


May 2024

WASHINGTON-MORGAN COMMUNITY ACTION
 SENIOR NUTRITION PROGRAM MENU *Washington County*
 Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1	Ham Salad Broccoli Soup Potato Salad Apricots Bun	2	Shepards Pie Tossed Salad w/Tomatoes Blueberry Crisp Biscuit	3	Cheeseburger Potato Wedges Baked Beans Strawberries Bun
6	Sausage Gravy Scrambled Egg Hashbrowns Sliced Oranges Fruit Juice Biscuit	7	Chicken Patty Sweet Potato Fries Creamed Corn Fruit Juice Bun	8	Turkey & Cheese Potato Soup Pea Salad Mandarin Oranges Bun	9	Baked Steak Mashed Potatoes Green Beans Sliced Apples Dinner Roll	10	Swedish Meatballs <i>Or</i> Corn Dog Broccoli California Vegetables Pears Dinner Roll
13	Sausage Links Scrambled Egg Hashbrowns Sliced Oranges French Toast	14	Ham & Bean Soup Asparagus Blend Grape Juice Cherry Crisp Cornbread Crackers	15	Chicken Parmesan Tossed Salad w/Tomatoes Baked Peaches Breadstick	16	Meatloaf w/Gravy Baked Potatoes Spring Vegetables Apple Juice Dinner Roll	17	Smoked Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll
20	Turkey w/Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread	21	Beef Ravioli Spinach Salad Green Beans Cinnamon Apples Breadstick	22	Taco Salad Refried Beans Tropical Fruit Tortilla Chips	23	BBQ Chicken Breast Green Beans Diced Potatoes Fruit Juice Bread	24	Baked Chicken Potato Salad Broccoli w/ Cheese Applesauce Dinner Roll <i>Or</i> Choice of Chef Salad
27	<u>Closed Holiday</u>	28	Peppered Steak Whipped Potatoes Green Peas Banana Biscuit	29	Meatball Sub French Fries Carrots Apple Juice Bun	30	Sloppy Joe Potatoes w/ Pepper & Onion Succotash Jello w/ Pears Bun	31	Macaroni & Cheese Stewed Tomatoes Tossed Salad Apple Crisp Bread

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour
 Reservation line: Marietta 740-373-3455
 Beverly 740-984-4475 New Matamoras 740-865-2448
 All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS