

December 2022

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County

Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
						1	Sloppy Joe Diced Potatoes Brussel Sprouts Pears Bun	2	Hotdog w/ Cheese Baked Beans Potato Salad Apple Crisp Fruit Juice Dinner Roll
5	Swedish Meatballs Broccoli Salad Green Beans Apple Slices Bread	6	BBQ Shredded Pork Baked Potato Creamed Spinach Juice Bun Crackers	7	Chicken Parmesan Carrots Tossed Salad w/Tomatoes Cinnamon Peaches Bread	8	Baked Steak Whipped Potatoes Italian Vegetables Grapes Dinner Roll Brownie	9	Ham & Bean Soup Capri Salad Cherry Crisp Cornbread
12	Pepper Steak Stir Fry Vegetables Augratin Potatoes Sliced Pears Bread Vanilla Wafers	13	Chicken Salad Sandwich Vegetable Soup Pea Salad Pineapple Chunks Bun Crackers	14	Sausage Gravy Scrambled Eggs Hashbrowns Tomato Juice Orange Slices Biscuit	15	Taco Salad Refried Beans Tropical Fruit Baked Chips Rice Krispie Treat	16	Turkey Tetrazini Green Beans Cauliflower Fresh Fruit Cup Bread <u>OR</u> Choice of Chef Salad
19	Smoked Sausage Mashed Potatoes Sauerkraut Apricots Dinner Roll	20	Glazed Ham Sweet Potato Casserole Green Bean Casserole Grape Juice Wheat Bread Apple Pie	21	Beef Stroganoff Succotash Tossed Salad w/Tomato Applesauce Breadstick	22	Country Fried Steak Whipped Potatoes Broccoli Banana Dinner Roll	23	<u>Closed Holiday</u>
26	<u>Closed Holiday</u>	27	Teriyaki Pork Chop Scalloped Potatoes Italian Vegetables Pineapple Bread Cookie	28	Beef & Vegetable Stew Spinach Salad Apple Crisp Biscuit	29	Baked Chicken Strips Baked Beans Buttered Corn Fruit Juice Bread	30	Shredded Beef w/ Cheese Hashbrown Casserole California Vegetables Fruit Parfait Bun

*****Menu subject to change due to availability*****

Call by 8:00am for daily reservation or call our 24 hour

Reservation line: Marietta 740-373-3455 Layman 740-678-8597

Beverly 740-984-4475 New Matamoros 740-865-2448

All Menus served with choice of milk and bread

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home.

Thank you. **SUGGESTED DONATION \$4.00 PER MEAL FOR TITLE III CLIENTS**