

Murder Mystery Dinner

Visit Backwoods Fest
in Thornville, OH



COOKIE
bake-off



O'Neill Center
 333 Fourth Street
 Marietta, Ohio 45750
 740-373-3914
 ONEILLCENTER.COM

Find us on   



Medicare Open Enrollment

Medicare Open Enrollment is the one time a year that Medicare recipients can change their current Medicare Part D or Medicare Advantage Plans. Everyone is encouraged to review their current plans to determine if it will be the best plan for them in 2023.

It is important to review these plans, as insurance companies can increase monthly premiums, add deductibles, increase co-pays or no longer cover some of your current medications. We have trained staff to assist you in making informed decisions about any changes you may want to make in your coverage.

For assistance, call our Social Services Department at 740-373-3914 to schedule an appointment, which are made on a first come, first served basis.

September is Senior Center Month

Celebrated every year in September, Senior Center Month is a time to shine a light on senior centers, showing the entire nation how vital we are to the health and well-being of a community. Senior centers provide countless hours of support and encouragement to older adults. The O'Neill Center is among the top 1% of senior centers who has received National Accreditation. This means that we have proven that we meet the required standards in providing services and activities for seniors in our communities. Visit our website, or give us a call, to learn more about medical transportation, our adult day center, homemaker and social services. We recently added services for those who have dementia or are at risk of developing dementia to our social services department. You can find life enrichment activities and travel opportunities in this publication. We would like to offer you an invitation to visit the O'Neill Center and see what you may have been missing. Our doors are open to you!

A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



Committed to Equal Service Access
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

TRIPS

A special thank you to Lowe's of Marietta for allowing us to use their parking for our bus trips. Without the donation of the parking area our charter bus travel would not be possible.



Backwoods Fest

September 16

\$60 includes bus and entrance into festival.

This arts and crafts festival is situated in a wooded area of Thornville, Ohio with so much great food, live music, and, of course, Crafts! There's sure to be something there for everyone!

Pennsylvania Dutch Country & Hershey

September 19-21, 2022

\$519 per person Double occupancy

This 3 day/2 night trip includes 2 Amish style dinners, Sight & Sound Theater's production of King David, Guided tour of Amish farmlands, visit to Kitchen Kettle Village, FX Theater Production of Jacob's Choice, and an opportunity to explore Hershey's Chocolate World.

Pt. Pleasant, WV

Oct. 5, 2022

\$65

Let's explore the Pt. Pleasant historical area: Fort Randolph, Silver bridge murals, and the famous Mothman. We'll include a lunch.

ICELAND, Land of Fire & Ice

Oct. 17-Oct. 25, 2022

\$3,549 per person double occupancy. Single rates and insurance rates available on request. Trip subject to change based on health related travel concerns. Registration begins immediately with your first deposit of \$1000. Insurance must also be purchased one week after deposit. 8 day, 7 night package includes, roundtrip airfare, 4 star hotels, 7 Breakfasts, 3 lunches and 4 dinners. Hunt for the northern lights on a Motor Coach excursion, Amphibian boat ride in the Glacier Lagoon, a soak in the Iconic Blue lagoon, Friaheimar Farms luncheon, tour of the capital, Reykjuik, Snaefellsnes Peninsula, and Grand Golden Circle.

Meadows Casino and Racetrack

Nov. 7, 2022

\$45

Enjoy the day at the slot machine or watching the horse races. This is senior days so there will be special incentives available for anyone 55+.

Southern Caribbean Cruise

March 11-23, 2023

Travel aboard the Royal Caribbean "Enchantment of the Seas." Visit St. Croix, USVI, Philipsburg, St Maarten, St. John, Antigua, Bridgetown, Barbados and Basseterre, St. Kitts & Nevis, all cruise out of the Baltimore, MD port. Cabins begin at \$1899. Insurance must be purchased and vaccination proof must be provided.



FITNESS & DANCE

Chair Exercise

Mondays, 10am, Free

Beginner Ballroom Dance Lessons

Mondays at 4pm, Free

Zumba

Mondays & Wednesdays, 5:30pm,
\$5 or 6 for \$25

Gentle Yoga

Tuesdays, 10am, Free

Chair Volleyball

Wednesdays 9-11 am, Free

Beginner Tai Chi Wednesdays

1pm, Free



Friday Afternoon at the Movies

September Matinees

Sept 2 Vicky and Her Mystery TV-PG

Sept 9 Dunkirk PG-13

Sept 16 The Weekend Away TV-14

Sept 23 The Other Boleyn Girl PG-13

Sept 30 Life as We Know It PG-13

October Matinees

Oct 7 2 Hearts PG-13

Oct 14 Quantum of Solace PG-13

Oct 21 10,000 BC PG-13

Oct 28 Dark Skies PG-13

ACTIVITIES

BROUGHTON COMPUTER LAB

Open to seniors

Monday-Friday 8am-4pm

Closed on holidays.

Call the O'Neill Center for schedule of upcoming computer classes.

TABLE GAMES

Billiards: Daily from 8am-4pm

Monday Bingo: 4th Mondays · 3:30pm

Bridge: Tuesdays · 1pm

Euchre: Wednesdays · 1pm

Senior Bingo: Thursdays · 9:30am

Hand & Foot Cards:

Thursdays · 1pm

Pinochle: Fridays · 1pm

Men's Billiard Tournaments

1st Thursday and 2nd Friday of every month at 9am.

Massages with Beth

Call to book your appointment.

Chair Exercise

Mondays · 10am

Sit and get fit or stand and move around, we'll help you keep moving with this fun, low impact exercise class. We'll use handheld weights, stretch bands and a chair for mixing up our exercises.

Beginner Ballroom Dance Lessons

Mondays · 4pm

Bring a dance partner and have a fun evening at the O'Neill Center as you learn the steps to Ballroom dances like the Foxtrot, Tango, Rumba, Waltz and more. This is a great way for seniors to get a little exercise as well. So, get your dancing shoes on! This Class is Free and open to the public.

Gentle Yoga

Tuesdays · 10am

Start in a chair or a mat, this 45 minutes of breathing, stretching and relaxing will give you a mental lift as well as physically, promoting good health and well-being. All poses may be completed in the chair or on the mats.

Knit and Crochet Society

Fridays · 11:30am

Join us for knitting or crochet and some conversation on Fridays. Explore new patterns or work on your current projects.

Lunch and Learn Series

Thursdays · 12:15 pm

We'll partner with several businesses throughout the MOV and discuss a wide variety of topics. Lunch will be provided by Community Action at noon, then the class will start at 12:15 in our downstairs classroom.

Sept. 1: Respite Care by Glenwood Community

Sept. 8: Benefits of Hospice and How Amedisys Differs by Amedisys Health Care

Sept. 15: Understanding Medicare's New Wellness Program by Quality Care Associates

Sept. 22: Right Conversations by Right at Home

Sept 29: Ohio Hospice Care

Oct. 6: Overview of Services Provided by Buckeye Hills

Oct. 13: Nutritional Importance in Older Adults by Harmar Place

Oct. 20: Common Complaints of Hearing Loss/Aids, Reasons and Fixes by Mountain Ears Hearing Clinic

Passport Cover

Diamond Painting Workshop

Sept 7 · 10:30am

Wouldn't it be nice if you could easily find your passport when needed? Or maybe you would just like to jazz it up a bit. This Diamond Painting Workshop is specifically geared to the international traveler, as we will be exclusively creating a decorative cover for your passport. You'll travel in style and find your passport easily in your purse or backpack with a Diamond Painted cover. Your choice of covers for \$10 each. Call the O'Neill Center to show interest and reserve your spot.

Dinner With a Cause

Sept 12 · 5pm

This dinner is a little different than most of our Dinners with a Doc. A nurse will be present instead of a doctor. As we gear up for "The Walk," we have a very special cause that will be the theme of the dinner, Alzheimer's Disease. You would be hard pressed to find someone that this awful disease hasn't affected. This event is being sponsored by Marietta Health System, Ohio Hospice, and Right at Home. Call to reserve your place at our table.

Diamond Painting Workshop

Sept 16 & Oct 21 · 10am

They're back! Join us for another fun and relaxing Diamond Painting Workshop. You may choose from a variety of projects from book marks to an actual 'painting' suitable for framing. Cost is dependent upon the piece that you choose. Please call to show interest and reserve your spot.

Walk with Ease Series

Sept 19 · 2pm

Walk with Ease is an evidence-based program that has been proven to help people with arthritis or other related conditions to reduce pain, increase balance, strength, walking pace, and improve overall health. The program will help motivate you to get in shape and allow you to walk safely and comfortably. Walk With Ease is certified by the Arthritis Foundation and is Doctor recommended. Call today to show interest in this series that will be held outdoors, weather permitting, in our recently renovated parking lot. In the case of inclement weather, classes will be held indoors.



Bee Hive Craft

Sept 2 · 10am

These adorable little pieces will decorate your "hive" for summer and throughout the fall. We all know that "Home is where your Honey Bee..." and these decorative pieces are the embodiment of that! Sure to brighten up your home, you'll want to bring some friends and join us. Call for details and to reserve your spot.

Seasonal Wood Signs

Sept 19 & Oct 17 · 3:30pm

Bring a friend or two and join us on the 3rd Monday of every month as we make seasonal wood signs for all occasions throughout the year. Each month there will be new signs themed for each season. They are so cute and would make great gifts or keep them for yourself. All materials, including the wooden signs, phrases, paints, stains, accessories, are provided. Prices vary depending on the sign and other materials. Call for more information, to reserve your spot, as space is limited and to ensure that we have enough materials.



Paint and Sip

September 20 · 9am

October 18 · 9am

Joyce Fogle will be here to lead two fun canvas painting classes. In September, she will show you how to paint sunflowers. In October, we're painting pumpkins. Non-alcoholic beverages will be served for the party. Cost is \$25 and all supplies will be provided. Prepayment is required. Call to reserve your seat!



Sunflower Craft

Sept 23 · 10:30am

These adorable and creative sunflowers are made from bottlecaps. They are sure to add a splash of cheer wherever you choose to hang them. They are perfect for summer and into the fall for a multi-season splash of color. Call the O'Neill Center for more information and to reserve your spot as space is limited.



Shimmer Potion Bottles

Oct 28 · 10:30am

Adorable, yet spooky little bottles are sure to look the part for your Halloween décor. The liquid potion you'll make will have an eerie shimmer as it swirls in its place, looking like it contains the trapped souls of Halloweens past. Bring a friend or two and join us for this fun afternoon. Please call to reserve your spot as space is limited

Cookie Bake-off

October 5 · 1:30pm

Attention all cookie bakers! To celebrate National Cookie Day, we will be having a contest to see who has the best cookies. Have a family recipe that everyone requests when you bring them to parties or potlucks? We will have local "celebrity" judges from Lisa's Sweet Shop and the Bakery and Coffee House. There will be prizes for the winner and our staff will have a competition among ourselves! Sample some cookies and specialty coffee, in care of the Bakery and Coffee House as it's also International Coffee Day. Call to show interest and reserve your spot.

Murder Mystery Dinner

Oct 31 · 5pm

What a better way to celebrate the day of the dead than with a Murder Mystery Dinner? Paskawych Entertainment will be here to perform the murder mystery show. The founder and President, Karen Paskawych and chief consultant, Kevin Paskawych have years of acting, directing, and technical expertise. Enjoy a dinner theater and help play detective to solve the case. The night promises to be filled with fun, mystery and of course...murder! The cost is \$15 per person. Call the O'Neill Center to reserve your spot as space is limited.

MONTHLY SERVICES/MEETINGS

Blood Pressure Screening

by Housecalls Home Health

Sept 15 & Oct 20 · 9am.

Book Club

Sept 20 & Oct 18 · 10am

Led by volunteer, Barb Wainwright
Sept 20: Reading "Vanderbilt: The Rise and Fall of an American Dynasty" by Anderson Cooper
Oct 18: Sharing

The Senior Club Meeting/Luncheon

Sept 14 · 11am

Join us on the second Wednesday of each month for a guaranteed good time!

Hearing Services

Sept 6: Hearing Aid Cleaning

Oct 4: Hearing Test

Have your hearing needs met each month with this free service brought to us by Ohio Valley Hearing Professionals. Please call for an appointment time offered between noon and 2pm.





Floral Pumpkin Craft

Oct 10 · 1:30pm

These beautiful pumpkins can be used from October through Thanksgiving. Made from artificial pumpkins, they will last for years to come. Call for info and to reserve your spot as space is limited.

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Passport Cover Diamond Painting Workshop Sept 7 · 10:30am This Diamond Painting Workshop is specifically geared to the international traveler, as we will be exclusively creating a decorative cover for your passport. You'll travel in style and find your passport easily in your purse or backpack with a Diamond Painted cover. Your choice of covers for \$10 each. Call the O'Neill Center to show interest and reserve your spot.</p>			<p>1</p> <p>9:00 Billiard Tournament</p> <p>9:30 Bingo</p> <p>12:15 Lunch and Learn Lecture Series</p> <p>1:00 Hand & Foot</p>	<p>2</p> <p>10:00 Bee Hive Craft</p> <p>11:30 Knit & Crochet Society</p> <p>1:00 Movie: Vicky and Her Mystery</p> <p>1:00 Pinochle</p>
<p>5</p> <p>CLOSED</p> <p>in observance of Labor Day</p> 	<p>6</p> <p>10:00 Gentle Yoga</p> <p>12:00 Hearing Aid Cleaning</p> <p>1:00 Bridge</p>	<p>7</p> <p>9:00 Chair Volleyball</p> <p>10:30 Passport Cover Diamond Painting</p> <p>1:00 Euchre</p> <p>1:00 Beginner Tai Chi</p> <p>4:00 Ballroom Dance</p> <p>5:30 Zumba</p>	<p>8</p> <p>9:30 Bingo</p> <p>12:15 Lunch and Learn Lecture Series</p> <p>1:00 Hand & Foot</p>	<p>9</p> <p>9:00 Billiard Tournament</p> <p>11:30 Knit & Crochet Society</p> <p>1:00 Movie: Dunkirk</p> <p>1:00 Pinochle</p>
<p>12</p> <p>10:00 Chair Exercise</p> <p>4:00 Ballroom Exercise</p> <p>5:00 Dinner with a Cause</p>	<p>13</p> <p>10:00 Gentle Yoga</p> <p>1:00 Bridge</p>	<p>14</p> <p>9:00 Quilting Group</p> <p>11:00 Senior Club Potluck/ Meeting</p> <p>1:00 Euchre</p> <p>1:00 Beginner Tai Chi</p> <p>5:30 Zumba</p>	<p>15</p> <p>8:00 Blood Pressure Checks</p> <p>9:30 Bingo</p> <p>12:15 Lunch and Learn Lecture Series</p> <p>1:00 Hand & Foot</p>	<p>16</p> <p>10:00 Diamond Painting Workshop</p> <p>11:30 Knit & Crochet Society</p> <p>1:00 Movie: The Weekend Away</p> <p>1:00 Pinochle</p>
<p>19</p> <p>10:00 Chair Exercise</p> <p>2:00 Walk with Ease</p> <p>3:30 Seasonal Wood Signs</p> <p>4:00 Ballroom Exercise</p> <p>5:30 Zumba</p>	<p>20</p> <p>9:00 Paint & Sip</p> <p>10:00 Book Club</p> <p>1:00 Bridge</p>	<p>21</p> <p>9:00 Chair Volleyball</p> <p>10:00 Quilting Group</p> <p>1:00 Euchre</p> <p>1:00 Beginner Tai Chi</p> <p>5:30 Zumba</p>	<p>22</p> <p>9:30 Bingo</p> <p>12:15 Lunch and Learn Lecture Series</p> <p>1:00 Hand & Foot</p>	<p>23</p> <p>10:30 Bottle Cap Sunflower Craft</p> <p>11:30 Knit & Crochet Society</p> <p>1:00 Movie: The Other Boleyn Girl</p> <p>1:00 Pinochle</p>
<p>26</p> <p>10:00 Chair Exercise</p> <p>2:00 Walk with Ease</p> <p>3:30 Senior Bingo</p> <p>4:00 Ballroom Exercise</p> <p>5:30 Zumba</p>	<p>27</p> <p>10:00 Gentle Yoga</p> <p>1:00 Bridge</p>	<p>28</p> <p>9:00 Chair Volleyball</p> <p>1:00 Euchre</p> <p>1:00 Beginner Tai Chi</p> <p>5:30 Zumba</p>	<p>29</p> <p>9:30 Bingo</p> <p>12:15 Lunch and Learn Lecture Series</p> <p>1:00 Hand & Foot</p>	<p>30</p> <p>11:30 Knit & Crochet Society</p> <p>1:00 Movie: Life as We Know It</p> <p>1:00 Pinochle</p>

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED for in service	4 10:00 Gentle Yoga 12:00 Hearing Tests 1:00 Bridge	5 9:00 Chair Volleyball 1:00 Beginner Tai Chi 1:00 Euchre 1:30 Cookie Bake-off 5:30 Zumba	6 9:00 Billiard Tournament 9:30 Bingo 12:15 Lunch and Learn Lecture Series 1:00 Hand & Foot	7 11:30 Knit & Crochet Society 1:00 Movie: 2 Hearts 1:00 Pinochle
10 10:00 Chair Exercise 1:30 Floral Pumpkin Craft 2:00 Walk with Ease 4:00 Ballroom Dance 5:30 Zumba	11 10:00 Gentle Yoga 1:00 Bridge	12 9:00 Quilting Group 11:00 Senior Club Potluck/ Meeting 1:00 Beginner Tai Chi 1:00 Euchre 5:30 Zumba	13 9:30 Bingo 12:15 Lunch and Learn Lecture Series 1:00 Hand & Foot	14 9:00 Billiard Tournament 11:30 Knit & Crochet Society 1:00 Movie: Quantum of Solace 1:00 Pinochle
17 10:00 Chair Exercise 2:00 Walk with Ease 3:30 Seasonal Wood Signs 4:00 Ballroom Dance 5:30 Zumba	18 9:00 Paint & Sip 10:00 Book Club 1:00 Bridge	19 9:00 Chair Volleyball 9:00 Quilting Group 1:00 Euchre 1:00 Beginner Tai Chi 5:30 Zumba	20 8:00 Blood Pressure Checks 9:30 Bingo 12:15 Lunch and Learn Lecture Series 1:00 Hand & Foot	21 10:00 Diamond Painting Workshop 11:30 Knit & Crochet Society 1:00 Movie: 10,000 BC 1:00 Pinochle
24 10:00 Chair Exercise 2:00 Walk with Ease 3:30 Senior Bingo 4:00 Ballroom Dance 5:30 Zumba	25 1:00 Bridge	26 9:00 Chair Volleyball 1:00 Euchre 1:00 Beginner Tai Chi 5:30 Zumba	27 9:30 Bingo 12:15 Lunch and Learn Lecture Series 1:00 Hand & Foot	28 10:30 Shimmer Potion Bottle Craft 11:30 Knit & Crochet Society 1:00 Movie: Dark Skies 1:00 Pinochle
31 10:00 Chair Exercise 4:00 Ballroom Dance 5:00 Murder Mystery Dinner 5:30 Zumba	<p>Shimmer Potion Bottles Oct 28 · 10:30am Adorable, yet spooky little bottles are sure to look the part for your Halloween décor. The liquid potion you'll make will have an eerie shimmer as it swirls in its place, looking like it contains the trapped souls of Halloween's past. Bring a friend or two and join us for this fun afternoon. Please call to reserve your spot as space is limited.</p>			



LUNCH & LEARN

Thursdays • 12:15 pm

We'll partner with several businesses throughout the MOV and discuss a wide variety of topics. Lunch will be provided by Community Action at noon for a \$4 donation, then the class will start at 12:15 in our downstairs classroom.

Sept. 1: Respite Care by Glenwood Community

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