

Care Consultation

***Meaningful help
when supporting
a loved one***



“Navigating everyday obstacles can be challenging enough but as we age, we may find we need a little help to keep track of our health, our finances, our home and family. And it’s OK to ask for that help, especially if you are feeling overwhelmed.

Contact Bethany today. She could be just the connection you are looking for!”

—Erin



**Call Bethany Porter at 740-373-3914 or
email outreach@oneillcenter.com to learn
more about how Care Consultation can help.**

Care Consultation is a **FREE*** telephone- and email-based care-coaching program that assists and supports adults at risk for dementia, including those with intellectual and developmental disabilities — **AND** — their family and friend caregivers, or other supports.

Care Consultants will help you:

- ✓ Prioritize concerns using a simple step-by-step plan based on your needs.
- ✓ Learn about and connect to health and community services.
- ✓ Keep yourself and your loved one safe.
- ✓ Communicate with your loved one and family and friends about care and managing difficult behaviors.
- ✓ Get more family and friends, or supporters, to help.

“Knowledge is essential, whether you are the afflicted person, a family member or a full-time caregiver.” —Connie



Eligibility...

Individual With or At-Risk for Dementia:

- ✓ Adult of any age with or at-risk of memory loss or cognitive impairment.
- ✓ Must reside in Washington County.
- ✓ Resides in a community setting (house, apartment, supportive living group home).
- ✓ Has unmet needs such as: functional limitations, housing, nutrition, managing finances, communicating with health care providers, transportation, education for disease/symptom management, etc

Family/Friend Caregiver:

- ✓ Caregiver is adult of any age.
- ✓ Resides within or outside of Washington County.
- ✓ Needs assistance with caring for their loved one even if they reside in supportive housing.
- ✓ Needs help identifying, accessing, and following through with using services.
- ✓ Needs some guidance on decision-making and planning for future care.

Providing care to a loved one who is forgetful or has problems with memory can be overwhelming, especially when juggling other responsibilities.

To get started, call us at 740-373-3914



BENJAMIN ROSE
INSTITUTE ON AGING
SERVICE • RESEARCH • ADVOCACY