


April 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Chicken & Noodle Mashed Potatoes Carrots Fruit Parfait Bread	2	Turkey & Cheese Potato Soup Pea Salad Mandarin Oranges Bun	3	Chicken Patty Sweet Potato Fries Creamed Corn Fruit Juice Bun	4	Baked Steak Mashed Potatoes Green Beans Sliced Apples Dinner Roll	5	Swedish Meatballs <i>Or</i> Corn Dog Broccoli California Vegetables Pears Dinner Roll
8	Sausage Links Scrambled Egg Hashbrowns Sliced Oranges French Toast	9	Ham & Bean Soup Asparagus Blend Grape Juice Cherry Crisp Cornbread Crackers	10	Chicken Parmesan Tossed Salad w/ Tomatoes Baked Peaches Breadstick	11	Meatloaf w/ Gravy Baked Potatoes Spring Vegetables Apple Juice Dinner Roll	12	Smoked Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll
15	Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread	16	Beef Ravioli Spinach Salad Italian Green Beans Cinnamon Apples Breadstick	17	Taco Salad Refried Beans Tropical Fruit Tortilla Chips	18	Stuffed Peppers w/ Tomato Sauce Roasted Potatoes Capri Vegetables Grapes Dinner Roll	19	Baked Chicken Potato Salad Broccoli w/ Cheese Applesauce Dinner Roll <i>Or</i> Choice of Chef Salad
22	Meatballs French Fries Carrots Fruit Juice Bun	23	Peppered Steak Whipped Potatoes Green Peas Banana Biscuit	24	Pimento Cheese Sandwich Tomato Soup Cole Slaw Strawberries Bun Crackers	25	Sloppy Joe Potatoes w/ Pepper & Onion Succotash Jello w/ Pears Bun	26	Macaroni & Cheese Stewed Tomatoes Tossed Salad Apple Crisp Bread
29	Honey Mustard Chicken Harvest Vegetables Buttered Beets Orange Fluff Salad Bread	30	Spaghetti w/ Meatballs Italian Vegetables Cauliflower Pineapple Chunks Breadstick						

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoros 740-865-2448

All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS