

February 2024

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU *Washington County* Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
					1	Sausage Gravy Scrambled Egg Hashbrowns Oranges Grape Juice Biscuit	2	Baked Steak w/ Gravy Mashed Potatoes Winter Blend Mandarin Oranges Dinner Roll	
5	Turkey & Cheese Sandwich Pea Salad Broccoli Soup Peaches Crackers	6	Ham & Noodle Casserole Carrots Cauliflower Fruit Juice Bread	7	Taco Salad Refried Beans Mandarin Oranges Tortilla Chips	8	Baked Fried Chicken Mashed Potatoes Green Beans Jello w/ Fruit Dinner Roll	9	Choice Day Corndog <i>Or</i> Parmesan Chicken Salad w/ Tomatoes Italian Vegetables Blueberry Crisp Breadstick
12	Turkey w/ Gravy Sweet Potatoes Asparagus Blend Fruit Cocktail Bread	13	Hamburger Gravy Mashed Potatoes Carrots Apple Juice Biscuit	14	Honey Mustard Chicken w/ Rice Harvest Blend Green Beans Orange Pineapple Fluff Bread	15	Johnny Marzetti Spinach Salad Corn Cinnamon Applesauce Breadstick	16	Ham & Cheese Sandwich Broccoli Slaw Carrots Mandarin Oranges Bun
19	<u>Closed Holiday</u>	20	<u>Closed - Floor Renovation</u>	21	<u>Closed - Floor Renovation</u>	22	<u>Closed - Floor Renovation</u>	23	Beef Stew w/ Mixed Vegetables Green Beans Fruit Juice Biscuit
26	Turkey Tetrazzini Green Beans Buttered Beets Mandarin Oranges Bread	27	Swedish Meatballs Peas Carrots Tropical Fruit Dinner Roll	28	Ham & Cheese Sandwich Roasted Red Potatoes Brussel Sprouts Fruit Parfait Bun	29	Sloppy Joe Potatoes w/ Peppers & Onions Broccoli Banana Bun		

****Menu subject to change due to availability****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

All meals served with choice of milk and bread.

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS