


# June 2023

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County

### Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Beef & Vegetable Stew Tossed Salad w/Tomatoes Tropical Fruit Biscuit	2	Swedish Meatballs <i>or</i> Ham & Cheese Sandwich Capri Vegetables Cauliflower Pears Bread
5	Chicken Parmesan w/ Mozzarella Tossed Salad w/Tomatoes Peaches Breadstick	6	Chili w/ Beans Au gratin Potatoes Fruit Juice Cherry Crisp Cornbread Crackers	7	Sausage Links Scrambled Egg Hashbrowns Orange Slices Fruit Juice Pancakes	8	Meatloaf w/ Gravy Scalloped Potatoes Spring Vegetables Fruit Cocktail Dinner Roll	9	Smoked Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll
12	BBQ Pulled Pork Baby Bakers Summer Vegetables Pear Chunks Bun	13	Ham & Cheese Sandwich Baked Potatoes Peas Peaches Bun	14	Pimento & Cheese Sandwich Tomato Soup Cole Slaw Strawberries Bun	15	Hotdog w/ Cheese Sweet Potato Fries Carrot Coins Fruit Juice Bun	16	Macaroni & Cheese Stewed Tomatoes Tossed Salad w/Tomatoes Blueberry Crisp Bread
19	<u><i>Closed Holiday</i></u>	20	Baked Steak w/Gravy Mashed Potatoes California vegetables Pears Bread Vanilla Wafers	21	Baked Chicken Potato Salad Baked Beans Applesauce Dinner Roll	22	Turkey & Cheese Sandwich Potato Soup Pea Salad Mandarin Oranges Bun Crackers	23	Sloppy Joe <i>or</i> Chef Salad Baked Potatoes w/ Peppers & Onions Succotash Fruit Cocktail Bun
26	Cabbage Rolls Whole Potatoes Sugar Snap Peas Melon Chunks Bread	27	Kielbasa Mashed Potatoes Seasoned Cabbage Pineapple Chunks Bread	28	Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread	29	Taco Salad Refried Beans Tropical Fruit Tortilla Chips Rice Krispie Treat	30	BBQ Chicken Breast Corn Broccoli w/ Cheese Pears Dinner Roll

\*\*\*\*\*Menu subject to change due to availability\*\*\*\*\*

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455

Beverly 740-984-4475 New Matamoras 740-865-2448

#### REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

**SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS**