




# August 2024

WASHINGTON-MORGAN COMMUNITY ACTION  
 SENIOR NUTRITION PROGRAM MENU *Washington County*  
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
										
				1	Meatballs w/ Mozzarella Potato Wedges Italian Vegetables Peaches Bun			2	Chicken Sandwich Roasted Potatoes Creamed Corn Fruit Juice Bun	
5	Sweet & Sour Chicken Stir Fry Vegetables Pickled Beets Sliced Apple Crackers Brownie	6	Glazed Pork Chops Scalloped Potatoes Asparagus Mandarin Oranges Dinner Roll	7	Hotdog w/Cheese Home Fries Snow Peas Banana Bun	8	Sweet & Sour Chicken Stir Fry Vegetables Pickled Beets Apple Bread	 Choice Day	9	Cheeseburger <i>Or</i> Corndog Baked Beans Cole Slaw Cherry Crisp Bun
12	Smoked Sausage Mashed Potatoes Sauerkraut Fruit Juice Bread	13	Sloppy Joe Baked Potato Broccoli w/Cheese Applesauce Bun	14	BBQ Chicken Au Gratin Potatoes California Vegetables Fruit Parfait Bread Vanilla Wafers	15	Hamburger Baked Beans Potato Salad Apple Crisp Bun		16	Sausage Links Scrambled Eggs Hashbrowns Orange Slices Tomato Juice French Toast
19	Macaroni & Cheese Red Potatoes Stewed Tomatoes Diced Pears Bread	20	Spaghetti w/ Meatballs Lima Beans Green Beans Pineapple Bread	21	Grilled Chicken Salad Boiled Egg Tomato & Cucumber Fresh Fruit Cup Crackers Breadstick	22	Baked Steak Mashed Potatoes Broccoli Melon Chunks Dinner Roll	23	Chicken Patty Sweet Potato Fries Broccoli Slaw Peach Crisp Bun	
26	Taco Salad Lettuce & Tomato Refried Beans Tropical Fruit Tortilla Chips	27	Turkey w/ Gravy Sweet Potatoes Capri Vegetables Banana Bread	28	Meatloaf Baby Bakers Green Beans Grape Juice Dinner Roll	29	Baked Chicken Pea Salad Red Potatoes Blueberry Crisp Bread	 Choice Day  <i>Or</i> Choice of Chef Salad	30	Turkey Reuben Broccoli Soup Cole Slaw Grapes Bread <i>Or</i> Choice of Chef Salad

**\*\*Menu subject to change due to availability\*\***

Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455  
 Beverly 740-984-4475 New Matamoras 740-865-2448  
 All meals served with choice of milk and bread.

**REMINDER HDM CLIENTS:**

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.  
**SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS**