


# July 2022

## WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County

### Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									
<b>4</b>  <u>Closed Holiday</u>		<b>5</b> Chicken Patty Tater Tots Buttered Beets Mixed Berries Bun		<b>6</b> Egg Salad Tomato Slices Broccoli Soup Mixed Fruit Cup Croissant Crackers Cookie		<b>7</b> Hamburger w/ Gravy Mashed Potatoes Broccoli Banana Pudding Dinner Roll		<b>1</b> Chicken Cobb Salad w/ Cheese Boiled Egg Tomato & Cucumber Salad Melon Cup Crackers Brownie	
<b>11</b> Chicken Penne Pasta Italian Vegetables Green Beans Pineapple Chunks Dinner Roll Cookie		<b>12</b> Sloppy Joe Succotash Cucumber & Onion Salad Apple Crisp Bun		<b>13</b> Taco Salad Refried Beans Mandarin Oranges Tortilla Chips Rice Krispie Treat		<b>14</b> Meatloaf Mashed Potatoes Brussel Sprouts Fruit Cocktail Dinner Roll		<b>8</b> Sausage Links Boiled Egg Hashbrowns Grape Juice Pancakes	
<b>18</b> Hotdog w/ Cheese Baked Beans Potato Salad Watermelon Bun Vanilla Wafers		<b>19</b> Stuffed Pepper Casserole Roasted Red Potatoes Summer Vegetables Apricots Bread Poke Cake		<b>20</b> Spinach Salad w/ Cheese Boiled Egg Tomato Soup Orange Pineapple Fluff Crackers Fruit Muffin		<b>21</b> Country Fried Steak Mashed Potatoes Corn Apple Juice Dinner Roll Cookie		<b>15</b> BBQ Pork Ribs Baked Potato Broccoli Slaw Jello w/ Oranges Macaroni Salad Bread	
<b>25</b> Meatball Sub Potato Wedges Italian Blend Peaches Bun		<b>26</b> Smoked Sausage Mashed Potatoes Cooked Cabbage Pineapple Bread Brownie		<b>27</b> Baked Steak Au gratin Potatoes Broccoli w/ Cheese Cantaloupe Chunks Dinner Roll		<b>28</b> Chef Salad Boiled Egg Vegetable Soup Strawberries Crackers Angel Food Cake		<b>22</b> Turkey Reuben Broccoli Soup Pea Salad Pears Bread <u>OR</u> Choice of Chef Salad	
<i>*Subject to change due to availability</i> <b>Call by 8:00am for daily reservation or call our 24 hour reservation line:</b> Marietta 740-373-3455 Layman 740-678-8597 Beverly 740-984-4475 New Matamoros 740-865-2448 <b>All Menus served with choice of milk and bread</b> <b>Don't forget to remind your driver if you are a diabetic</b>				<b>REMINDER HDM CLIENTS:</b> If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. <b>SUGGESTED DONATION \$4.00 PER MEAL FOR CONGREGATE, TITLE III CLIENTS</b>					