

Ice Cream Social

Explore the
**Air Force
MUSEUM**





O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   

A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

Quarter Auction Fundraiser

Friday, August 9

Doors open at 5pm

Auction begins at 6pm



Join us for our annual Quarter Auction Fundraiser on Friday, August 9th! Every quarter raised will benefit O'Neill's services. A Quarter Auction can best be described as an auction meets raffle, a fun night out with friends and a way to win great items for a low cost (all while supporting a great cause)! One purchased ticket will provide you with a number to use for bidding. There will be a variety of auction items up for grabs donated by members of our community! Just remember, only QUARTERS may be used for bidding, so be sure to bring plenty! Refreshments and 50/50 tickets will also be sold!

Tickets for the event are available at the O'Neill Center and Belpre Senior Center for only \$5! Be sure to purchase tickets in advance, as only a limited amount will be sold!

Did you know there are over 2.8 million individuals over the age of 60 residing in the state of Ohio? Ohio is experiencing a large growth in the 60 and over population. There is an expected 33% increase by 2030.

In our community alone, over 2,000 seniors connected with the O'Neill Center last year, engaging in services and programs to live HIP: Healthy, Independent and Productive lives!

Breaking these numbers down further, 96 individuals spent a day in our Adult Day Center, 59 individuals received in-home Living Assistance services, 668 individuals received Information and Referral services, 229 individuals utilized our medical transportation services, and 1405 individuals attended Life Enrichment activities at the O'Neill Center and Belpre Senior Center. All of these services and programs are a vital part to our community and those aged 60 and over.

Join us in continuing to help seniors live HIP: Healthy, Independent and Productive lives. Seniors are counting on our support, yet we can't do it alone!

TRIPS

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



Ohio State Fair, July 30, 2024

\$60 per person

Travel with O'Neill and spend Senior Day at the fair! Enjoy the air-conditioned Celeste Building for a free concert by an Eagles Tribute band, dine in the air-conditioned Ohio Food court, and walk among the rides and exhibits. Don't forget to stop at the Dept of Natural Resource to take in their show.

Ravenna Balloon A-Fair, September 21, 2024

\$69 per person

Join us as we take a trip to Ravenna Balloon A-fair! We will stop for lunch at Ferraro's Family Restaurant. After a delicious lunch, we arrive at the Balloon A-Fair! They will have all kinds of fun entertainment and food trucks for you to enjoy before the Balloon event kicks off the evening.

Air Force Museum, November 7, 2024

\$85 per person

Enjoy a full day of exploring! This wonderful day trip in honor of Veteran's Day includes touring the National Museum of the US Air Force, which is the official museum of the United States Air Force located at Wright-Patterson Air Force Base. This will be followed by a little pre-holiday excursion to see the infamous Dickens Village characters as you walk the streets of Cambridge before taking in the incredible holiday lights display with musical accompaniment at the Cambridge Courthouse. Participants should be prepared for periods of walking and standing. Lunch and dinner will be on your own.

Sunshine Bahama Cruise, March 16-22, 2025

Prices start at just \$1499 per person double occupancy and vary based on cabin selection

See glittering sands dotting the blue Atlantic as you travel through the Bahamas, enjoying sun-splashed seascape that offers idyllic tropical getaways for sailing, snorkeling, fishing, strolling or swimming in crystalline turquoise seas. The itinerary will offer two fun days at sea as you visit Bimini which offers uniquely chill time in this beautiful island chain. Breathtaking local beauty allows for a relaxed day of fun. Guests will also visit Nassau and Freeport where carriage rides, glass-bottom boat tours, entertainment and shopping for duty-free gifts and mementos. Motor coach transportation is included to the port of Norfolk, VA. Also included are all shipboard meals, taxes and port charges. An additional \$50 onboard credit will be available and can be used towards gratuities. Passports are required for this trip and travel protection is encouraged.



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free

Fridays, 2:30pm (Most Fridays)

Zumba

Mondays, 11:30am

Tuesdays, Wednesdays, and

Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Chair Volleyball

1st & 4th Wednesdays, 10am, Free

Fridays, 1:30pm (Most Fridays)

Beginner Tai Chi Wednesdays,

1:30pm, Free

Advanced Tai Chi Wednesdays,

2pm, Free



Friday
Afternoon
at the Movies

Rivers Casino Pittsburgh, PA **August date to be announced**

\$75 per person

Join us for a day trip to Pittsburgh where we will be stopping for brunch on your own at Cracker Barrel then off to the Rivers Casino. Call now to reserve your spot as seats are filling fast.

Cincinnati Reds Game, Sept. 5

Enjoy an afternoon Reds game in the comfort of the Bally Sports Club shared space. Includes all-inclusive buffet with six different serving stations along with water, soft drinks and 2 beers per person with indoor and outdoor seating areas. Call for details!

ACTIVITIES

BROUGHTON COMPUTER LAB

Open to seniors
Monday–Friday 8am–4pm
Closed on holidays.
Call the O’Neill Center for schedule of upcoming computer classes.

TABLE GAMES

Billiards: Daily from 8am–4pm

Bridge: Tuesdays · 1pm

Euchre: Wednesdays · 1pm

Bingo: Thursdays · 9:30am

Hand & Foot Cards:

Thursdays · 1pm

Men’s Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Blood Pressure Screening

By Housecalls Home Health
July 18 & August 15 · 8am

Blood Pressure/Blood Sugar Screenings

By Marietta City Health Department
August 1 · 8:30am

Book Club Meeting

3rd Tuesday · 10am

Led by volunteer, Barb Wainwright

July 16: *Hang the Moon*

by Jenette Walls

August 20: *Lady Tan’s Circle of Women*

by Lisa See

The Senior Club Meeting/Luncheon

July 10 & August 7 · 11am

Join us on the second Wednesday of each month at 11am for a good time!

Hearing Services

July 2 – Hearing Aid Cleaning

August 6 – Hearing Testing

Appts 12–2pm

This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Manicure & Pedicures

2nd & 4th Tuesdays · Appts start at 10am

Sharon Graham has 30 plus years of experience with nail care. Call to schedule one or both—all done in the privacy of our health room. \$16 for a manicure and \$33 for a pedicure.

Grief & Mourning Support Group for All Losses

July 29 & August 26 · 3:00pm

Now is the time to find healing, hope, and peace. This Grief Support group is Sponsored by Buckeye Hospice, and led by Pastor Donald Brooks. Call to register.

Men’s Breakfast

1st Tuesday of every month 9am

A special time for the gentlemen to get together and enjoy each other’s company, and enjoy a great breakfast.

Dementia Support Group

1st Friday of every month · 10am

Join Maggie Whittaker from Shriver’s Hospice who helps families dealing with Alzheimer’s develop a support system, exchange information on challenges and possible solutions. Talk through issues you’re having and teach you ways of coping. You will also learn about community resources in the area that can help you.

DIY 4th of July Cookies

July 3 · 1:30pm

Come and join Ashley Pape from Shriver’s Hospice and decorate cookies for your 4th of July party! Come have fun, decorate cookies, and leave the mess to us! You will get a dozen cookies to decorate and take home. Limited spots available! Call and register today.



Table Décor Craft

July 8 · 1pm

Come join Emily for another craft class! Paint a bird house to match the décor of your home! We have all different shapes and sizes. Donations to offset costs are appreciated. Call to register as class size is limited.

Humane Society Visit

July 12 · 1:30pm

The Humane Society of the Ohio Valley is bringing in some cats and dogs to snuggle! They are coming to show us who is up for adoption. You may find the pet you never knew you needed! Call to sign up for a fun afternoon.

National Clean Beauty Day

July 15 · 1pm

Tina Henniger, owner of Peace, Love, Beautiful Medical Aesthetics will be here to teach the importance of skincare as we age. Self-care is important at all ages! Make sure to call and sign up for this informative session.



Christmas in July

July 19 · 12pm

Think cool thoughts in the heat of the summer and join us for a Christmas in July Spectacular! There will be fun games along with door prizes. Call to reserve your spot as space is limited!

Planning for the Future

July 22 · 2pm

Legal Aid of Southeast Ohio and Washington County Adult Protective Services are teaming up to deliver a program on estate/advance planning tips for older adults. Find out more about simple wills, durable powers of attorney, health care directives and transfer of death affidavits for real estate. Plan to attend and learn valuable information!

Talk with a Doc

July 26 · 2:30pm

Leaving hearing loss untreated can lead to a number of other health issues. Audiology Services of West Virginia will be joining us for lunch and a discussion on the impact of leaving hearing loss untreated. Call to register as space is limited.

Picture Sharing Day

July 29 · 12:30pm

Bring your favorite pictures that brings the most memories. We'll be sharing the pictures and hearing your memories! We'll be providing frames for everyone to choose from and make the memories even more special. Donations to cover costs are appreciated. Call to register as space is limited.

Ice Cream Social

August 5 · 12:30pm

Scoop up some smiles and sprinkle on the joy! Join us for an Ice Cream Social! There's no better way to beat the summer heat than enjoying some ice cream. Tricia Mumaw is joining us so make sure to stop in and say hi and grab some ice cream!

Table Décor Craft Round 4

August 23 · 1:30pm

Emily is teaching another table décor craft class. This month's décor is family themed. HOME SWEET HOME! A \$5 donation will cover the cost for the decorations. Call to sign up as space is limited.



Senior Summer Camp

August 5-9 · 10am-12pm

Join in for a week of Summer Camp activities. This unique experience will be first come, first serve and space is limited. \$125 will cover the entire week of lunches, entrance fees and transportation. We are sorry yet due to the limited spaces, individual day passes are not available. Please be aware that each trip will entail a lot of walking so wear comfortable shoes! Register now for this exciting summer camp!

August 5 - Broughton's Nature and Wildlife Refuge Join in on a nature walk at Broughton's Nature and Wildlife Refuge along with a picnic style lunch.

August 6 - Washington County Historical Society Sit down and dig through the thousands of pictures and documents about the history of Marietta and the surrounding towns. Lunch will be at the House of Wines

August 7 - Campus Martius Museum

Take a tour of the incredible Campus Martius museum that holds so much of Marietta's history along with a tour of the Rufus Putnam House. After the tour, enjoy lunch with us at the Historical Lafayette Hotel.

August 8 - Sewah Studios Come and take a tour of the Studio where all of the Historical markers that you find scattered all around not only our town but all of Ohio as well. After this tour, enjoy lunch with us at Huck's Market. The Studio we are touring will have some tight spaces to navigate.

August 9 - Marietta College Planetarium Let's take a deep dive into space! Join us in visiting a local planetarium and seeing the incredible night sky! After this visit, join us at the center for light snacks and refreshments along with a recap of the past week's adventures.



JULY



AUGUST

Painting with Joyce

July 8 and August 5 · 12:30pm



Bring a friend and come paint some amazing pictures with Joyce Fogle. Come and paint this adorable cow in July and birds on branch in August. Joyce will give you step-by-step instructions on how to paint the pictures shown here. Any level of experience can come enjoy this class. The cost of the class will be \$28 and payment must be made in advance. All supplies will be provided. Call to register.

Knot Just Knitting


Tuesdays · 1pm

Bring your knitting, crocheting or embroidering you are working on to share with this group.

JULY

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:00 Chair Exercise 11:30 Zumba 6:00 Stampin' Up	2 9:00 Men's Breakfast 10:00 Gentle Yoga 12:00 Hearing Aid Cleaning 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	3 12:00 Monthly B-day Party 1:00 Euchre 1:30 Beginner Tai Chi 1:30 DIY 4th of July Cookies 2:00 Advanced Tai Chi 5:30 Zumba	4 CLOSED for Independence Day 	5 10:00 Dementia Support Group 1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise
8 10:00 Chair Exercise 11:30 Zumba 12:30 Painting with Joyce 1:00 Table Decor Craft	9 10:00 Manis/Pedis 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	10 9:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	11 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	12 9:00 Men's Billiard Tournament 1:00 Movie 1:30 Humane Society Visit
15 10:00 Chair Exercise 11:30 Zumba 1:00 National Clean Beauty Day	16 10:00 Book Club 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	17 9:00 Quilting Group 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	18 8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	19 12:00 Christmas in July 1:00 Movie
22 10:00 Chair Exercise 11:30 Zumba 2:00 Planning for the Future	23 10:00 Manis/Pedis 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	24 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	25 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	26 1:00 Movie 2:30 Lunch with a Doc 1:30 Chair Volleyball 2:30 Chair Exercise
29 10:00 Chair Exercise 11:30 Zumba 12:30 Picture Sharing Day 3:00 Grief & Mourning Support Group	30 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba	31 10:00 Chair Volleyball 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba	Humane Society Visit July 12 · 1:30pm The Humane Society of the Ohio Valley is bringing in some cats and dogs to snuggle! They are coming to show us who is up for adoption. You may find the pet you never knew you needed! Call to sign up for a fun afternoon. 	

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Ice Cream Social August 5 - 12:30pm Scoop up some smiles and sprinkle on the joy! Join us for an Ice Cream Social! There's no better way to beat the summer heat than enjoying some ice cream. Tricia Mumaw is joining us so make sure to stop in and say hi and grab some ice cream!</p>		<p>1</p> <p>8:30 Blood Pressure/Blood Sugar Screening 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>2</p> <p>10:00 Dementia Support Group 1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise</p>
<p>5</p> <p>10:00 Chair Exercise 10:00 Summer Camp Day 11:30 Zumba 12:30 Ice Cream Social 12:30 Painting with Joyce 6:00 Stampin' Up</p>	<p>6</p> <p>9:00 Men's Breakfast 10:00 Gentle Yoga 10:00 Summer Camp Day 2 12:00 Hearing Tests 1:00 Knot Just Knitting 5:30 Zumba</p>	<p>7</p> <p>10:00 Summer Camp Day 3 11:00 Senior Club Potluck/ Meeting 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba</p>	<p>8</p> <p>9:30 Bingo 10:00 Summer Camp Day 4 1:00 Hand & Foot 5:30 Zumba</p>	<p>9</p> <p>9:00 Men's Billiard Tournament 10:00 Summer Camp Day 5 6:00 Quarter Auction</p>
<p>12</p> <p>10:00 Chair Exercise 11:30 Zumba</p>	<p>13</p> <p>10:00 Manis/Pedis 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba</p>	<p>14</p> <p>9:00 Quilting Group 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba</p>	<p>15</p> <p>8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>16</p> <p>1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise</p>
<p>19</p> <p>10:00 Chair Exercise 11:30 Zumba</p>	<p>20</p> <p>10:00 Book Club 10:00 Gentle Yoga 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba</p>	<p>21</p> <p>9:00 Quilting Group 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba</p>	<p>22</p> <p>9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>23</p> <p>1:00 Movie 1:30 Table Decor Round 4 1:30 Chair Volleyball 2:30 Chair Exercise</p>
<p>26</p> <p>10:00 Chair Exercise 11:30 Zumba 3:00 Grief & Mourning Support Group</p>	<p>27</p> <p>10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Knot Just Knitting 5:30 Zumba</p>	<p>28</p> <p>10:00 Chair Volleyball 1:00 Euchre 1:30 Beginner Tai Chi 2:00 Advanced Tai Chi 5:30 Zumba</p>	<p>29</p> <p>9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>30</p> <p>1:00 Movie 1:30 Chair Volleyball 2:30 Chair Exercise</p>



August 5-9
10am-12pm

Join in for a week of Summer Camp activities. This unique experience will be first come, first serve and space is limited. \$125 will cover the entire week of lunches, entrance fees and transportation. We are sorry yet due to the limited spaces, individual day passes are not available. Please be aware that each trip will entail a lot of walking so wear comfortable shoes! Register now for this exciting summer camp!

August 5 / Broughton's Nature and Wildlife Refuge
Picnic style Lunch

August 6 / Washington County Historical Society
Lunch at the House of Wines

August 7 / Campus Martius Museum
Lunch at the Lafayette Hotel

August 8 / Sewah Studios
Lunch at Huck's Market

August 9 / Marietta College
Planetarium with Light snacks
at O'Neill Center