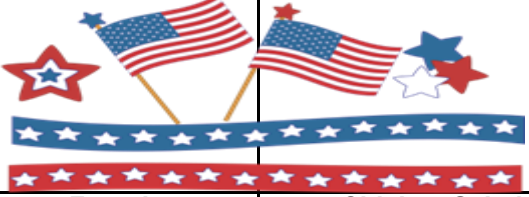


July 2020

WASHINGTON-MORGAN COMMUNITY ACTION SENIOR NUTRITION PROGRAM MENU-Washington County Congregate

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
				1	BBQ Pulled Pork Baked Potatoes Broccoli w/ Cheese Sauce Mixed Fruit Bun	2	Chicken Patty Sandwich Baby Bakers Green Bean Salad Warm Apple Crisp Bun	3 CLOSED Holiday		
		6	Honey French Chicken Sweet Potatoes Sugar Snap Peas Watermelon Bread Vanilla Wafers	7	Chicken Salad Sandwich Tomato Slices Pea Salad Fruit Cup Fruit Muffin Crackers	8	Sausage Gravy Boiled Egg Hashbrowns Pineapple Grape Juice Biscuit	9	Meatball Sub Baby Bakers Italian Blend Peaches Bun	10
13	Cranberry Chicken Breast Red Potatoes California Blend Pears Bread Vanilla Wafers	14	Roast Beef Sandwich Corn Beets Applesauce Bun	15	Smoked Sausage Mashed Potatoes Sauerkraut Peaches Bread Brownie	16	Chef Salad Strawberries Angel Food Cake Crackers	17		Baked Steak Mashed Potatoes Broccoli Casserole Cantaloupe Dinner Roll Or Choice of Chef Salad
20	Johnny Marzetti Succotash Cucumber Onion Salad Pineapple Cookie	21	Sliced Turkey Dressing Sweet Potatoes Capri Blend Banana Bread	22	Meatloaf Scalloped Potatoes Stewed Tomatoes Fruit Cocktail Bread	23	Creamy Chicken Penne Broccoli Green Bean Salad Apple Crisp Bread	24		Taco Salad Refried Beans Mandarin Oranges Tortilla Chips Rice Krispie Treat
27	Chicken Breast Rice Pilaf Corn Green Beans Grape Juice Bread	28	Cheese Hamburger Baked Beans Cole Slaw Peaches Bun	29	Pork Chop Augratin Potatoes Cauliflower Jello w/ Fruit Bread	30	Chicken Cobb Salad Melon Crackers Brownie	31		Cube Steak Mac-N-Cheese Baby Carrots Cucumber Onion Salad Apple Juice

**Subject to change due to availability*

Call by 8:00am for daily reservation or call our 24 hour reservation line: Marietta 740-373-3455 Layman 740-678-8597
Beverly 740-984-4475 New Matamoras 865-2448
All Menus served with choice of milk and bread
Don't forget to remind your driver if you are a diabetic

REMINDER HDM CLIENTS:

If you are not home a meal cannot be delivered, as this is a violation of SNP policy and the Food Code Safety Rules. Please call and cancel if you will not be home. Thank you.

SUGGESTED DONATION \$3.00 PER MEAL FOR CONGREGATE, TITLE III CLIENTS