


May 2023

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|--|---------|--|-----------|--|---|---|--------|---|
| 1 | Sausage Links Scrambled Egg Hashbrowns Orange Slices Fruit Juice Pancakes | 2 | Chili Baked Potato Grape Juice Cherry Crisp Cornbread Crackers | 3 | Chicken Parmesan w/ Mozzarella Tossed Salad w/Tomatoes Peaches Bread | 4 | Meatloaf w/ Gravy Mashed Potatoes Spring Blend Fruit Cocktail Dinner Roll | 5 | Smoked Sausage <u>OR</u> Pimento & Cheese Sandwich Scalloped Potatoes Sauerkraut Banana Dinner Roll |
| 8 | Hotdog w/ Cheese Potato Smiles Carrot Coins Fruit Juice Bun | 9 | Ham & Cheese Sandwich Roasted Potatoes Peas Warm Peaches Bun | 10 | BBQ Pulled Pork Baby Bakers Summer Vegetables Jello w/ Pear Chunks Bun | 11 | Hamburger Potato Wedges Baked Beans Strawberries Bun | 12 | Macaroni & Cheese Stewed Tomatoes Tossed Salad w/Tomatoes Blueberry Crisp Bread |
| 15 | Chicken & Noodles Green Beans Baby Carrots Fruit Parfait Bread | 16 | Turkey & Cheese Sandwich Potato Soup Pea Salad Mandarin Oranges Bun Crackers | 17 | Baked Chicken Breast Potato Salad Baked Beans Applesauce Dinner Roll | 18 | Sloppy Joe Potatoes w/ Peppers & Onions Succotash Fruit Cocktail Bun | 19 | Baked Steak w/ Gravy Mashed Potatoes California Vegetables Pears Bread Vanilla Wafers |
| 22 | Cabbage Rolls Whole Potatoes Sugar Snap Peas Fresh Fruit Dinner Roll | 23 | Kielbasa Mashed Potatoes Seasoned Cabbage Pineapple Chunks Bread | 24 | Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread | 25 | Taco Salad Refried Beans Tropical Fruit Tortilla Chips | 26 | BBQ Chicken Breast <u>OR</u> Chef Salad Corn Broccoli w/ Cheese Pears Dinner Roll |
| 29 | <u>Closed Holiday</u> | 30 | Popcorn Chicken Tater Tots Green Beans Peaches Bread | 31 | Johnny Marzetti Italian Vegetables Italian Green Beans Pineapple Chunks Breadstick |  | | | |

*****Menu subject to change due to availability*****

Call by 8:00am for daily reservation or call our 24 hour
Reservation line: Marietta 740-373-3455 Layman 740-678-8597
Beverly 740-984-4475 New Matamoras 740-865-2448

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS