




June 2020

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Shredded Chicken Diced Potatoes O'Brien Capri Blend Jello w/ Pear Chunks	2	Turkey and Cheese Sandwich Vegetable Soup Potato Salad Mandarin Oranges Crackers	3	Roast Beef Mashed potatoes Steamed Zucchini & Yellow Squash Peaches Dinner Roll	4	Stuffed Peppers Irish Potatoes Broccoli Grape Juice Bread	5	Johnny Marzetti Italian Vegetables Cauliflower Pineapple Dinner Roll
8	Lemon Pepper Chicken Rosemary Potatoes Stewed Tomatoes Pears Dinner Roll Cookie	9	Cottage Cheese String Cheese Potato Soup Cucumber Tomato Salad Pineapple Muffin Crackers	10	Sausage Links Scrambled Eggs Diced Potatoes Strawberries Orange Juice Pancakes	11	Chicken Parmesan Spaghetti w/ Sauce Tossed Salad Baked Peaches Bread	12	Cubed Steak w/ Mushroom Gravy Mashed Potatoes California Blend Applesauce Vanilla Wafers Bread
15	Ham & Bean Soup Cole Slaw Grape Juice Applesauce Cornbread Crackers	16	Smoked Sausage Mashed Potatoes w/ Gravy Sauerkraut Strawberry Sunshine Jello Dinner Roll	17	Swedish Meatballs w/ Gravy Noodles Peas Baby Carrots Mandarin Oranges Bread	18	Baked Chicken w/ County Gravy Baked Sweet Potato Green Beans Grape Juice Cookie	19	Beef & Macaroni Mixed Vegetables Tossed Salad Apple Crisp Bread <u>OR</u> Choice of Chef Salad
22	Sweet & Sour Chicken Rice Stir Fry Vegetables Carrots Apple Juice Fruit Muffin	23	Glazed Ham Mashed Potatoes Seasoned Cabbage Pineapple Bread Cookie	24	Pork Chop w/ Gravy Dressing Whipped Potatoes Parmesan Brussel Sprouts Grapes Bread	25	Teriyaki Chicken Baked Potato Broccoli w/ Cheese Sauce Fruit Cocktail Dinner Roll	26	Pimento Cheese Sandwich Tomato Soup Cole Slaw Assorted Berries Cracker
29	Baked Chicken Au gratin Potatoes Buttered Beets Jello w/ Mandarin Oranges Bread Pudding	30	Meatloaf w/ Gravy Mashed Potatoes Capri Blend Apple Juice Dinner Roll						

*Subject to change due to availability

Call by 8:00am for daily reservation or call our 24 hour
reservation line: Marietta 740-373-3455 Layman 740-678-8597
Beverly 740-984-4475 New Matamoras 865-2448

All Menus served with choice of milk and bread

Don't forget to remind your driver if you are a diabetic

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III CLIENTS