

June 2022

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County

Congregate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chef Salad Potato Soup Mandarin Oranges Muffin Crackers	2 Smoked Sausage Potato & Cheese Perogies Sauerkraut Pineapple Bread Cookie	3 Turkey w/ Gravy Sweet Potatoes Brussel Sprouts Fruit Juice Bread
6 Baked Chicken Augratin Potatoes Pickled Beets Fluff Fruit Salad Bread Pudding	7 Teriyaki Pork Chop Cole Slaw Stewed Tomatoes Applesauce Brown Rice	8 Shepard's Pie Tossed Salad Tropical Fruit Biscuit	9 Ham Salad Broccoli Soup Cucumber Salad Apricots Crackers	10 Johnny Marzetti Italian Vegetables Cauliflower Pineapple Breadstick
13 Chicken & Noodles Diced Potatoes Green Beans Fruit Cocktail Bread	14 Turkey & Cheese Sandwich Potato Soup Pea Salad Mandarin Orange Crackers	15 Chicken w/Gravy Sweet Potatoes Green Beans Fruit Juice Bread Cookie	16 Baked Steak w/ Gravy Mashed Potatoes California Vegetables Peaches Bread Vanilla Wafers	17 Swedish Meatballs Corn Carrots Fruit Cocktail Dinner Roll
20 <u>Closed Holiday</u>	21 Smoked Sausage Mashed Potatoes Sauerkraut Banana Dinner Roll	22 Sausage Gravy Boiled Egg Hashbrowns Oranges Tomato Juice Biscuit	23 Meatloaf w/ Gravy Mashed Potatoes Spring Vegetables Apple Juice Dinner Roll	24 Ham & Bean Soup Cucumber Salad Grape Juice Pineapple Cornbread Crackers <u>OR</u> Choice of Chef Salaf
27 Sloppy Joe Potato Salad Broccoli w/ Cheese Apple Slices Bun	28 Sweet & Sour Chicken Stir Fry Vegetables Carrots Apple Juice Brown Rice Bread	29 Hamburger Tater Tots Baked Beans Assorted Berries Bun	30 Taco Salad Refried Beans Mandarin Oranges Chips	
*Subject to change due to availability Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455 Layman 740-678-8597 Beverly 740-984-4475 New Matamoros 740-865-2448 All Menus served with choice of milk and bread Don't forget to remind your driver if you are a diabetic		REMINDER HDM CLIENTS: If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you. SUGGESTED DONATION \$4.00 PER MEAL FOR CONGREGATE, TITLE III CLIENTS		