

March 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  Choice Day Corndog <u>Or</u> Macaroni & Cheese Stewed Tomatoes Cauliflower Pineapple Chunks Bread
4 Cheeseburger Home Fries Cole Slaw Warm Apples Bun	5 Ham & Bean Soup Mixed Vegetables Cherry Crisp Cornbread	6 Chicken Patty Sweet Potatoes Creamed Corn Grapes Bun	7 Baked Steak w/ Gravy Mashed Potatoes Winter Blend Mandarin Oranges Dinner Roll	8 Sausage Gravy Scrambled Egg Hashbrowns Oranges Grape Juice Biscuit
11 Turkey & Cheese Sandwich Pea Salad Broccoli Soup Peaches Crackers	12 Ham & Noodle Casserole Carrots Cauliflower Fruit Juice Bread	13 Taco Salad Refried Beans Mandarin Oranges Tortilla Chips	14 Baked Fried Chicken Mashed Potatoes Green Beans Jello w/ Fruit Dinner Roll	15 Parmesan Chicken Salad w/ Tomatoes Italian Vegetables Blueberry Crisp Breadstick
18 Turkey w/ Gravy Sweet Potatoes Asparagus Blend Fruit Cocktail Bread	19 Hamburger Gravy Mashed Potatoes Carrots Apple Juice Biscuit	20 Honey Mustard Chicken w/ Rice Harvest Blend Green Beans Orange Pineapple Fluff Bread	21 Johnny Marzetti Spinach Salad Corn Cinnamon Applesauce Breadstick	22 Smoked Sausage Whipped Potatoes Sauerkraut Mandarin Oranges Dinner Roll
25 Teriyaki Pork Chop Au gratin Potatoes Capri Vegetables Apples Dinner Roll	26 Chicken Salad Vegetable Soup Potato Salad Pineapple Crackers Bun	27 Turkey Pot Pie Tossed Salad w/ Tomato and Cab- bage Fruit Juice Biscuit	28 Beef Chili w/ Beans Baked Potato Winter Vegetables Apple Crisp Corn Muffin Crackers	29  Choice Day Chef Salad <u>Or</u> Meatloaf w/ Gravy Baby Bakers Broccoli w/ Cheese Apricots Dinner Roll

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS