

PIE BAKE-OFF

2024
Trip Preview



Murder Mystery
DINNER



O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   

Medicare Open Enrollment

Medicare Open Enrollment is the one time a year that Medicare recipients can change their current Medicare Part D or Medicare Advantage Plans. Everyone is encouraged to review their current plans to determine if it will be the best plan for them in 2024.

It is important to review these plans, as insurance companies can increase monthly premiums, add deductibles, increase co-pays or no longer cover some of your current medications. O'Neill has trained staff to assist in making informed decisions about any changes to make in your coverage.

For assistance, call our Supportive Services Department at 740-373-3914 to schedule an appointment, which are made on a first-come, first-serve basis.

Care Consultations

Providing care to a loved one who is forgetful or has problems with memory can be overwhelming, especially when juggling other responsibilities. Care Consultation guides you in your caregiving journey.

Our Care Consultants help you identify and address concerns, provide you with useful information, and give ongoing support. We incorporate your values and beliefs in the action

step planning process, and update the plan as your needs change. Care Consultation is a FREE, telephone- and email-based care-coaching program that assists and supports adults with dementia, including those with intellectual and developmental disabilities, and their family and friend caregivers, or other supports.

Care Consultants will help you with prioritizing concerns using a simple step-by-step plan based on your needs, learn about and connect to health and community services, keep you and your loved one safe, communicate with your loved one and family and friends about care and managing difficult behaviors, and get more family and friends, or supporters, to help.

Call 740-373-3914 or email us at outreach@oneillcenter.com to learn more about how Care Consultation can help.



A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

TRIPS

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



September 27, 2023 Cuyahoga Scenic Railroad

\$77 per person – Take a day trip to view beautiful fall foliage on the Cuyahoga Scenic Railroad. We will bus to the Akron, Ohio depot and board the train for a ride through the Cuyahoga National Park, following the canal boat tow paths, stopping in the village of Peninsula for you to enjoy lunch at one of the restaurants there on your own. You are free to pack a picnic lunch to enjoy yourself. We will return to Akron by train and depart for home.

November 15, 2023 Oglebay Festival of Lights

\$60 per person – Enjoy dinner on your own at Melhman's cafeteria prior to seeing this dazzling Festival of Lights. We will drive through this experience that is lit up nightly with over 100 lighted attractions along the 6-mile driving route. We'll have time to shop at the Carriage House gift shop and Farmhouse Sweets & Treats.

2024 PREVIEW

April 22-25, 2024 Springtime in Charleston, SC

\$869 per person double occupancy – Enjoy a 3-night hotel stay along with 3 breakfasts, 3 dinners including Charleston Crab House on the Hames Island and 1 dinner cruise on The Spirit of Carolina. We'll also experience a guided tour of historic Charleston, enjoy Tea, Tour & Trolley at the Charleston Tea Plantation and visit the Historic City Market.

Sept. 17-19, 2024 Sight & Sound Theater, Lancaster, PA

\$599 per person double occupancy – Enjoy a 2-night hotel stay with 2 breakfasts and 2 Wonderful Dinners. This trip will include a visit to Sight & Sound Theater's production of "Daniel" along with a guided tour of Amish Farmlands, a visit to Flight 93 National Memorial and Kitchen Kettle Village.

Oct. 6-11, 2024 Cape Cod, Boston & Martha's Vineyard

\$1399 per person double occupancy – Enjoy 5 nights of hotels accommodations that include 5 breakfasts, 3 dinners and 1 Seafood Dinner. Along with Evening entertainment, we will enjoy a scenic Ferry ride to Martha's Vineyard along with a tour. We'll take a guided tour of Boston, Mass Faneuil Hall and Quincy Markets, Boston, and tour Hyannis.

Dec. 10-12, 2024 Christmas in Pigeon Forge, TN

\$599 per person double occupancy – Enjoy 2 nights hotel accommodations that includes 2 breakfasts and 2 dinners. Three Holiday shows, Country Tonite, Smith Morning Variety Show, and The Comedy Barn. We'll Visit Apple Barn Village and Winery, Explore the Island with its terrific shopping and entertainment complex and enjoy the Winterfest Light Displays.



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free

Zumba

Mondays, 11:30am

Tuesdays, Wednesdays, and

Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Chair Volleyball

1st & 4th Wednesdays, 10am, Free

Beginner Tai Chi Wednesdays,

1pm, Free



Friday Afternoon at the Movies

September Matinees

- | | |
|----|---|
| 1 | A Man Called Otto PG-13 |
| 8 | Happy Accidents, Betrayal & Greed TV-14 |
| 15 | New in Town PG |
| 22 | Yes Day PG |
| 29 | Leave No Trace PG |

October Matinees

- | | |
|----|------------------------|
| 13 | A Beautiful Life TV MA |
| 20 | Chasing Coral TV- PG |
| 27 | Hubie Halloween PG-13 |

**Disclaimer: movies are subject to change based on availability.*

ACTIVITIES

BROUGHTON COMPUTER LAB

Open to seniors

Monday–Friday 8am–4pm

Closed on holidays.

Call the O'Neill Center for schedule of upcoming computer classes.

TABLE GAMES

Billiards: Daily from 8am–4pm

Bridge: Tuesdays · 1pm

Euchre: Wednesdays · 1pm

Bingo: Thursdays · 9:30am

Hand & Foot Cards:

Thursdays · 1pm

Men's Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Blood Pressure Screening

By Housecalls Home Health

September 21 & October 19 · 8am

Friday Game Day

Fridays · 1pm

We'll either be playing a game of Bingo or Left, Right, Center. Bring a friend and come join we'd love to have you.

Sit & Knit with Nancy

July 18 · 1pm

Learn some simple knitting projects for gift giving. Yarn and patterns are available.

Blood Pressure/Blood Sugar Screenings

By Marietta/Belpre Health Department
September 7 & October 5 · 8:30am

Book Club Meeting

3rd Tuesday · 10am

Led by volunteer, Barb Wainwright
September 19: Reading *The Count of Monte Cristo* by Dumas, Alexandre
October 17: Sharing

The Senior Club Meeting/Luncheon

September 13 & October 11 · 11am

Join us on the second Wednesday of each month at 11am for a good time!

Hearing Services

September 5 – Hearing Aid Cleaning

October 3 – Hearing Testing

Appts 12–2pm

This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Manicure & Pedicures

2nd & 4th Tuesdays · Appts start at 10am
Sharon Graham has 30 plus years of experience with nail care. You may call to schedule one or both—all done in the privacy our health room. \$16 for a manicure and \$33 for a pedicure.

Grief & Mourning Support Group for All Losses

September 25 & October 30 · 3:30pm

Now is the time to find healing, hope, and peace. This Grief Support group is Sponsored by Buckeye Hospice, and led by Pastor Donald Brooks. Call to register.

Men's Breakfast

1st Tuesday of every month 9am

A special time for the gentlemen to get together and enjoy each other's company, and enjoy a great breakfast.

Alzheimer's Support Group

1st Friday of every month · 10am

Join Krissy Kearns from Ohio Hospice who helps families dealing with Alzheimer's develop a support system, exchange information on challenges and possible solutions. You will also learn about community resources.



Canvas Painting with Joyce

September 11 & October 2 · 12:30pm

Bring a friend and come paint with Joyce Fogle. In September, you'll be painting this cute Red Truck with Sunflowers, and in October you'll be painting this Spooky Black Cat. Joyce will give you step-by-step instructions on how to paint the picture shown here. Any level of experience can come enjoy this class. The cost of the class will be \$28 and payment must be made in advance. All supplies will be provided. Call to register.



Quilted Table Runner

September 6 · 10am

Whether you are a seasoned quilter or a novice seamstress, this quilted table runner made with strips of fabric is one of the easiest projects you'll ever make. You will have a choice of color themes and kits will be provided. Nancy will be here to help guide you through the process. Cost is \$20 and includes all supplies. Call today to register.

Matter of Balance Series

September 6 · 1pm

This award-winning program is designed to manage falls and increase activity levels. The evidence-based program, was developed through a grant from the Administration on Aging and developed by the Ohio Department of Aging. This program helps older adults reduce their fear of falling, thereby enhancing activity levels. Every Thursday for 8 weeks. The class is free and open to the public. Please call to register as class size is limited.

Cooking with Chef Dennis

September 7 · 1pm

Chef Dennis from Waterview Pointe will join us to cook and prepare some delicious recipes. He will be doing anything from baking scrumptious desserts to cooking single course foods for everyone to try. Expand your palate and try foods and desserts you may have never had before. Please call to reserve your seat.

Tailgate Party

September 8 · 11am

Wear your favorite football team gear—College or NFL Team. We will be playing football trivia, along with some other fun games. Bring your appetite! We'll be having hotdogs with all the fixins' as well as chips, fruit/veggie tray, cold beverages and desserts. Admission is \$5. Please call to sign up to ensure enough food for everyone. This party is sponsored by Shrivvers Hospice, Worthington Healthcare Center, Ohio's Hospice, Waterview Pointe, & Encompass.

Crafting with Jessica

September 11 · 2pm

Fall is right around the corner! Join Jess and turn cutting boards into these cute scarecrows. Cost is \$10 and all supplies included. Call to reserve your spot.



Healthy Eating on a Budget

September 12 · 2:30pm

Join Alexis Masterson from the OSU Extension Office as she talks about eating healthy on a budget. Eating healthy on a budget can be challenging, but it's definitely possible with some planning and creativity. Alexis will be here with some great tips to keep you eating healthy without breaking the bank. She will also be making a delicious recipe for you to sample. Please call to register.



Wooden Scarecrow

September 18 · 3pm

Fall is in the air, so bring a friend and join Karen Paskawych as she guides you through making this adorable wooden scarecrow! Everyone will want to know where you got it, and you can tell them you made it! Cost is \$18 and this includes all supplies.

Murder Mystery Dinner

September 25 · 5pm

Paskawych Entertainment will be here to perform a murder mystery show. The founder and President Karen Paskawych and chief consultant Kevin Paskawych have years of acting, directing, and technical expertise. Enjoy a dinner theater and help play detective to solve the case. The night promises to be filled with fun, mystery, and of course... murder! The price is \$20 per person. Call today to reserve as space is limited.

Free Health Screening

September 28 · 8:30am

Katie Fleming from Ohio University HCOM will be here to give free health screenings from 8:30-9:30am. She will be doing cholesterol, glucose and blood pressure screenings. Get your results on the spot and no appointment needed. For best results, it is recommended to fast 9-12 hours before testing.

Pie Bake-Off

October 2 · 2pm

All bakers are welcome—whether you're a pro, an amateur, or someone who simply enjoys baking as a hobby. Prizes for 1st – 3rd place. Our judges will be Cory Sampson from Legacy Marietta, Jane & Marty from Breads Beyond and our very own Becky Hennen. Sponsored by Legacy Marietta. \$5 registration fee and leftover slices of pie will be available for a donation after judging. Call to register.



Crafting w/Jessica - Gnome on Pumpkin

October 9 · 2pm

The gnome will be pre-drawn on your pumpkin, so all you'll have to do is get creative and make him your own. You can set him out on your porch or display him in your house. Cost is \$10 and includes all supplies including the pumpkin.

Glasses Cleaning & Adjustments

October 11 · 1pm

Walmart Vision Center will be here from 1-3pm offering free eyeglass cleaning as well as adjustments. Free service and no appointment is needed.

Diamond Painting

October 13 · 10am

Choose from a variety of projects from bookmarks to actual paintings suitable for framing. You can take these home and create a beautiful piece for you or to give as a gift. Everything will be displayed and you can walk through and see the projects that are available. Cost varies according to the piece that you choose.

National Dessert Day

October 13 · 1pm

Cory Sampson from Legacy Marietta will be here to help us celebrate National Dessert Day! Call today to reserve your seat because this is going to be one delicious celebration you don't want to miss.

Halloween Wood Sign

October 16 · 3pm

Ghouls just want to have fun! Stop in for a spell and join Karen Paskawych as she guides you through making a bootiful Halloween Wood Sign. Cost is \$18.00 and includes all supplies. Call today to sign up.

Dr. Rajendra Bhati

October 23 · 1pm

October is Breast Cancer Awareness Month and Dr. Rajendra Bhati from Marietta Memorial Hospital will be joining us. Dr. Bhati works in Surgical Oncology, and has over 20 years of experience in the medical field. He will be here talking about the importance of awareness, early detection, self-examinations, mammography and the risk factors associated with breast cancer. Call to reserve your seat.

Mason Jar Salads

October 26 · 1pm



Join Becky Hennen as she shows us how to make simple yet delicious mason jar salads. This is great for meal prepping because you can make them in advance, and just grab and go throughout the week. It's a versatile and convenient way to enjoy a healthy and delicious meal on the go. Cost is \$5. Call today to sign up.

Halloween Party


October 30 · 2pm

Spooky season is here, so come and join us for a fun and spectacular Halloween Party! We'll be playing spooky games! There will also be some delicious spooky snacks for everyone to enjoy. To top it off we'll be having a costume contest and O'Neill staff will be getting in on the fun. The winner will get a spooktacular prize! Hope you'll join us because you're sure to have a ghoulish time. There is an entry fee of \$5. Please call to register.

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Tailgate Party September 8 · 11am Wear your favorite football team gear, whether it be a College Team or NFL Team and get ready to have a good ole time. We will be playing football trivia, along with some other fun games. We'll be having hotdogs with all the fixins' as well as chips, fruit/veggie tray, cold beverages and desserts. Admission is \$5. Please call to sign up. Sponsored by Shrivvers Hospice, Worthington Healthcare Center, Ohio's Hospice, Waterview Pointe, & Encompass.</p>				<p>1</p> <p>10:00 Alzheimer's Support Group 11:30 Knit & Crochet Society 1:00 Movie: A Man Called Otto 1:00 Games</p>
<p>4</p> <p>CLOSED for Labor Day</p> 	<p>5</p> <p>9:00 Men's Breakfast 10:00 Gentle Yoga 12:00 Hearing Aid Cleaning 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba</p>	<p>6</p> <p>10:00 Chair Volleyball 10:00 Quilted Table Runner 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba</p>	<p>7</p> <p>8:30 Blood Pressure/Blood Sugar Screening 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 1:00 Cooking with Chef Dennis 5:30 Zumba</p>	<p>8</p> <p>9:00 Men's Billiard Tournament 11:00 Tailgate party 11:30 Knit & Crochet Society 1:00 Movie: Happy Accidents, Betrayal & Greed 1:00 Games</p>
<p>11</p> <p>10:00 Chair Exercise 11:30 Zumba 12:30 Painting with Joyce 2:00 Crafting with Jessica</p>	<p>12</p> <p>10:00 Gentle Yoga 1:00 Bridge 1:00 Sit & Knit with Nancy 2:30 Healthy Eating on a Budget 5:30 Zumba</p>	<p>13</p> <p>9:00 Quilting Group 11:00 Senior Club Potluck/Meeting 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba</p>	<p>14</p> <p>9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>15</p> <p>11:30 Knit & Crochet Society 1:00 Movie: New in Town 1:00 Games</p>
<p>18</p> <p>10:00 Chair Exercise 11:30 Zumba 1:00 Cooking Club 3:00 Wooden Scarecrow</p>	<p>19</p> <p>10:00 Gentle Yoga 10:00 Book Club 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba</p>	<p>20</p> <p>9:00 Quilting Group 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba</p>	<p>21</p> <p>8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>22</p> <p>11:30 Knit & Crochet Society 1:00 Games 1:00 Movie: Yes Day</p>
<p>25</p> <p>10:00 Chair Exercise 11:30 Zumba 3:30 Grief & Mourning Support Group 5:00 Murder Mystery Dinner</p>	<p>26</p> <p>10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba</p>	<p>27</p> <p>10:00 Chair Volleyball 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba</p>	<p>28</p> <p>8:00 Ohio University Health Screenings 8-10 Flu & COVID-19 Vaccine Clinic 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba</p>	<p>29</p> <p>11:30 Knit & Crochet Society 1:00 Games 1:00 Movie: Leave No Trace</p>

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00 Chair Exercise 11:30 Zumba 12:30 Painting with Joyce 2:00 Pie Bake Off	3 9:00 Men's Breakfast 10:00 Gentle Yoga 12:00 Hearing Tests 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	4 10:00 Chair Volleyball 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba	5 8:30 Blood Pressure/Blood Sugar Screening 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	6 10:00 Alzheimer's Support Group 5:00 Quarter Auction
9 10:00 Chair Exercise 11:30 Zumba 2:00 Crafting with Jessica	10 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	11 9:00 Quilting Group 11:00 Senior Club Potluck/Meeting 1:00 Beginner Tai Chi 1:00 Euchre 1:00 Matter of Balance Walmart Vision Center Eyeglass Cleaning & Adjustments 1:00 5:30 Zumba	12 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	13 9:00 Men's Billiard Tournament 10:00 Diamond Painting 11:30 Knit & Crochet Society 1:00 Movie: A Beautiful Life 1:00 Games 1:00 National Dessert Day
16 10:00 Chair Exercise 11:30 Zumba 1:00 Cooking Club 3:00 Halloween Wood Sign	17 10:00 Gentle Yoga 10:00 Book Club 1:00 Sit & Knit with Nancy 1:00 Bridge 5:30 Zumba	18 10:00 Quilting Group 1:00 Euchre 1:00 Beginner Tai Chi 1:00 Matter of Balance 5:30 Zumba	19 8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	20 11:30 Knit & Crochet Society 1:00 Movie: Chasing Coral 1:00 Games
23 10:00 Chair Exercise 11:30 Zumba 1:00 Dr. Bhati	24 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	25 10:00 Chair Volleyball 1:00 Beginner Tai Chi 1:00 Euchre 1:00 Matter of Balance 5:30 Zumba	26 9:30 Bingo 1:00 Hand & Foot 1:00 Mason Jar Salads 5:30 Zumba	27 11:30 Knit & Crochet Society 1:00 Movie: Hubie Halloween 1:00 Games
30 10:00 Chair Exercise 11:30 Zumba 2:00 Halloween Party 3:30 Grief & Mourning Support Group	31 10:00 Gentle Yoga 1:00 Sit & Knit with Nancy 1:00 Bridge 5:30 Zumba	<div style="display: flex; align-items: center;">  <div style="margin-left: 10px;"> <p>Halloween Wood Sign October 16 · 3pm Ghouls just want to have fun! Stop in for a spell and join Karen Paskawych as she guides you through making this bootiful Halloween Wood Sign. Your guests are sure to love this ghostly greeting before they enter. Cost is \$18.00 and includes all supplies. Call today to sign up.</p> </div> </div>		



333 Fourth Street
Marietta, OH 45750

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Marietta, Ohio
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Change Service Requested



Protect Yourself and Others from COVID-19 and Influenza

Getting vaccinated is an important way to protect yourself and others from COVID-19 and Influenza. If it's been a while since you got the shot, your protection may need a boost.

Marietta Belpre Health Department
Saturday, September 23 9am-Noon
*at the Belpre Senior Center
(Drive thru clinic)*
Thursday, September 28 8am-10am
at the O'Neill Senior Center

Washington County Health Department
Date to be determined
*At the Reno Business Park
(Drive thru clinic)*



Join the O'Neill Center, the Marietta Belpre City Health Department, and the Washington County Health Department for various vaccine clinics being held this fall.

**Need transportation to your vaccine appointment? Let us help you!
Call the O'Neill Center at 740-373-3914 to schedule your ride.**