

## Safe Transportation Services

Fun & Fit  
Fridays



**DISCUSS**  
Current Events



O'Neill Center  
 333 Fourth Street  
 Marietta, Ohio 45750  
 740-373-3914  
 ONEILLCENTER.COM

Find us on   

The O'Neill Center is very fortunate to have such a strong and dedicated Board of Trustees. Each member of the board serves on several committees and volunteers their time, talent and treasure to assure that O'Neill Center can meet the needs of older residents of Washington County.

**2021 Board of Trustees**

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 **Fitness & Massage**

**Gentle Yoga** Tuesdays at 1:15pm · Free

**Fun & Fit** Fridays at 1pm · \$5/class

**Tai Chi** Wednesdays at 2pm, starting Jan. 13 – This internal Chinese martial art practiced for defense training, health benefits, and meditation. This slow moving exercise has many health benefits. Come see for yourself! Reservations required.

**Massages with Beth**  
 First & Third Friday of each month  
 Please call in advance to book.

A Unit of the National Council on Aging



Funded (in part) by a Title III grant of the Older Americans Act administered by the Ohio Department of Aging through the Buckeye Hills Area Agency on Aging, Washington County Senior Service Levy, United Way and Contributions. The O'Neill Senior Center is non-discriminatory in services and employment and our facilities are accessible to the handicapped.



 **Activities**

**Broughton Computer Lab**  
 By Appointment Only  
 Call the O'Neill Center for availability.

**Cooking with Becky**  
 Mondays · 9am  
 This has been a wildly popular topic virtually and we are preparing to bring it to you in our Marietta location. Topics will be filmed in advance and shown so you can learn to make amazing dishes by the very talented Becky Hennen. Becky will show you how to transform ordinary dishes into mouthwatering delights! Call today to reserve your space and let's get cooking!

**Trivia**  
 Mondays · 2pm  
 Jog your memory with a fun game of Trivia with your friends! There may be some nice prizes for those who answer the most questions correctly. Space is limited, so call to reserve your seat.

**Taped Files**  
 Tuesdays · 9am  
 Virtual programming really took off during the pandemic. We traveled around the area and visited local

Committed to Equal Service Access  
 The O'Neill Center will provide equal opportunity in service access and delivery to all potential or actual clients without regard to race, color, religion, national origin, sex, disability or ability to pay.

attractions, had musical concerts and so much more. We have a huge arsenal of taped files that we hope you will join us to view. Reserve your seat and plan to spend Tuesday mornings with us!

**Game Day**  
 Thursdays · 9am  
 What better way to lighten the air than with fun games? This will be hosted every Thursday in January and February. If you love to laugh and enjoy a good game with friends, then you don't want to miss out! Anyone at any level can play. The winning team will leave with the bragging rights. All games are free of charge. Please call ahead to reserve your seat.



**Do you Know?**  
 1st, 2nd and 4th Wednesdays · 9am  
 Current events aren't always fun – but they can be when you join us to discuss! Find out what's happening in a fun way. Join us for current events and find out just how much you know! Call to reserve your seat since space is limited.



# JANUARY



## Crafts with Nancy

Fridays · 9am

Join Nancy for a variety of fun crafts. All levels of experience are welcome to join in! Each class costs \$5.00 and supplies are included. Space is limited, so call to reserve your seat.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy New Year!</b>				<b>1</b> Center CLOSED Happy New Year!
<b>4</b> 9:00 Cooking with Becky 2:00 Trivia	<b>5</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>6</b> 9:00 Do You Know? 1:00 Matter of Balance 2:00 Tai Chi	<b>7</b> 9:00 Game Day 2:00 Movie	<b>8</b> 9:00 Craft 1:00 Fun & Fit Appt Massages
<b>11</b> 9:00 Cooking with Becky 2:00 Trivia	<b>12</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>13</b> 2:00 Tai Chi	<b>14</b> 9:00 Game Day 2:00 Movie	<b>15</b> 9:00 Craft 1:00 Fun & Fit Appt Massages
<b>18</b> Center CLOSED observance of Martin Luther King, Jr. Day	<b>19</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>20</b> 9:00 Do You Know? 2:00 Tai Chi	<b>21</b> 9:00 Game Day 2:00 Movie	<b>22</b> 9:00 Craft 1:00 Fun & Fit
<b>25</b> 9:00 Cooking with Becky 2:00 Trivia	<b>26</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>27</b> 9:00 Do You Know? 2:00 Tai Chi	<b>28</b> 9:00 Game Day 2:00 Movie	<b>29</b> 9:00 Craft 1:00 Fun & Fit



A single sunbeam is enough to drive away many shadows.

—St. Francis of Assisi

# FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 9:00 Cooking with Becky 2:00 Trivia	<b>2</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>3</b> 9:00 Do You Know? 2:00 Tai Chi	<b>4</b> 9:00 Game Day 2:00 Movie	<b>5</b> 9:00 Craft 1:00 Fun & Fit Appt Massages
<b>8</b> 9:00 Cooking with Becky 2:00 Trivia	<b>9</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>10</b> 2:00 Tai Chi	<b>11</b> 9:00 Game Day 2:00 Movie	<b>12</b> 9:00 Craft 1:00 Fun & Fit
<b>15</b> 9:00 Cooking with Becky 2:00 Trivia	<b>16</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>17</b> 9:00 Do You Know? 2:00 Tai Chi	<b>18</b> 9:00 Game Day 2:00 Movie	<b>19</b> 9:00 Craft 1:00 Fun & Fit Appt Massages
<b>22</b> 9:00 Cooking with Becky 2:00 Trivia	<b>23</b> 9:00 Taped Files 1:15 Gentle Yoga	<b>24</b> 9:00 Do You Know? 2:00 Tai Chi	<b>25</b> 9:00 Game Day 2:00 Movie	<b>26</b> 9:00 Craft 1:00 Fun & Fit



**2pm Movies**

## Every Thursday at 2pm

Don't get the winter blues! Come to the O'Neill Center each Thursday afternoon to enjoy a special movie treat. Come in from the cold and enjoy the show on our big screen tv!



333 Fourth Street  
Marietta, OH 45750

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PAID  
Non-profit  
Marietta, Ohio  
Permit #37

Change Service Requested



O'Neill Center provides transportation service to anyone age 60 and above residing in private dwellings or apartments in Washington County. A friendly, dedicated staff of specially trained drivers is ready to make sure you get to important medical appointments. This service is funded in part by Washington County senior levy, Senior Services Grant administered by Area Agency on Aging, Washington County United Way, and donations from participants. All of the vans are air conditioned and equipped to accommodate those with special mobility needs. Covid 19 precautions are being followed with extra attention given to cleanliness with appropriate distance and mask requirements being followed.

Reservations are required and can be made Monday through Friday by phoning the Transportation Coordinator. We prefer as much notice as possible and all transportation requests should be made at least 24 hours in advance.

**Call the transportation coordinator at (740) 373-3914 to find out more about this service or to arrange for your needs.**

Thanks to Buckeye Hills Regional Council and a generous grant of \$2,000, The O'Neill Center has been able to purchase three foggers and a good supply disinfectant for use in our vans that help get area seniors to and from doctor appointments and help many seniors to be able to participate in our Adult Day Center.

The funding was made available through the Ohio Department of Transportation and federal CARES Act funding. Kerry Patrick, transportation coordinator for The O'Neill Center, said this has provided an easy and necessary method of cleaning our fleet in order to continue to provide safe transportation to our seniors during a pandemic.

