Margaret Webster, Retired (Vice President)
- Mrs. Elizabeth Silvus, Banker (Treasurer)
- Ms. Vicki Schawtz-McCoy, Retired (Secretary)
- Mrs. Ann Stewart, Retired RN (Past President)
- Mr. Marco Bryant, College Student
- Mr. Kris Justice, Attorney
- Mr. Tim Kern, Financial Advisor
- Mr. Mike Lorentz, Retired
- Ms. Laura Miller, Banking Professional
- Ms. Vicki Schwartz-McCoy, Retired
- Mr. Kirk Schultheis, Business Owner

Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

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TRIPS

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



Cincinnati Reds Game, September 5, 2024

\$185 per person

Enjoy an afternoon Reds game in the comfort of the Bally Sports Club shared space. This trip includes all-inclusive buffet with six different serving stations along with water, soft drinks and 2 beers per person with indoor and outdoor seating areas.

Ravenna Balloon A-Fair, September 21, 2024

\$69 per person

Join us as we take a trip to Ravenna Balloon A-fair! We will stop for lunch at Ferraro's Family Restaurant. After a delicious lunch, we arrive at the Balloon A-Fair! They will have all kinds of fun entertainment and food trucks for you to enjoy before the Balloon event kicks off the evening.

Air Force Museum, November 7, 2024

\$85 per person

Enjoy a full day of exploring! This wonderful day trip in honor of Veteran's Day includes touring the National Museum of the US Air Force, which is the official museum of the United States Air Force located at Wright-Patterson Air Force Base. This will be followed by a little pre-holiday excursion to see the infamous Dickens Village characters as you walk the streets of Cambridge before taking in the incredible holiday lights display with musical accompaniment at the Cambridge Courthouse. Participants should be prepared for periods of walking and standing. Lunch and dinner will be on your own.

Sunshine Bahama Cruise, March 16-22, 2025

Prices start at just \$1499 per person double occupancy and vary based on cabin selection

See glittering sands dotting the blue Atlantic as you travel through the Bahamas, enjoying sun-splashed seascape that offers idyllic tropical getaways for sailing, snorkeling, fishing, strolling or swimming in crystalline turquoise seas. The itinerary will offer two fun days at sea as you visit Bimini which offers uniquely chill time in this beautiful island chain. Breathtaking local beauty allows for a relaxed day of fun. Guests will also visit Nassau and Freeport where carriage rides, glass-bottom boat tours, entertainment and shopping for duty-free gifts and mementos. Motor coach transportation is included to the port of Norfolk, VA. Also included are all shipboard meals, taxes and port charges. An additional \$50 onboard credit will be available and can be used towards gratuities. Passports are required for this trip and travel protection is encouraged.



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free
Fridays, 2:30pm, Free

Zumba

Mondays, 11:30am
Tuesdays, Wednesdays, and
Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Chair Volleyball

1st & 4th Wednesdays, 10am, Free
Fridays, 1:30pm, Free

Beginner Tai Chi Wednesdays,
1:30pm, Free

Advanced Tai Chi Wednesdays,
2pm, Free



Friday
Afternoon
at the Movies

Call to see what we will be playing.

BBQ with Entertainment by Roy Clark, Jr and Band

Don't miss out on our upcoming deliciously entertaining event! Grab your friends and family, and come hungry for BBQ and be ready to enjoy some top-notch country tunes by Roy Clark, Jr and band. The sounds will be similar to those of his legendary father which many of us enjoyed over the years. Tickets will be available by October as this event is planning for Friday, November 1st! We can't wait to see you there!

ACTIVITIES

BROUGHTON COMPUTER LAB

Open to seniors

Monday–Friday 8am–4pm

Closed on holidays.

Call the O’Neill Center for schedule of upcoming computer classes.

TABLE GAMES

Billiards: Daily from 8am–4pm

Bridge: Tuesdays · 1pm

Euchre: Wednesdays · 1pm

Bingo: Thursdays · 9:30am

Hand & Foot Cards:

Thursdays · 1pm

Blood Pressure/Blood Sugar Screenings

By Marietta City Health Department
September 5 & October 3 · 8am

Book Club Meeting

3rd Tuesday · 10am

Led by volunteer, Barb Wainwright

Sept. 17: *The Heaven & Earth Grocery Store* by James McBride

Oct. 15: *Lady Tan’s Circle of Women*

by Lisa See

The Senior Club Meeting/Luncheon

September 11 & October 9 · 11am

Join us on the second Wednesday of each month at 11am for a good time!

Hearing Services

September 3 – Hearing Aid Cleaning

October 1 – Hearing Testing

Appts 12–2pm

This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Manicure & Pedicures

2nd & 4th Tuesdays · Appts start at 10am

Sharon Graham has 30 plus years

of experience with nail care. Call to

schedule one or both—all done in the

privacy of our health room. \$18 for a

manicure and \$35 for a pedicure.

Grief & Mourning Support Group for All Losses

September 30 & October 28 · 3pm

Now is the time to find healing, hope,

and peace. This Grief Support group is

Sponsored by Buckeye Hospice, and led

by Pastor Donald Brooks. Call to register.

Men’s Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Men’s Breakfast

1st Tuesday of every month 9am

A special time for the gentlemen to get together and enjoy each other’s company, and enjoy a great breakfast.

Dementia Support Group

1st Friday of every month · 10am

Join Maggie Whittaker from Shriver’s

Hospice who helps families dealing

with Alzheimer’s develop a support

system, exchange information on

challenges and possible solutions. Talk

through issues you’re having and teach

you ways of coping. You will also learn

about community resources that can

help you.

Cooking With Becky

September 9 · 1pm

Whether you’re a seasoned baker or a

novice in the kitchen, mug cakes are

the ultimate solution for a quick and

delightful treat. In today’s fast-paced

world, indulging in a homemade

dessert might seem like a luxury

reserved for special occasions. So,

bring your own mug and let’s learn

how to make these delectable treats. A

\$5 donation is requested to help cover

cost of groceries. Call to save a spot for

this tasty treat.

Salt Substitutions

September 10 · 10:30am

Sarah Layton with OSU Extension is

back to talk salt intake and subbing with

herbs and spices. Join us!

Dried Flower Bouquets

September 17 · 2pm

Come join Ashley Pape to make your

own beautiful dried flower arrangement.

Choose from a variety of flowers and

foliage such as roses, lavender, baby’s

breath, eucalyptus, or hydrangeas. You

can also experiment with wildflowers

or herbs like thyme and sage. Call to

register as class size is limited.

Carnival

September 23 · 2pm

From classic carnival games like ring

toss and balloon darts to challenging

other games, there will be no shortage

of opportunities to test one’s skills and

win fantastic prizes. Participants will

be eagerly lined up to try their luck

and showcase their talents, creating a

friendly and competitive spirit among

attendees. Sign up and join the fun!

Cooking With Dennis

September 26 · 1:00pm

Chef Dennis from Waterview Pointe

will be joining us to cook or bake some

delicious recipes— anything from

scrumptious desserts to single course

foods. You’ll learn new recipes to try at

home for yourself or to make for your

families. This will also be a great way to

expand your palate and try foods you

may have never had before. Please call

to register.

Table Décor Craft

September 27 · 2pm

Emily has all things fall planned for

this table centerpiece. Join her as you

put together the perfect décor for your

home. A \$5 donation is appreciated to

cover cost. Call today to get added to

the list.

Pumpkin Painting

October 1 · 1:30pm

As the vibrant colors of autumn begin to

paint the world around us, we invite you

to join us for a festive Pumpkin Painting

Party! It’s a wonderful opportunity to

gather together, unleash our creativity,

and celebrate the season in a fun and

artistic way with Michelle Kiefer. Call to

register as class size is limited.





SEPTEMBER

Painting with Joyce

September 9 & October 7 · 12:30pm

Come and paint these two incredible paintings in an easy step-by-step process with Joyce. The lighthouse painting is in September and the beautiful covered bridge will be in October. Any level of painter can come and enjoy this class. The cost of the class will be \$28 and payment must be made in advance. All supplies will be provided. Call to register.



OCTOBER

Chili Cook-Off Extravaganza

October 7 · 1pm

Calling all chili enthusiasts and food connoisseurs! Get ready to savor the flavors and feel the heat at our Chili Cook-Off Extravaganza! It's time to dust off those secret family recipes, fire up the stovetop, plug in that crock pot and bring your best chili game to the table. Chef Dennis and Kyla from Waterview Pointe will be our judges to see who will be crowned The Chili Connoisseur Extraordinaire. Call to register!

Talk with a Doc

October 10 · 2pm

Join us as Dr. Cawley talks about Breast Cancer Awareness month. Breast cancer is not just a medical condition; it's a journey that touches the lives of millions of women worldwide. Beyond its physical toll, breast cancer challenges individuals emotionally, socially, and economically. However, amidst the adversity, there is strength, resilience, and hope. Breast Cancer Awareness Month, observed globally in October, serves as a poignant reminder of the importance of education, early detection, and support for those affected by this disease.

Planning for the Future

October 11 · 11:am

Matthew D Scott, Attorney and Owner of MDS Law, is joining us to give an informative speech about planning

options. Matt will be discussing Estate Planning, Long-Term Care and Medicaid Planning and Elder Law. Are you prepared for the future? Call to register.

Sweet Apple Soirée

October 17 · 2pm

No sweet apple soirée would be complete without a decadent dessert spread. Picture tables adorned with apple pies, caramel-dipped apples, apple crumbles, and delicate apple tarts. Tempting guests with their sweet aromas and flavors. Come join Emily as she teaches us how to make a simple applesauce to enjoy and take home. A \$5 donation is appreciated to cover costs. Call to get registered for this delicious program.

Diamond Painting

October 18 · 10am

It's back! Create a beautiful piece for you or to give as a gift. You may choose from a variety of projects from bookmarks to actual paintings suitable for framing. Cost varies according to the piece that you choose. Call to register.

Fall Planting

October 21 · 1:30pm

Just because it is getting colder, it does not mean you need to give up on your garden! Come and listen to Marcus from OSU extension office as he teaches us the ins and outs of fall planting! Call to register for an informative class.

DIY Scarecrows

October 24 · 2pm

Come help Tricia Mumaw in creating a scarecrow to help decorate the center for the season! Team up in groups to see who creates the most unique Scarecrow! Call to register as class size is limited.

Table Craft Décor

October 25 · 2pm

Join Emily as she helps you prepare for Thanksgiving with this adorable centerpiece for your table. A \$5 donation is appreciated to help cover the cost. Call to get added to the list today.

Spooktacular Halloween Bash

October 28 · 2pm


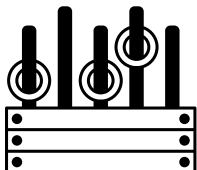
Ghosts, Goblins, and Witches alike descended upon the O'Neill Center's haunted mansion for the most chilling: Halloween Bash of 2024! From eerie decorations to spine-tingling treats, every corner will be transformed into a haven for all things spooky. Call to join in on some spooktacular fun!

Puzzle Swap


October 31 · 1:30pm

Puzzle swaps are not only about exchanging puzzles but also about connecting with others who share your hobby and enjoying the process of solving new challenges. So, bring in a puzzle to share with others and take a new one home to try, Happy swapping!

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED for Labor Day 	3 9:00 Men's Breakfast 10:00 Gentle Yoga 12:00 Hearing Aid Cleaning 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	4 10:00 Chair Volleyball 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	5 8:00 Blood Pressure Screening 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	6 10:00 Dementia Support Group 1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise
9 10:00 Chair Exercise 11:30 Zumba 12:30 Painting with Joyce 1:00 Cooking with Becky	10 10:00 Manis/Pedis 10:00 Gentle Yoga 10:30 Salt Substitutions 1:00 Knot Just Knitting 1:00 Bridge 5:30 Zumba	11 9:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	12 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	13 9:00 Men's Billiard Tournament 1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise
16 10:00 Chair Exercise 11:30 Zumba	17 10:00 Book Club 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Knot Just Knitting 2:00 Dried Flower Bouquets 5:30 Zumba	18 9:00 Quilting Group 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	19 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	20 1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise
23 10:00 Chair Exercise 11:30 Zumba 2:00 Carnival	24 10:00 Manis/Pedis 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	25 10:00 Chair Volleyball 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	26 9:30 Bingo 1:00 Hand & Foot 1:00 Cooking with Dennis 5:30 Zumba	27 1:00 Movie 1:30 Chair Volleyball 2:00 Table Décor Craft 2:30 Chair Exercise
30 10:00 Chair Exercise 11:30 Zumba 3:00 Grief & Mourning Support Group	Carnival September 23 · 2pm From classic carnival games like ring toss and balloon darts to challenging other games, there will be no shortage of opportunities to test one's skills and win fantastic prizes. Participants will be eagerly lined up to try their luck and showcase their talents, creating a friendly and competitive spirit among attendees. Sign up and join the fun! 			

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Table Craft Décor October 25 · 2pm Thanksgiving centerpiece</p> 	<p>1</p> <p>9:00 Men's Breakfast</p> <p>10:00 Gentle Yoga</p> <p>12:00 Hearing Tests</p> <p>1:00 Knot Just Knitting</p> <p>1:00 Bridge</p> <p>1:30 Pumpkin Painting</p> <p>5:30 Zumba</p>	<p>2</p> <p>10:00 Chair Volleyball</p> <p>1:00 Euchre</p> <p>1:30 Beginner Tai Chi</p> <p>2:00 Advanced Tai Chi</p> <p>5:30 Zumba</p>	<p>3</p> <p>8:00 Blood Pressure/Blood Sugar Screening</p> <p>9:00 Men's Billiard Tournament</p> <p>9:30 Bingo</p> <p>1:00 Hand & Foot</p> <p>5:30 Zumba</p>	<p>4</p> <p>10:00 Dementia Support Group</p> <p>1:00 Movie</p> <p>1:30 Chair Volleyball</p> <p>2:30 Chair Exercise</p>
<p>7</p> <p>10:00 Chair Exercise</p> <p>11:30 Zumba</p> <p>12:30 Painting with Joyce</p> <p>1:00 Chili Cook-Off</p> <p>6:00 Stampin' Up</p>	<p>8</p> <p>10:00 Manis/Pedis</p> <p>10:00 Gentle Yoga</p> <p>1:00 Bridge</p> <p>1:00 Knot Just Knitting</p> <p>5:30 Zumba</p>	<p>9</p> <p>9:00 Quilting Group</p> <p>11:00 Senior Club Potluck/ Meeting</p> <p>1:00 Euchre</p> <p>1:30 Beginner Tai Chi</p> <p>2:00 Advanced Tai Chi</p> <p>5:30 Zumba</p>	<p>10</p> <p>9:30 Bingo</p> <p>1:00 Hand & Foot</p> <p>2:00 Talk with a Doc</p> <p>5:30 Zumba</p>	<p>11</p> <p>9:00 Men's Billiard Tournament</p> <p>11:00 Planning for the Future</p> <p>1:00 Movie</p> <p>1:30 Chair Volleyball</p> <p>2:30 Chair Exercise</p>
<p>14</p> <p>10:00 Chair Exercise</p> <p>11:30 Zumba</p>	<p>15</p> <p>10:00 Book Club</p> <p>10:00 Gentle Yoga</p> <p>10:00 Manis/Pedis</p> <p>1:00 Bridge</p> <p>1:00 Knot Just Knitting</p> <p>5:30 Zumba</p>	<p>16</p> <p>9:00 Quilting Group</p> <p>1:00 Euchre</p> <p>1:30 Beginner Tai Chi</p> <p>2:00 Advanced Tai Chi</p> <p>5:30 Zumba</p>	<p>17</p> <p>9:30 Bingo</p> <p>1:00 Hand & Foot</p> <p>2:00 Sweet Apple Soiree</p> <p>5:30 Zumba</p>	<p>18</p> <p>10:00 Diamond Painting</p> <p>1:00 Movie</p> <p>1:30 Chair Volleyball</p> <p>2:30 Chair Exercise</p>
<p>21</p> <p>10:00 Chair Exercise</p> <p>11:30 Zumba</p> <p>1:30 Fall Planting</p>	<p>22</p> <p>10:00 Manis/Pedis</p> <p>10:00 Gentle Yoga</p> <p>1:00 Bridge</p> <p>1:00 Knot Just Knitting</p> <p>5:30 Zumba</p>	<p>23</p> <p>10:00 Chair Volleyball</p> <p>1:00 Euchre</p> <p>1:30 Beginner Tai Chi</p> <p>2:00 Advanced Tai Chi</p> <p>5:30 Zumba</p>	<p>24</p> <p>9:30 Bingo</p> <p>1:00 Hand & Foot</p> <p>2:00 DIY Scarecrow</p> <p>5:30 Zumba</p>	<p>25</p> <p>1:00 Movie</p> <p>1:30 Chair Volleyball</p> <p>2:00 Table Décor Craft</p> <p>2:30 Chair Exercise</p>
<p>28</p> <p>10:00 Chair Exercise</p> <p>11:30 Zumba</p> <p>2:00 Spooktacular Halloween Bash</p> <p>3:00 Grief & Mourning Support Group</p>	<p>29</p> <p>10:00 Gentle Yoga</p> <p>1:00 Bridge</p> <p>1:00 Knot Just Knitting</p> <p>5:30 Zumba</p>	<p>30</p> <p>10:00 Chair Volleyball</p> <p>1:00 Euchre</p> <p>1:30 Beginner Tai Chi</p> <p>2:00 Advanced Tai Chi</p> <p>5:30 Zumba</p>	<p>31</p> <p>9:30 Bingo</p> <p>1:00 Hand & Foot</p> <p>1:30 Puzzle Swap</p> <p>5:30 Zumba</p>	<p>Spooktacular Halloween Bash October 28 · 2pm From eerie decorations to spine-tingling treats, every corner will be transformed into a haven for all things spooky.</p>



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Marietta, OH 45750

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Change Service Requested

CHILI COOK-OFF EXTRAVAGANZA!

OCTOBER 7 AT 1PM

Welcome one and all to a most anticipated culinary showdown!

Get ready to embark on a tantalizing journey of flavors, aromas, and friendly competition as our top chili connoisseurs battle it out for the prestigious title of Chili Champion. Whether you're a seasoned chili aficionado or a newcomer to the world of spicy delights, there's something for everyone at this sizzling event. Dennis and Kyla from Waterview Pointe will be the judges choosing the winner!

Enter your recipe and maybe you will walk away with this year's bragging rights! Of course, taste testers are needed too! Call today to get signed up!

