

Fridays are GAME DAYS



FUN opportunities
to bring a friend,
neighbor, or grandkid!



GET CREATIVE!
Craft Sessions





O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   

Quarter Auction Fundraiser

Friday, August 11

Doors open at 5pm

Auction begins at 6pm



Join us for our annual Quarter Auction Fundraiser on Friday, August 11th! Every quarter raised will benefit O'Neill's services.

A Quarter Auction can best be described as an auction meets raffle, a fun night out with friends and a way to win great items for a low cost (all while supporting a great cause)! One purchased ticket will provide you with a number to use for bidding. There will be a variety of auction items up for grabs donated by members of our community! Just remember, only QUARTERS may be used for bidding, so be sure to bring plenty! Refreshments and 50/50 tickets will also be sold!

Tickets for the event are available at the O'Neill Center and Belpre Senior Center for only \$5! Be sure to purchase tickets in advance, as only a limited amount will be sold!

Did you know there are over 2.8 million individuals over the age of 60 residing in the state of Ohio? Ohio is experiencing a large growth in the 60 and over population. There is an expected 33% increase by 2030. In our community alone, over 2,000 seniors connected with the O'Neill Center last year, engaging in services and programs to live HIP: Healthy, Independent and Productive lives!

Breaking these numbers down further, 82 individuals spent a day in our Adult Day Center, 68 individuals received in-home Living Assistance services, 585 individuals received Information and Referral services, 202 individuals utilized our medical transportation services, and 1255 individuals attended Life Enrichment activities at the O'Neill Center and Belpre Senior Center. All of these services and programs are a vital part to our community and those aged 60 and over.

So, join us in continuing to help seniors live HIP: Healthy, Independent and Productive lives.

Seniors are counting on O'Neill to provide support, but we can't do it alone!

A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

TRIPS

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



July 19, 2023 Scioto Downs Casino, Columbus Ohio

\$50 per person – Enjoy an afternoon at the slot machines.

August 1, 2023 Ohio State Fair

\$55 – Travel with O'Neill and spend Senior Day at the fair! Enjoy the air-conditioned Celeste Building for a free afternoon concert, dine in the air-conditioned Ohio Food court, and walk among the rides and exhibits. Don't forget to stop at the Dept of Natural Resource to take in their show.

August 17, 2023 Wine & Cheese Tour

\$60 per person – Visit wineries in Amish Country with a tasting at the Yellow Butterfly, visit Pearl Valley Cheese Shop, make a stop for lunch on your own in Baltic, Ohio while visiting the Baltic Winery in the historical Mill Building, and Guggisburg Cheese Factory in Sugarcreek.

September 12 – 14, 2023 WV Train Adventure

\$674 per person, double occupancy – This trip includes dinner and a show at the Gandy Dancer Dinner Theater, an excursion at the Cass Scenic Railway, lunch served onboard the train, and much more! Call for more details.



November 5 – 10, 2023 San Antonio, Waco & Dallas

\$2199 per person, double occupancy – This trip includes round trip airfare as you enjoy this 6-day trip, including 5 nights hotel lodging, 4 evening receptions, 4 breakfast, 4 dinners including a Texas style dinner at Southfork Ranch, and 1 lunch in Waco. Take part in a guided City Tour of San Antonio, The Alamo, tour Waco, and visit Chip & Joanna Gaines's renovated homes across Waco. A local guide will take you to famed Magnolia House, the Magnolia Market at the Silos and hunt for treasure at the Cedar Chest Antique Mall. Visit Southfork Ranch, explore the Famed San Antonio Riverwalk with Boat Cruise and tour Dallas, TX.

December 3 – 6, 2023 Christmas in New York

\$899 per person double occupancy – Includes hotel accommodations, 3 breakfasts at the hotel, 2 dinners including 1 dinner at a New York restaurant. Experience Radio City Music Hall Christmas Spectacular, guided tour of New York City, visit 9/11 Museum and Memorial and there will even be time for holiday shopping in New York City!



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free

Zumba

Mondays, 11:30am

Tuesdays, Wednesdays, and

Thursdays, 5:30pm, \$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Chair Volleyball

1st & 4th Wednesdays, 10am, Free

Beginner Tai Chi Wednesdays,

1pm, Free



Friday Afternoon at the Movies

July Matinees

- 7 Come Sunday TV 14
- 14 Becoming PG
- 21 The Week Of TV- 14
- 28 Woman in Gold PG 13

August Matinees

- 4 The Trapped 13-How We Survived the Cave TV 14
- 11 NO MOVIE
- 18 Mowgli PG 13
- 25 Your Place or Mine PG 13

**Disclaimer: movies are subject to change based on availability.*

ACTIVITIES

BROUGHTON COMPUTER LAB

Open to seniors

Monday–Friday 8am–4pm

Closed on holidays.

Call the O’Neill Center for schedule of upcoming computer classes.

TABLE GAMES

Billiards: Daily from 8am–4pm

Bridge: Tuesdays · 1pm

Euchre: Wednesdays · 1pm

Bingo: Thursdays · 9:30am

Hand & Foot Cards:

Thursdays · 1pm

Senior Bingo: 3rd Fridays · 9:30am

Men’s Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Blood Pressure Screening

By Housecalls Home Health

July 20 & August 17 · 8am

Sit & Knit with Nancy

July 18 · 1pm

Learn some simple knitting projects for gift giving. Yarn and patterns are available.

Friday Game Day

Fridays · 1pm

We’ll either be playing a game of Bingo or Left, Right, Center. Bring a friend and come join we’d love to have you.

Blood Pressure/Blood Sugar Screenings

By Marietta/Belpre Health Department

July 13 & August 3 · 8:30am

Book Club Meeting

3rd Tuesday · 10am

Led by volunteer, Barb Wainwright

July 18: Reading *Wish You Were Here*

by Jodi Picoult

August 15: Sharing

The Senior Club Meeting/Luncheon

July 12 & August 9 · 11am

Join us on the second Wednesday of each month at 11am for a good time!

Hearing Aid Cleaning and Testing

August 1 · Appts 12–2pm

This free service is brought to us by Ohio Valley Hearing Professionals. Call for an appointment time.

Manicure & Pedicures

2nd & 4th Tuesdays · Appts start at 10am

Sharon Graham has 30 plus years of experience with nail care. You may call to schedule one or both—all done in the privacy our health room. \$16 for a manicure and \$33 for a pedicure.

Grief & Mourning Support Group for All Losses

July 31 & August 28 · 3:30pm

Now is the time to find healing, hope, and peace. This Grief Support group is Sponsored by Buckeye Hospice, and led by Pastor Donald Brooks. Call to register.

Men’s Breakfast

1st Tuesday of every month 9:00am

A special time for the gentlemen to get together and enjoy each other’s company, and enjoy a nice warm homemade breakfast.

Alzheimer’s Support Group

1st Friday of every month · 10–11:30am

Join Krissy Kearns from Ohio Hospice who helps families dealing with Alzheimer’s develop a support system, exchange information on challenges and possible solutions. You will also learn about community resources.

Cooking with Chef Dennis

July 6 · 1pm

Chef Dennis from Waterview Pointe will be joining us every other month to cook and bake some delicious recipes—anything from scrumptious desserts to single course foods to try. You’ll learn new recipes to try at home for yourself or to make for your families. This will also be a great way to expand your palate and try foods you may have never had before. Please call to register.

Americana Decorative Mason Jar

July 7 · 10am

Join in on turning regular mason jars into these cute Americana Decorative Mason Jars. \$5 and all supplies will be provided. Please call to register.

Painting Party

July 10 · 1pm

Join Desiree and Michelle from Encompass for a painting party. The theme is “fun in the sun.” All supplies will be provided. Sponsored by Encompass Health Rehabilitation Hospital of Parkersburg. To ensure we have enough supplies, please call to sign up.

History of Marietta

July 10 · 1pm

Emily from Campus Martius will be here to talk about the history of Marietta. Bring a friend or neighbor and come learn about this beautiful place that you call home. Emily will also have a slideshow with the many historical houses that are here in the area. You’ll get to see inside these houses and take a look back in time. Call today to sign up.

Healthy Eating on a Budget

July 12 · 2:30pm

Join Alexis Masterson from the OSU Ext. office as she talks about eating healthy on a budget. She will also be making a delicious recipe for you to sample. Call today to sign up.

Florence Creamery

July 13 · 2pm

Florence Creamery is a small family owned and operated creamery in Little Hocking. They have some fun flavors including chocolate, cookies & cream, and strawberry. They’ll talk about how the family started the business, how they make the milk and they’ll also be bringing in samples to try. The cost is \$3. Please call to register to ensure there is enough samples.

National Mac & Cheese Day

July 14 · 1pm

Cory Sampson from Legacy Marietta will be celebrating National Mac & Cheese with us and bringing in some cheesy goodness. He will be providing loaded mac & cheese for this national holiday. Call to sign up for what is guaranteed to be a cheese-tastic time! Cost is \$5.00.

Canvas Painting with Joyce

July 17 & August 7 · 12:30pm

July 17: daisies in a mason jar

August 7: daisies next to the tree.

Joyce Fogle will give step by step instructions on how to paint, so any level of experience can come enjoy this class. \$28 and all supplies will be provided. Please call to register.

Cooking Club

July 17 & August 14 · 1pm

A cooking club is a fantastic way to come together with fellow food enthusiasts to share recipes, learn new cooking techniques, and enjoy delicious meals. Whether you’re a beginner or an experienced chef, a cooking club can be a fun and educational experience. It’s a great way to improve your culinary skills, expand your recipe repertoire, and make new friends who share your passion for cooking. Greta Lynch from the OSU Ext. office will be leading this cooking club. Please call to register. Happy cooking!

Dr. Jonathan Krant Rheumatology

July 19 · 1pm

Dr. Krant has extensive experience in Osteoporosis and Arthritis, as well as immune related diseases and conditions. He will be here speaking on osteoporosis, arthritis and other health related topics. Please call to sign up.

Humane Society

July 21 · 1pm

Join the HSOV as they share information as to what they do as an organization. They'll also be bringing in some animals that are up for adoption for us to love on. We're requesting donations from the HSOV Wishlist (find on our Facebook page, in HIP Happenings email, call in or stop by for a list). Please call to sign up.

Sunflower Wood Sign

July 24 · 1pm

Nothing says summer time like sunflowers. Don't miss out on making this adorable sunflower wood sign. Karen Paskawych will be here to guide you through making this adorable sunflower welcome sign. Bring a friend. \$18 includes all supplies. Call to sign up.

National Hot Fudge Sundae Day

July 25 · 2:30pm

I scream, you scream, we all scream for ice cream! Grab your grandkids, friends, or just yourself and come celebrate with us. You'll get a hot fudge sundae with lots of toppings to choose from. If it's raining don't worry, we'll move this ice-cream party inside. \$4/bowl. Please call to register, to ensure enough for everyone. Sponsored by Rockland Ridge.

Trivia with the Pasky's

July 31 & August 28 · 2pm

Snacks will be provided. Sign-ups start at 2pm and the game will start at 2:30pm. \$4. Call today to register.

Cookie Decorating

August 2 · 2pm

The best part of cookie decorating is that you get to eat them when you're done! Bring a friend or grandkid. \$12 includes sugar cookies with buttercream icing and sprinkles made by "Sara Sweets," a local in-home bakery. Call to sign up!

Cornerstone Homestead

August 7 · 2pm

Cornerstone Homestead raises dual-registered Nigerian Dwarf Dairy Goats and an ever-growing flock of chickens in Marietta and make natural goat milk soaps and lotions. They also sell delicious pasture raised, free range chicken eggs. Products will be available for purchase. Cost is \$3. Please call to register.

Watermelon Coasters

August 4 · 10am

Kick off these last few weeks of Summer by joining us in making these super cute watermelon coasters. These would be great to throw in the camper, use at cookouts, or even just to use at home. Everyone will be asking where you got them, and you can tell them you made them! Cost is \$5 and all supplies are included. Call today to sign up!



Fall Planting & End of Session Cleanup

August 10 · 10am

Marcus McCartney from the OSU Ext. office will give us tips on fall planting and end of season cleanup. So, get those questions ready for Marcus and call today to sign up.

Crafting with the Grandkids

August 10 · 2pm

Bring your grandkids in and enjoy some snacks while crafting and making memories. We'll be supplying birdhouses and all the supplies you'll need to get creative. \$5. Call today to sign up.

How to Make Overnight Oats

August 16 · 2:30pm

Alexus Masterson will be here from the OSU Ext. office to demonstrate how to make simple overnight oats with Chia seeds. You will be making them here and taking them home with you to try for breakfast the next morning. \$3 and jars will be provided. Call to register.

National Honey Bee Day

August 18 · 1pm

David & Teresa Huffer from The Bee Barn will be here to help us celebrate!. The Bee Barn is a locally authorized retailer for Honey B Healthy products, as well as OxaVap and Bee Designs Inc. They will be here to talk about their business and how they got started. Call today to sign up.

Carnival Fun

August 21 · 10:30am

To celebrate Senior Citizens Day, we're having a Carnival with food, games, prizes and more! Pizza and drinks for lunch. Sponsored by Buckeye Hospice & Continuing Health Care Solutions. Admission is \$5. Call to register.

Fabric Crossbody Wallet

August 21 · 2pm

Join Nancy as she guides you on how to make these super cute crossbody fabric wallets. Choose your fabric from precut kits. \$25 includes all supplies. Please call to register.



Seasonal Welcome Signs

August 21 · 3pm

Karen Paskawych will be here to guide you through making an adorable Beach Bum Welcome Sign. Bring a friend. \$18 includes all supplies. Call to register.

National Waffle Day

August 23 · 10am

Join Becky Hennen as she helps us celebrate this delicious breakfast item. Come and enjoy some waffles with all your favorite toppings! \$5. Call to register!

Bake Sale

August 24 · 9am



Our staff will host a bake sale with cookies, pepperoni rolls, brownies and more. All proceeds will go to the Alzheimer's Association Mid-Ohio Valley, to help with Alzheimer's Care, Support, and Research. Join us in making this a success!

Sunflower Canvas Painting



August 25 · 10am

If you love sunflowers as much as I do then you won't want to miss painting this cute sunflower canvas painting. You can be as creative as you want and make this your own by using whatever colors you want. \$5 includes all supplies, call to get signed up.

JULY

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED for Independence Day 	4 CLOSED for Independence Day	5 10:00 Chair Volleyball 1:00 Euchre	6 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Cooking with Chef Dennis 1:00 Hand & Foot	7 10:00 Alzheimer's Support Group 10:00 Americana Decorative Jar Craft 11:30 Knit & Crochet Society 1:00 Movie: Come Sunday 1:00 Games
10 10:00 Chair Exercise 11:30 Zumba 1:00 History of Marietta 1:00 Painting Party	11 10:00 Manis/Pedis 10:00 Gentle Yoga 1:00 Bridge 5:30 Zumba	12 9:00 Quilting Group 11:00 Senior Club Potluck/Meeting 1:00 Euchre 2:30 Eating Healthy on a Budget 5:30 Zumba	13 8:30 Blood Pressure/Blood Sugar Screening 9:30 Bingo 1:00 Hand & Foot 2:00 Florence Creamery 5:30 Zumba	14 9:00 Men's Billiard Tournament 11:30 Knit & Crochet Society 1:00 National Mac & Cheese Day 1:00 Movie: Becoming 1:00 Games
17 10:00 Chair Exercise 11:30 Zumba 12:30 Canvas Painting with Joyce 1:00 Cooking Club 5:00 Spaghetti/Karaoke Fundraiser	18 10:00 Gentle Yoga 10:00 Book Club 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	19 10:00 Quilting Group 1:00 Dr. Krant Rheumatology 1:00 Euchre 5:30 Zumba	20 8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	21 9:30 Senior Bingo 11:30 Knit & Crochet Society 1:00 Games 1:00 Movie: The Week Of 1:00 HSOV (Humane Society) Visit
24 10:00 Chair Exercise 11:30 Zumba 1:00 Sunflower Wooden Sign Craft 6:00 Stampin' Up	25 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 2:30 National Hot Fudge Sundae Day Celebration 5:30 Zumba	26 10:00 Chair Volleyball 1:00 Euchre 5:30 Zumba	27 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	28 11:30 Knit & Crochet Society 1:00 Games 1:00 Movie: Woman in Gold
31 10:00 Chair Exercise 11:30 Zumba 2:00 Trivia with the Pasky's 3:30 Grief & Mourning Support Group	 <p>Sunflower Wood Sign July 24 · 1pm Nothing says summer time like sunflowers. Don't miss out on making this adorable sunflower wood sign. Karen Paskawych will be here to guide you through making this adorable sunflower welcome sign. Bring a friend. \$18 includes all supplies. Call to sign up.</p>			

AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Men's Breakfast 10:00 Gentle Yoga 12:00 Hearing Tests 1:00 Bridge 5:30 Zumba	2 10:00 Chair Volleyball 1:00 Euchre 1:00 Beginner Tai Chi 2:00 Cookie Decorating 5:30 Zumba	3 8:30 Blood Pressure/Blood Sugar Screening 9:00 Men's Billiard Tournament 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	4 10:00 Alzheimer's Support Group 10:00 Watermelon Coaster Craft 11:30 Knit & Crochet Society Movie: The Trapped 13-How We Survived the Cave 1:00 Games
7 10:00 Chair Exercise 11:30 Zumba 12:30 Canvas Painting with Joyce 2:00 Cornerstone Homestead Visit	8 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	9 9:00 Quilting Group 11:00 Senior Club Potluck/Meeting 1:00 Beginner Tai Chi 1:00 Euchre 5:30 Zumba	10 9:30 Bingo 10:00 Fall Gardening 1:00 Hand & Foot 2:00 Crafting with the Grandkids 5:30 Zumba	11 9:00 Men's Billiard Tournament 5:00 Quarter Auction
14 10:00 Chair Exercise 11:30 Zumba 1:00 Cooking Club	15 10:00 Gentle Yoga 10:00 Book Club 1:00 Sit & Knit with Nancy 1:00 Bridge 5:30 Zumba	16 10:00 Quilting Group 1:00 Euchre 1:00 Beginner Tai Chi 2:30 How to make Overnight Oats 5:30 Zumba	17 8:00 Blood Pressure Screening 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	18 9:30 Senior Bingo 11:30 Knit & Crochet Society 1:00 Movie: Mowgli 1:00 Games National Honey Bee Day with The Bee Barn 1:00
21 10:30 Summer Carnival 2:00 Fabric Crossbody Wallet Craft 3:00 Seasonal Welcome Sign Craft	22 10:00 Gentle Yoga 10:00 Manis/Pedis 1:00 Bridge 1:00 Sit & Knit with Nancy 5:30 Zumba	23 10:00 National Waffle Day Celebration 1:00 Beginner Tai Chi 1:00 Euchre 5:30 Zumba	24 9:00 Bake Sale 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	25 10:00 Sunflower Canvas Painting 11:30 Knit & Crochet Society 1:00 Movie: Your Place or Mine 1:00 Games
28 10:00 Chair Exercise 11:30 Zumba 2:00 Trivia with the Pasky's 3:30 Grief & Mourning Support Group	29 10:00 Gentle Yoga 1:00 Sit & Knit with Nancy 1:00 Bridge 5:30 Zumba	30 10:00 Chair Volleyball 1:00 Euchre 1:00 Beginner Tai Chi 5:30 Zumba	31 9:30 Bingo 1:00 Hand & Foot 5:30 Zumba	Quarter Auction August 11 Doors open at 5pm Auction begins at 6pm 



Ladies and gentlemen get ready for a night of fun, food, and entertainment! We are thrilled to announce that we'll be hosting a spaghetti and karaoke night!

Bring your appetite because we're serving up a delicious spaghetti dinner that will leave you feeling satisfied and ready to sing your heart out. Speaking of singing, get ready to listen to the O'Neill Center Staff showcase their vocal skills and sing along to your favorite songs! Get ready for some laughs, but don't worry you can get in on the action too! We'd love to hear you sing and we can even sing together! Whether you're a seasoned karaoke veteran or a first-time singer, we guarantee you'll have a blast. So, grab your friends and family and join us for a night of good food, great music, and even better company. Karaoke is provided through Paskawych Entertainment.

**The cost for this grand evening is \$20.
We can't wait to see you there!**